

, 21 - 24 2023

40
24.03.2023 - 12:33

, 1500m

15:50.22
16:13.13

(JPN)
(ESP)

26.07.2021
22.07.2003

: FINA 2023

			/					R.T.			FINA	
1.			1996					17:38.35			657	
	50m:	32.36	32.36	450m:	5:14.46	35.52	850m:	9:56.71	35.30	1250m:	14:41.92	35.59
	100m:	1:07.47	35.11	500m:	5:49.71	35.25	900m:	10:32.40	35.69	1300m:	15:17.75	35.83
	150m:	1:42.93	35.46	550m:	6:24.81	35.10	950m:	11:07.59	35.19	1350m:	15:53.37	35.62
	200m:	2:18.11	35.18	600m:	7:00.18	35.37	1000m:	11:43.35	35.76	1400m:	16:29.09	35.72
	250m:	2:53.46	35.35	650m:	7:35.51	35.33	1050m:	12:18.86	35.51	1450m:	17:04.30	35.21
	300m:	3:28.56	35.10	700m:	8:10.63	35.12	1100m:	12:54.60	35.74	1500m:	17:38.35	34.05
	350m:	4:03.63	35.07	750m:	8:45.98	35.35	1150m:	13:30.27	35.67			
	400m:	4:38.94	35.31	800m:	9:21.41	35.43	1200m:	14:06.33	36.06			
2.			2008					17:38.80			657	
	50m:	31.72	31.72	450m:	5:12.19	35.51	850m:	9:56.43	35.20	1250m:	14:43.86	36.11
	100m:	1:06.05	34.33	500m:	5:47.91	35.72	900m:	10:32.44	36.01	1300m:	15:19.81	35.95
	150m:	1:40.95	34.90	550m:	6:23.53	35.62	950m:	11:07.81	35.37	1350m:	15:56.86	37.05
	200m:	2:15.76	34.81	600m:	6:59.38	35.85	1000m:	11:43.75	35.94	1400m:	16:32.39	35.53
	250m:	2:50.72	34.96	650m:	7:34.93	35.55	1050m:	12:19.53	35.78	1450m:	17:06.51	34.12
	300m:	3:26.09	35.37	700m:	8:10.74	35.81	1100m:	12:55.37	35.84	1500m:	17:38.80	32.29
	350m:	4:01.33	35.24	750m:	8:45.80	35.06	1150m:	13:31.57	36.20			
	400m:	4:36.68	35.35	800m:	9:21.23	35.43	1200m:	14:07.75	36.18			
3.			2008					17:39.40			655	
	50m:	31.34	31.34	450m:	5:14.92	35.79	850m:	10:00.70	35.70	1250m:	14:46.89	35.57
	100m:	1:05.93	34.59	500m:	5:50.64	35.72	900m:	10:36.30	35.60	1300m:	15:22.08	35.19
	150m:	1:41.07	35.14	550m:	6:26.22	35.58	950m:	11:12.16	35.86	1350m:	15:57.74	35.66
	200m:	2:16.40	35.33	600m:	7:01.63	35.41	1000m:	11:47.63	35.47	1400m:	16:33.03	35.29
	250m:	2:51.89	35.49	650m:	7:37.36	35.73	1050m:	12:24.09	36.46	1450m:	17:07.46	34.43
	300m:	3:27.43	35.54	700m:	8:13.28	35.92	1100m:	13:00.07	35.98	1500m:	17:39.40	31.94
	350m:	4:03.22	35.79	750m:	8:49.14	35.86	1150m:	13:35.55	35.48			
	400m:	4:39.13	35.91	800m:	9:25.00	35.86	1200m:	14:11.32	35.77			
4.			2008				1	17:58.75			621	
	50m:	31.33	31.33	450m:	5:11.84	35.62	850m:	10:02.50	36.42	1250m:	14:56.82	36.16
	100m:	1:05.82	34.49	500m:	5:47.65	35.81	900m:	10:38.98	36.48	1300m:	15:33.18	36.36
	150m:	1:41.53	35.71	550m:	6:23.77	36.12	950m:	11:15.48	36.50	1350m:	16:09.57	36.39
	200m:	2:16.25	34.72	600m:	7:00.12	36.35	1000m:	11:52.61	37.13	1400m:	16:45.81	36.24
	250m:	2:51.05	34.80	650m:	7:36.28	36.16	1050m:	12:29.82	37.21	1450m:	17:22.83	37.02
	300m:	3:26.23	35.18	700m:	8:12.76	36.48	1100m:	13:06.81	36.99	1500m:	17:58.75	35.92
	350m:	4:01.33	35.10	750m:	8:49.56	36.80	1150m:	13:43.78	36.97			
	400m:	4:36.22	34.89	800m:	9:26.08	36.52	1200m:	14:20.66	36.88			
5.			2003				1	18:01.82			615	
	50m:	31.63	31.63	450m:	5:12.08	35.54	850m:	10:00.02	36.49	1250m:	14:57.08	37.67
	100m:	1:05.89	34.26	500m:	5:47.91	35.83	900m:	10:36.48	36.46	1300m:	15:34.47	37.39
	150m:	1:40.79	34.90	550m:	6:23.72	35.81	950m:	11:13.40	36.92	1350m:	16:12.10	37.63
	200m:	2:15.72	34.93	600m:	6:59.54	35.82	1000m:	11:50.27	36.87	1400m:	16:49.36	37.26
	250m:	2:50.85	35.13	650m:	7:35.67	36.13	1050m:	12:27.46	37.19	1450m:	17:25.81	36.45
	300m:	3:25.92	35.07	700m:	8:11.46	35.79	1100m:	13:04.70	37.24	1500m:	18:01.82	36.01
	350m:	4:01.32	35.40	750m:	8:47.48	36.02	1150m:	13:42.08	37.38			
	400m:	4:36.54	35.22	800m:	9:23.53	36.05	1200m:	14:19.41	37.33			

" ", 50

ALGE



40, , 1500m

					R.T.				FINA			
6.	2008				18:28.25				572			
	50m:	32.56	32.56	450m:	5:30.27	37.29	850m:	10:28.84	37.25	1250m:	15:26.61	37.13
	100m:	1:09.12	36.56	500m:	6:07.34	37.07	900m:	11:05.81	36.97	1300m:	16:03.91	37.30
	150m:	1:46.77	37.65	550m:	6:45.01	37.67	950m:	11:43.04	37.23	1350m:	16:40.65	36.74
	200m:	2:24.37	37.60	600m:	7:22.24	37.23	1000m:	12:20.42	37.38	1400m:	17:18.08	37.43
	250m:	3:01.58	37.21	650m:	7:59.79	37.55	1050m:	12:57.87	37.45	1450m:	17:53.63	35.55
	300m:	3:38.54	36.96	700m:	8:37.04	37.25	1100m:	13:34.76	36.89	1500m:	18:28.25	34.62
	350m:	4:15.60	37.06	750m:	9:14.39	37.35	1150m:	14:12.28	37.52			
	400m:	4:52.98	37.38	800m:	9:51.59	37.20	1200m:	14:49.48	37.20			
7.	2009				18:30.40				569			
	50m:	34.05	34.05	450m:	5:34.04	37.68	850m:	10:31.83	37.13	1250m:	15:28.79	37.11
	100m:	1:10.73	36.68	500m:	6:11.76	37.72	900m:	11:08.85	37.02	1300m:	16:05.58	36.79
	150m:	1:47.84	37.11	550m:	6:48.60	36.84	950m:	11:45.98	37.13	1350m:	16:42.44	36.86
	200m:	2:25.37	37.53	600m:	7:26.33	37.73	1000m:	12:23.33	37.35	1400m:	17:19.15	36.71
	250m:	3:02.99	37.62	650m:	8:03.29	36.96	1050m:	13:00.31	36.98	1450m:	17:55.63	36.48
	300m:	3:40.87	37.88	700m:	8:40.91	37.62	1100m:	13:37.31	37.00	1500m:	18:30.40	34.77
	350m:	4:18.40	37.53	750m:	9:17.79	36.88	1150m:	14:14.35	37.04			
	400m:	4:56.36	37.96	800m:	9:54.70	36.91	1200m:	14:51.68	37.33			
8.	2007				18:49.69				540			
	50m:	32.65	32.65	450m:	5:26.63	37.52	850m:	10:31.71	38.50	1250m:	15:41.62	38.61
	100m:	1:08.30	35.65	500m:	6:04.32	37.69	900m:	11:10.27	38.56	1300m:	16:20.07	38.45
	150m:	1:44.35	36.05	550m:	6:42.14	37.82	950m:	11:48.79	38.52	1350m:	16:57.70	37.63
	200m:	2:20.71	36.36	600m:	7:20.23	38.09	1000m:	12:27.57	38.78	1400m:	17:35.55	37.85
	250m:	2:57.14	36.43	650m:	7:58.08	37.85	1050m:	13:06.46	38.89	1450m:	18:13.58	38.03
	300m:	3:34.02	36.88	700m:	8:36.69	38.61	1100m:	13:45.50	39.04	1500m:	18:49.69	36.11
	350m:	4:11.52	37.50	750m:	9:14.68	37.99	1150m:	14:24.40	38.90			
	400m:	4:49.11	37.59	800m:	9:53.21	38.53	1200m:	15:03.01	38.61			
9.	2010 1				19:08.19 1				515			
	50m:	34.75	34.75	450m:	5:45.95	38.52	850m:	10:52.08	37.65	1250m:	15:58.42	38.13
	100m:	1:13.03	38.28	500m:	6:25.07	39.12	900m:	11:30.73	38.65	1300m:	16:36.86	38.44
	150m:	1:51.80	38.77	550m:	7:03.31	38.24	950m:	12:08.71	37.98	1350m:	17:14.91	38.05
	200m:	2:31.28	39.48	600m:	7:41.93	38.62	1000m:	12:47.07	38.36	1400m:	17:53.40	38.49
	250m:	3:09.89	38.61	650m:	8:20.00	38.07	1050m:	13:25.07	38.00	1450m:	18:30.85	37.45
	300m:	3:49.47	39.58	700m:	8:58.66	38.66	1100m:	14:03.55	38.48	1500m:	19:08.19	37.34
	350m:	4:28.40	38.93	750m:	9:36.26	37.60	1150m:	14:41.62	38.07			
	400m:	5:07.43	39.03	800m:	10:14.43	38.17	1200m:	15:20.29	38.67			
10.	2003				19:08.77 1				514			
	50m:	32.21	32.21	450m:	5:30.50	37.25	850m:	10:36.03	38.45	1250m:	15:49.49	39.30
	100m:	1:08.40	36.19	500m:	6:08.22	37.72	900m:	11:15.29	39.26	1300m:	16:29.55	40.06
	150m:	1:45.56	37.16	550m:	6:46.10	37.88	950m:	11:53.89	38.60	1350m:	17:08.81	39.26
	200m:	2:22.65	37.09	600m:	7:24.03	37.93	1000m:	12:33.86	39.97	1400m:	17:49.11	40.30
	250m:	3:00.28	37.63	650m:	8:01.88	37.85	1050m:	13:12.27	38.41	1450m:	18:28.56	39.45
	300m:	3:38.20	37.92	700m:	8:40.67	38.79	1100m:	13:51.88	39.61	1500m:	19:08.77	40.21
	350m:	4:15.68	37.48	750m:	9:18.70	38.03	1150m:	14:30.46	38.58			
	400m:	4:53.25	37.57	800m:	9:57.58	38.88	1200m:	15:10.19	39.73			
11.	2007 1				19:09.39 1				513			
	50m:	33.97	33.97	450m:	5:40.23	38.64	850m:	10:49.36	38.63	1250m:	15:59.59	38.52
	100m:	1:11.84	37.87	500m:	6:19.03	38.80	900m:	11:28.17	38.81	1300m:	16:38.04	38.45
	150m:	1:50.02	38.18	550m:	6:57.75	38.72	950m:	12:06.91	38.74	1350m:	17:16.67	38.63
	200m:	2:28.20	38.18	600m:	7:36.19	38.44	1000m:	12:45.76	38.85	1400m:	17:55.03	38.36
	250m:	3:06.64	38.44	650m:	8:14.87	38.68	1050m:	13:24.88	39.12	1450m:	18:33.29	38.26
	300m:	3:44.83	38.19	700m:	8:53.73	38.86	1100m:	14:03.65	38.77	1500m:	19:09.39	36.10
	350m:	4:23.46	38.63	750m:	9:32.31	38.58	1150m:	14:42.50	38.85			
	400m:	5:01.59	38.13	800m:	10:10.73	38.42	1200m:	15:21.07	38.57			



40,		, 1500m						R.T.	FINA	
12.			2010	1				19:12.88	1	508
	50m: 34.91	34.91	450m: 5:43.64	38.59	850m: 10:52.69	38.11	1250m: 16:01.73	39.29		
	100m: 1:13.03	38.12	500m: 6:22.30	38.66	900m: 11:31.75	39.06	1300m: 16:41.16	39.43		
	150m: 1:51.28	38.25	550m: 7:01.51	39.21	950m: 12:10.30	38.55	1350m: 17:19.95	38.79		
	200m: 2:29.95	38.67	600m: 7:39.79	38.28	1000m: 12:48.56	38.26	1400m: 17:58.41	38.46		
	250m: 3:08.36	38.41	650m: 8:18.31	38.52	1050m: 13:27.32	38.76	1450m: 18:36.48	38.07		
	300m: 3:47.65	39.29	700m: 8:57.09	38.78	1100m: 14:05.48	38.16	1500m: 19:12.88	36.40		
	350m: 4:26.54	38.89	750m: 9:36.08	38.99	1150m: 14:44.30	38.82				
	400m: 5:05.05	38.51	800m: 10:14.58	38.50	1200m: 15:22.44	38.14				
13.			2010	1				19:19.42	1	500
	50m: 32.80	32.80	450m: 5:43.42	39.09	850m: 10:56.95	39.24	1250m: 16:10.31	39.30		
	100m: 1:11.19	38.39	500m: 6:22.48	39.06	900m: 11:35.96	39.01	1300m: 16:49.54	39.23		
	150m: 1:50.02	38.83	550m: 7:02.13	39.65	950m: 12:15.07	39.11	1350m: 17:28.05	38.51		
	200m: 2:28.25	38.23	600m: 7:41.01	38.88	1000m: 12:54.03	38.96	1400m: 18:06.56	38.51		
	250m: 3:07.11	38.86	650m: 8:19.81	38.80	1050m: 13:33.60	39.57	1450m: 18:44.24	37.68		
	300m: 3:45.66	38.55	700m: 8:59.17	39.36	1100m: 14:13.09	39.49	1500m: 19:19.42	35.18		
	350m: 4:25.07	39.41	750m: 9:38.41	39.24	1150m: 14:52.04	38.95				
	400m: 5:04.33	39.26	800m: 10:17.71	39.30	1200m: 15:31.01	38.97				
14.			2008	1				19:23.88	1	494
	50m: 33.15	33.15	450m: 5:44.74	39.55	850m: 10:56.53	38.73	1250m: 16:10.78	39.49		
	100m: 1:10.18	37.03	500m: 6:24.74	40.00	900m: 11:35.45	38.92	1300m: 16:49.99	39.21		
	150m: 1:48.70	38.52	550m: 7:03.40	38.66	950m: 12:14.23	38.78	1350m: 17:29.09	39.10		
	200m: 2:27.86	39.16	600m: 7:42.34	38.94	1000m: 12:53.69	39.46	1400m: 18:08.64	39.55		
	250m: 3:07.06	39.20	650m: 8:21.32	38.98	1050m: 13:32.89	39.20	1450m: 18:47.71	39.07		
	300m: 3:46.21	39.15	700m: 9:00.25	38.93	1100m: 14:12.36	39.47	1500m: 19:23.88	36.17		
	350m: 4:25.59	39.38	750m: 9:38.69	38.44	1150m: 14:51.72	39.36				
	400m: 5:05.19	39.60	800m: 10:17.80	39.11	1200m: 15:31.29	39.57				
15.			2010	1				19:24.23	1	494
	50m: 32.52	32.52	450m: 5:40.19	39.71	850m: 10:55.52	39.61	1250m: 16:11.80	39.96		
	100m: 1:09.36	36.84	500m: 6:19.84	39.65	900m: 11:34.82	39.30	1300m: 16:51.00	39.20		
	150m: 1:47.05	37.69	550m: 6:59.05	39.21	950m: 12:14.55	39.73	1350m: 17:30.37	39.37		
	200m: 2:25.33	38.28	600m: 7:38.57	39.52	1000m: 12:53.85	39.30	1400m: 18:09.24	38.87		
	250m: 3:04.02	38.69	650m: 8:18.07	39.50	1050m: 13:33.75	39.90	1450m: 18:48.13	38.89		
	300m: 3:42.70	38.68	700m: 8:57.12	39.05	1100m: 14:13.09	39.34	1500m: 19:24.23	36.10		
	350m: 4:21.54	38.84	750m: 9:36.71	39.59	1150m: 14:52.45	39.36				
	400m: 5:00.48	38.94	800m: 10:15.91	39.20	1200m: 15:31.84	39.39				
16.			2009	1				19:28.50	1	488
	50m: 33.96	33.96	450m: 5:42.24	39.09	850m: 10:55.20	38.84	1250m: 16:11.39	39.56		
	100m: 1:11.54	37.58	500m: 6:21.43	39.19	900m: 11:34.43	39.23	1300m: 16:51.54	40.15		
	150m: 1:49.42	37.88	550m: 7:00.61	39.18	950m: 12:13.56	39.13	1350m: 17:31.37	39.83		
	200m: 2:27.78	38.36	600m: 7:39.98	39.37	1000m: 12:53.05	39.49	1400m: 18:11.19	39.82		
	250m: 3:06.22	38.44	650m: 8:18.86	38.88	1050m: 13:32.52	39.47	1450m: 18:50.53	39.34		
	300m: 3:45.12	38.90	700m: 8:58.25	39.39	1100m: 14:12.33	39.81	1500m: 19:28.50	37.97		
	350m: 4:24.14	39.02	750m: 9:37.15	38.90	1150m: 14:51.85	39.52				
	400m: 5:03.15	39.01	800m: 10:16.36	39.21	1200m: 15:31.83	39.98				
17.			2005	1				19:38.84	1	476
	50m: 35.20	35.20	450m: 5:35.74	37.80	850m: 10:58.18	40.56	1250m: 16:24.94	38.82		
	100m: 1:12.62	37.42	500m: 6:13.56	37.82	900m: 11:40.17	41.99	1300m: 17:06.44	41.50		
	150m: 1:49.45	36.83	550m: 6:52.01	38.45	950m: 12:21.80	41.63	1350m: 17:45.11	38.67		
	200m: 2:26.71	37.26	600m: 7:32.75	40.74	1000m: 13:03.29	41.49	1400m: 18:25.76	40.65		
	250m: 3:04.16	37.45	650m: 8:14.00	41.25	1050m: 13:44.90	41.61	1450m: 19:03.26	37.50		
	300m: 3:42.08	37.92	700m: 8:55.76	41.76	1100m: 14:25.67	40.77	1500m: 19:38.84	35.58		
	350m: 4:19.78	37.70	750m: 9:36.67	40.91	1150m: 15:06.09	40.42				
	400m: 4:57.94	38.16	800m: 10:17.62	40.95	1200m: 15:46.12	40.03				



40,		, 1500m						R.T.	FINA			
18.				2007	1			19:39.38	1	475		
	50m:	34.15	34.15	450m:	5:43.97	39.44	850m:	11:00.19	39.88	1250m:	16:20.20	40.74
	100m:	1:11.26	37.11	500m:	6:23.65	39.68	900m:	11:39.14	38.95	1300m:	17:00.47	40.27
	150m:	1:49.50	38.24	550m:	7:03.35	39.70	950m:	12:18.74	39.60	1350m:	17:40.83	40.36
	200m:	2:28.24	38.74	600m:	7:42.75	39.40	1000m:	12:58.86	40.12	1400m:	18:20.52	39.69
	250m:	3:07.14	38.90	650m:	8:22.22	39.47	1050m:	13:38.86	40.00	1450m:	18:59.98	39.46
	300m:	3:45.66	38.52	700m:	9:01.59	39.37	1100m:	14:18.96	40.10	1500m:	19:39.38	39.40
	350m:	4:25.26	39.60	750m:	9:40.90	39.31	1150m:	14:59.59	40.63			
	400m:	5:04.53	39.27	800m:	10:20.31	39.41	1200m:	15:39.46	39.87			
19.				2010	1			19:41.29	1	473		
	50m:	35.58	35.58	450m:	5:51.71	39.52	850m:	11:06.47	38.91	1250m:	16:25.07	39.46
	100m:	1:14.57	38.99	500m:	6:31.28	39.57	900m:	11:45.99	39.52	1300m:	17:05.52	40.45
	150m:	1:53.83	39.26	550m:	7:10.63	39.35	950m:	12:25.54	39.55	1350m:	17:45.06	39.54
	200m:	2:33.38	39.55	600m:	7:50.37	39.74	1000m:	13:05.66	40.12	1400m:	18:25.49	40.43
	250m:	3:13.37	39.99	650m:	8:29.79	39.42	1050m:	13:45.46	39.80	1450m:	19:04.70	39.21
	300m:	3:53.28	39.91	700m:	9:09.11	39.32	1100m:	14:25.80	40.34	1500m:	19:41.29	36.59
	350m:	4:32.57	39.29	750m:	9:48.16	39.05	1150m:	15:05.69	39.89			
	400m:	5:12.19	39.62	800m:	10:27.56	39.40	1200m:	15:45.61	39.92			
20.				2009	1			19:42.27	1	471		
	50m:	33.89	33.89	450m:	5:53.57	39.60	850m:	11:12.06	39.41	1250m:	16:28.53	39.44
	100m:	1:13.48	39.59	500m:	6:33.60	40.03	900m:	11:51.56	39.50	1300m:	17:08.23	39.70
	150m:	1:53.99	40.51	550m:	7:13.59	39.99	950m:	12:31.09	39.53	1350m:	17:47.24	39.01
	200m:	2:34.90	40.91	600m:	7:52.92	39.33	1000m:	13:10.99	39.90	1400m:	18:26.43	39.19
	250m:	3:14.97	40.07	650m:	8:32.52	39.60	1050m:	13:50.36	39.37	1450m:	19:04.66	38.23
	300m:	3:54.55	39.58	700m:	9:12.67	40.15	1100m:	14:30.11	39.75	1500m:	19:42.27	37.61
	350m:	4:34.23	39.68	750m:	9:52.71	40.04	1150m:	15:09.53	39.42			
	400m:	5:13.97	39.74	800m:	10:32.65	39.94	1200m:	15:49.09	39.56			
21.				2008	1			19:43.72	1	470		
	50m:	35.31	35.31	450m:	5:45.45	39.96	850m:	11:07.68	39.87	1250m:	16:27.19	39.48
	100m:	1:13.18	37.87	500m:	6:25.62	40.17	900m:	11:47.82	40.14	1300m:	17:06.81	39.62
	150m:	1:51.35	38.17	550m:	7:05.62	40.00	950m:	12:27.93	40.11	1350m:	17:47.05	40.24
	200m:	2:29.09	37.74	600m:	7:46.08	40.46	1000m:	13:08.18	40.25	1400m:	18:26.08	39.03
	250m:	3:07.72	38.63	650m:	8:26.24	40.16	1050m:	13:48.15	39.97	1450m:	19:05.18	39.10
	300m:	3:47.81	40.09	700m:	9:07.00	40.76	1100m:	14:28.35	40.20	1500m:	19:43.72	38.54
	350m:	4:26.08	38.27	750m:	9:47.04	40.04	1150m:	15:08.10	39.75			
	400m:	5:05.49	39.41	800m:	10:27.81	40.77	1200m:	15:47.71	39.61			
22.				2006				19:47.77	1	465		
	50m:	34.36	34.36	450m:	5:49.30	40.25	850m:	11:09.58	40.08	1250m:	16:30.81	40.40
	100m:	1:12.66	38.30	500m:	6:29.32	40.02	900m:	11:49.37	39.79	1300m:	17:11.72	40.91
	150m:	1:51.38	38.72	550m:	7:10.03	40.71	950m:	12:29.32	39.95	1350m:	17:51.59	39.87
	200m:	2:30.33	38.95	600m:	7:50.24	40.21	1000m:	13:09.25	39.93	1400m:	18:30.94	39.35
	250m:	3:09.69	39.36	650m:	8:30.50	40.26	1050m:	13:49.52	40.27	1450m:	19:10.31	39.37
	300m:	3:49.36	39.67	700m:	9:10.13	39.63	1100m:	14:29.82	40.30	1500m:	19:47.77	37.46
	350m:	4:29.13	39.77	750m:	9:50.04	39.91	1150m:	15:09.72	39.90			
	400m:	5:09.05	39.92	800m:	10:29.50	39.46	1200m:	15:50.41	40.69			
23.				2009	1		1	19:51.41	1	461		
	50m:	35.48	35.48	450m:	5:54.91	40.43	850m:	11:16.41	40.47	1250m:	16:38.51	39.68
	100m:	1:15.15	39.67	500m:	6:33.80	38.89	900m:	11:56.92	40.51	1300m:	17:18.43	39.92
	150m:	1:55.33	40.18	550m:	7:15.00	41.20	950m:	12:38.27	41.35	1350m:	17:58.59	40.16
	200m:	2:35.47	40.14	600m:	7:55.35	40.35	1000m:	13:18.12	39.85	1400m:	18:37.00	38.41
	250m:	3:15.43	39.96	650m:	8:35.82	40.47	1050m:	13:58.83	40.71	1450m:	19:15.36	38.36
	300m:	3:54.81	39.38	700m:	9:15.83	40.01	1100m:	14:38.93	40.10	1500m:	19:51.41	36.05
	350m:	4:34.87	40.06	750m:	9:56.37	40.54	1150m:	15:19.50	40.57			
	400m:	5:14.48	39.61	800m:	10:35.94	39.57	1200m:	15:58.83	39.33			



40,		, 1500m						R.T.	FINA			
24.				2007				20:00.73	1	450		
	50m:	33.19	33.19	450m:	5:49.30	40.22	850m:	11:14.86	41.05	1250m:	16:42.29	41.16
	100m:	1:11.01	37.82	500m:	6:29.52	40.22	900m:	11:55.14	40.28	1300m:	17:22.42	40.13
	150m:	1:50.18	39.17	550m:	7:10.12	40.60	950m:	12:36.32	41.18	1350m:	18:02.98	40.56
	200m:	2:29.59	39.41	600m:	7:50.96	40.84	1000m:	13:17.18	40.86	1400m:	18:43.35	40.37
	250m:	3:09.31	39.72	650m:	8:31.80	40.84	1050m:	13:58.42	41.24	1450m:	19:22.46	39.11
	300m:	3:49.19	39.88	700m:	9:12.68	40.88	1100m:	14:39.32	40.90	1500m:	20:00.73	38.27
	350m:	4:29.33	40.14	750m:	9:53.29	40.61	1150m:	15:20.58	41.26			
	400m:	5:09.08	39.75	800m:	10:33.81	40.52	1200m:	16:01.13	40.55			
25.				2009	1			20:00.85	1	450		
	50m:	35.29	35.29	450m:	5:58.95	40.22	850m:	11:23.89	41.21	1250m:	16:46.95	40.50
	100m:	1:14.02	38.73	500m:	6:38.87	39.92	900m:	12:03.96	40.07	1300m:	17:26.92	39.97
	150m:	1:54.64	40.62	550m:	7:20.23	41.36	950m:	12:44.66	40.70	1350m:	18:05.09	38.17
	200m:	2:34.98	40.34	600m:	8:01.37	41.14	1000m:	13:25.04	40.38	1400m:	18:44.86	39.77
	250m:	3:15.68	40.70	650m:	8:42.22	40.85	1050m:	14:05.52	40.48	1450m:	19:24.31	39.45
	300m:	3:56.87	41.19	700m:	9:22.64	40.42	1100m:	14:45.37	39.85	1500m:	20:00.85	36.54
	350m:	4:37.61	40.74	750m:	10:01.85	39.21	1150m:	15:25.85	40.48			
	400m:	5:18.73	41.12	800m:	10:42.68	40.83	1200m:	16:06.45	40.60			
26.				2009				20:02.03	1	449		
	50m:	35.96	35.96	450m:	6:00.91	41.10	850m:	11:24.24	40.91	1250m:	16:46.99	40.58
	100m:	1:15.66	39.70	500m:	6:40.97	40.06	900m:	12:04.68	40.44	1300m:	17:26.71	39.72
	150m:	1:56.54	40.88	550m:	7:21.59	40.62	950m:	12:45.34	40.66	1350m:	18:07.18	40.47
	200m:	2:36.68	40.14	600m:	8:02.28	40.69	1000m:	13:25.56	40.22	1400m:	18:46.26	39.08
	250m:	3:17.37	40.69	650m:	8:42.76	40.48	1050m:	14:06.31	40.75	1450m:	19:25.01	38.75
	300m:	3:58.14	40.77	700m:	9:22.78	40.02	1100m:	14:46.14	39.83	1500m:	20:02.03	37.02
	350m:	4:39.14	41.00	750m:	10:03.37	40.59	1150m:	15:26.67	40.53			
	400m:	5:19.81	40.67	800m:	10:43.33	39.96	1200m:	16:06.41	39.74			
27.				2007				20:25.17	1	424		
	50m:	34.57	34.57	450m:	6:01.34	40.88	850m:	11:31.30	41.56	1250m:	17:01.65	41.27
	100m:	1:13.77	39.20	500m:	6:42.62	41.28	900m:	12:12.41	41.11	1300m:	17:42.53	40.88
	150m:	1:54.95	41.18	550m:	7:23.53	40.91	950m:	12:53.81	41.40	1350m:	18:23.81	41.28
	200m:	2:35.95	41.00	600m:	8:04.57	41.04	1000m:	13:34.84	41.03	1400m:	19:05.08	41.27
	250m:	3:17.25	41.30	650m:	8:46.25	41.68	1050m:	14:16.36	41.52	1450m:	19:45.76	40.68
	300m:	3:58.58	41.33	700m:	9:27.49	41.24	1100m:	14:57.58	41.22	1500m:	20:25.17	39.41
	350m:	4:39.37	40.79	750m:	10:08.55	41.06	1150m:	15:38.96	41.38			
	400m:	5:20.46	41.09	800m:	10:49.74	41.19	1200m:	16:20.38	41.42			
28.				2009	1			20:36.82	1	412		
	50m:	35.13	35.13	450m:	6:02.13	42.06	850m:	11:37.79	42.30	1250m:	17:11.62	42.07
	100m:	1:14.06	38.93	500m:	6:43.75	41.62	900m:	12:19.19	41.40	1300m:	17:53.26	41.64
	150m:	1:54.69	40.63	550m:	7:25.89	42.14	950m:	13:01.21	42.02	1350m:	18:35.95	42.69
	200m:	2:35.03	40.34	600m:	8:07.82	41.93	1000m:	13:42.85	41.64	1400m:	19:17.51	41.56
	250m:	3:16.31	41.28	650m:	8:50.15	42.33	1050m:	14:24.74	41.89	1450m:	19:58.16	40.65
	300m:	3:57.15	40.84	700m:	9:31.69	41.54	1100m:	15:06.22	41.48	1500m:	20:36.82	38.66
	350m:	4:38.27	41.12	750m:	10:13.78	42.09	1150m:	15:48.22	42.00			
	400m:	5:20.07	41.80	800m:	10:55.49	41.71	1200m:	16:29.55	41.33			
29.				2008	1			20:43.02		406		
	50m:	36.62	36.62	450m:	6:08.00	43.19	850m:	11:43.82	41.68	1250m:	17:17.35	40.94
	100m:	1:16.18	39.56	500m:	6:49.84	41.84	900m:	12:25.46	41.64	1300m:	17:58.53	41.18
	150m:	1:56.38	40.20	550m:	7:31.38	41.54	950m:	13:07.34	41.88	1350m:	18:40.14	41.61
	200m:	2:37.14	40.76	600m:	8:13.64	42.26	1000m:	13:48.88	41.54	1400m:	19:21.35	41.21
	250m:	3:19.43	42.29	650m:	8:56.28	42.64	1050m:	14:31.30	42.42	1450m:	20:02.60	41.25
	300m:	4:00.86	41.43	700m:	9:37.71	41.43	1100m:	15:12.85	41.55	1500m:	20:43.02	40.42
	350m:	4:43.34	42.48	750m:	10:19.88	42.17	1150m:	15:55.00	42.15			
	400m:	5:24.81	41.47	800m:	11:02.14	42.26	1200m:	16:36.41	41.41			



, 21 - 24 2023

40, , 1500m

								R.T.		FINA		
30.			2008	1				21:04.13		386		
	50m:	35.86	35.86	450m:	6:19.14	43.00	850m:	11:58.83	42.85	1250m:	17:38.55	43.02
	100m:	1:17.15	41.29	500m:	7:01.31	42.17	900m:	12:41.57	42.74	1300m:	18:19.97	41.42
	150m:	2:01.14	43.99	550m:	7:44.30	42.99	950m:	13:24.64	43.07	1350m:	19:01.07	41.10
	200m:	2:44.03	42.89	600m:	8:25.89	41.59	1000m:	14:06.48	41.84	1400m:	19:42.39	41.32
	250m:	3:26.62	42.59	650m:	9:08.72	42.83	1050m:	14:48.68	42.20	1450m:	20:23.40	41.01
	300m:	4:09.79	43.17	700m:	9:50.69	41.97	1100m:	15:31.31	42.63	1500m:	21:04.13	40.73
	350m:	4:53.36	43.57	750m:	10:33.50	42.81	1150m:	16:13.06	41.75			
	400m:	5:36.14	42.78	800m:	11:15.98	42.48	1200m:	16:55.53	42.47			
DNS			2005	1								



, 21 - 24 2023

40, , 1500m

40 , 1500m

(15-17)

24.03.2023 - 12:33

15:50.22
16:13.13

(JPN)
(ESP)

26.07.2021
22.07.2003

: FINA 2023

								R.T.			FINA	
1.			2008						17:38.80		657	
	50m:	31.72	31.72	450m:	5:12.19	35.51	850m:	9:56.43	35.20	1250m:	14:43.86	36.11
	100m:	1:06.05	34.33	500m:	5:47.91	35.72	900m:	10:32.44	36.01	1300m:	15:19.81	35.95
	150m:	1:40.95	34.90	550m:	6:23.53	35.62	950m:	11:07.81	35.37	1350m:	15:56.86	37.05
	200m:	2:15.76	34.81	600m:	6:59.38	35.85	1000m:	11:43.75	35.94	1400m:	16:32.39	35.53
	250m:	2:50.72	34.96	650m:	7:34.93	35.55	1050m:	12:19.53	35.78	1450m:	17:06.51	34.12
	300m:	3:26.09	35.37	700m:	8:10.74	35.81	1100m:	12:55.37	35.84	1500m:	17:38.80	32.29
	350m:	4:01.33	35.24	750m:	8:45.80	35.06	1150m:	13:31.57	36.20			
	400m:	4:36.68	35.35	800m:	9:21.23	35.43	1200m:	14:07.75	36.18			
2.			2008						17:39.40		655	
	50m:	31.34	31.34	450m:	5:14.92	35.79	850m:	10:00.70	35.70	1250m:	14:46.89	35.57
	100m:	1:05.93	34.59	500m:	5:50.64	35.72	900m:	10:36.30	35.60	1300m:	15:22.08	35.19
	150m:	1:41.07	35.14	550m:	6:26.22	35.58	950m:	11:12.16	35.86	1350m:	15:57.74	35.66
	200m:	2:16.40	35.33	600m:	7:01.63	35.41	1000m:	11:47.63	35.47	1400m:	16:33.03	35.29
	250m:	2:51.89	35.49	650m:	7:37.36	35.73	1050m:	12:24.09	36.46	1450m:	17:07.46	34.43
	300m:	3:27.43	35.54	700m:	8:13.28	35.92	1100m:	13:00.07	35.98	1500m:	17:39.40	31.94
	350m:	4:03.22	35.79	750m:	8:49.14	35.86	1150m:	13:35.55	35.48			
	400m:	4:39.13	35.91	800m:	9:25.00	35.86	1200m:	14:11.32	35.77			
3.			2008				1		17:58.75		621	
	50m:	31.33	31.33	450m:	5:11.84	35.62	850m:	10:02.50	36.42	1250m:	14:56.82	36.16
	100m:	1:05.82	34.49	500m:	5:47.65	35.81	900m:	10:38.98	36.48	1300m:	15:33.18	36.36
	150m:	1:41.53	35.71	550m:	6:23.77	36.12	950m:	11:15.48	36.50	1350m:	16:09.57	36.39
	200m:	2:16.25	34.72	600m:	7:00.12	36.35	1000m:	11:52.61	37.13	1400m:	16:45.81	36.24
	250m:	2:51.05	34.80	650m:	7:36.28	36.16	1050m:	12:29.82	37.21	1450m:	17:22.83	37.02
	300m:	3:26.23	35.18	700m:	8:12.76	36.48	1100m:	13:06.81	36.99	1500m:	17:58.75	35.92
	350m:	4:01.33	35.10	750m:	8:49.56	36.80	1150m:	13:43.78	36.97			
	400m:	4:36.22	34.89	800m:	9:26.08	36.52	1200m:	14:20.66	36.88			
4.			2008						18:28.25		572	
	50m:	32.56	32.56	450m:	5:30.27	37.29	850m:	10:28.84	37.25	1250m:	15:26.61	37.13
	100m:	1:09.12	36.56	500m:	6:07.34	37.07	900m:	11:05.81	36.97	1300m:	16:03.91	37.30
	150m:	1:46.77	37.65	550m:	6:45.01	37.67	950m:	11:43.04	37.23	1350m:	16:40.65	36.74
	200m:	2:24.37	37.60	600m:	7:22.24	37.23	1000m:	12:20.42	37.38	1400m:	17:18.08	37.43
	250m:	3:01.58	37.21	650m:	7:59.79	37.55	1050m:	12:57.87	37.45	1450m:	17:53.63	35.55
	300m:	3:38.54	36.96	700m:	8:37.04	37.25	1100m:	13:34.76	36.89	1500m:	18:28.25	34.62
	350m:	4:15.60	37.06	750m:	9:14.39	37.35	1150m:	14:12.28	37.52			
	400m:	4:52.98	37.38	800m:	9:51.59	37.20	1200m:	14:49.48	37.20			
5.			2007						18:49.69		540	
	50m:	32.65	32.65	450m:	5:26.63	37.52	850m:	10:31.71	38.50	1250m:	15:41.62	38.61
	100m:	1:08.30	35.65	500m:	6:04.32	37.69	900m:	11:10.27	38.56	1300m:	16:20.07	38.45
	150m:	1:44.35	36.05	550m:	6:42.14	37.82	950m:	11:48.79	38.52	1350m:	16:57.70	37.63
	200m:	2:20.71	36.36	600m:	7:20.23	38.09	1000m:	12:27.57	38.78	1400m:	17:35.55	37.85
	250m:	2:57.14	36.43	650m:	7:58.08	37.85	1050m:	13:06.46	38.89	1450m:	18:13.58	38.03
	300m:	3:34.02	36.88	700m:	8:36.69	38.61	1100m:	13:45.50	39.04	1500m:	18:49.69	36.11
	350m:	4:11.52	37.50	750m:	9:14.68	37.99	1150m:	14:24.40	38.90			
	400m:	4:49.11	37.59	800m:	9:53.21	38.53	1200m:	15:03.01	38.61			

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ALGE



, 21 - 24 2023

40,		, 1500m				(15-17)				R.T.	FINA	
6.				2007	1					19:09.39	1	513
	50m:	33.97	33.97	450m:	5:40.23	38.64	850m:	10:49.36	38.63	1250m:	15:59.59	38.52
	100m:	1:11.84	37.87	500m:	6:19.03	38.80	900m:	11:28.17	38.81	1300m:	16:38.04	38.45
	150m:	1:50.02	38.18	550m:	6:57.75	38.72	950m:	12:06.91	38.74	1350m:	17:16.67	38.63
	200m:	2:28.20	38.18	600m:	7:36.19	38.44	1000m:	12:45.76	38.85	1400m:	17:55.03	38.36
	250m:	3:06.64	38.44	650m:	8:14.87	38.68	1050m:	13:24.88	39.12	1450m:	18:33.29	38.26
	300m:	3:44.83	38.19	700m:	8:53.73	38.86	1100m:	14:03.65	38.77	1500m:	19:09.39	36.10
	350m:	4:23.46	38.63	750m:	9:32.31	38.58	1150m:	14:42.50	38.85			
	400m:	5:01.59	38.13	800m:	10:10.73	38.42	1200m:	15:21.07	38.57			
7.				2008	1					19:23.88	1	494
	50m:	33.15	33.15	450m:	5:44.74	39.55	850m:	10:56.53	38.73	1250m:	16:10.78	39.49
	100m:	1:10.18	37.03	500m:	6:24.74	40.00	900m:	11:35.45	38.92	1300m:	16:49.99	39.21
	150m:	1:48.70	38.52	550m:	7:03.40	38.66	950m:	12:14.23	38.78	1350m:	17:29.09	39.10
	200m:	2:27.86	39.16	600m:	7:42.34	38.94	1000m:	12:53.69	39.46	1400m:	18:08.64	39.55
	250m:	3:07.06	39.20	650m:	8:21.32	38.98	1050m:	13:32.89	39.20	1450m:	18:47.71	39.07
	300m:	3:46.21	39.15	700m:	9:00.25	38.93	1100m:	14:12.36	39.47	1500m:	19:23.88	36.17
	350m:	4:25.59	39.38	750m:	9:38.69	38.44	1150m:	14:51.72	39.36			
	400m:	5:05.19	39.60	800m:	10:17.80	39.11	1200m:	15:31.29	39.57			
8.				2007	1					19:39.38	1	475
	50m:	34.15	34.15	450m:	5:43.97	39.44	850m:	11:00.19	39.88	1250m:	16:20.20	40.74
	100m:	1:11.26	37.11	500m:	6:23.65	39.68	900m:	11:39.14	38.95	1300m:	17:00.47	40.27
	150m:	1:49.50	38.24	550m:	7:03.35	39.70	950m:	12:18.74	39.60	1350m:	17:40.83	40.36
	200m:	2:28.24	38.74	600m:	7:42.75	39.40	1000m:	12:58.86	40.12	1400m:	18:20.52	39.69
	250m:	3:07.14	38.90	650m:	8:22.22	39.47	1050m:	13:38.86	40.00	1450m:	18:59.98	39.46
	300m:	3:45.66	38.52	700m:	9:01.59	39.37	1100m:	14:18.96	40.10	1500m:	19:39.38	39.40
	350m:	4:25.26	39.60	750m:	9:40.90	39.31	1150m:	14:59.59	40.63			
	400m:	5:04.53	39.27	800m:	10:20.31	39.41	1200m:	15:39.46	39.87			
9.				2008	1					19:43.72	1	470
	50m:	35.31	35.31	450m:	5:45.45	39.96	850m:	11:07.68	39.87	1250m:	16:27.19	39.48
	100m:	1:13.18	37.87	500m:	6:25.62	40.17	900m:	11:47.82	40.14	1300m:	17:06.81	39.62
	150m:	1:51.35	38.17	550m:	7:05.62	40.00	950m:	12:27.93	40.11	1350m:	17:47.05	40.24
	200m:	2:29.09	37.74	600m:	7:46.08	40.46	1000m:	13:08.18	40.25	1400m:	18:26.08	39.03
	250m:	3:07.72	38.63	650m:	8:26.24	40.16	1050m:	13:48.15	39.97	1450m:	19:05.18	39.10
	300m:	3:47.81	40.09	700m:	9:07.00	40.76	1100m:	14:28.35	40.20	1500m:	19:43.72	38.54
	350m:	4:26.08	38.27	750m:	9:47.04	40.04	1150m:	15:08.10	39.75			
	400m:	5:05.49	39.41	800m:	10:27.81	40.77	1200m:	15:47.71	39.61			
10.				2006						19:47.77	1	465
	50m:	34.36	34.36	450m:	5:49.30	40.25	850m:	11:09.58	40.08	1250m:	16:30.81	40.40
	100m:	1:12.66	38.30	500m:	6:29.32	40.02	900m:	11:49.37	39.79	1300m:	17:11.72	40.91
	150m:	1:51.38	38.72	550m:	7:10.03	40.71	950m:	12:29.32	39.95	1350m:	17:51.59	39.87
	200m:	2:30.33	38.95	600m:	7:50.24	40.21	1000m:	13:09.25	39.93	1400m:	18:30.94	39.35
	250m:	3:09.69	39.36	650m:	8:30.50	40.26	1050m:	13:49.52	40.27	1450m:	19:10.31	39.37
	300m:	3:49.36	39.67	700m:	9:10.13	39.63	1100m:	14:29.82	40.30	1500m:	19:47.77	37.46
	350m:	4:29.13	39.77	750m:	9:50.04	39.91	1150m:	15:09.72	39.90			
	400m:	5:09.05	39.92	800m:	10:29.50	39.46	1200m:	15:50.41	40.69			
11.				2007						20:00.73	1	450
	50m:	33.19	33.19	450m:	5:49.30	40.22	850m:	11:14.86	41.05	1250m:	16:42.29	41.16
	100m:	1:11.01	37.82	500m:	6:29.52	40.22	900m:	11:55.14	40.28	1300m:	17:22.42	40.13
	150m:	1:50.18	39.17	550m:	7:10.12	40.60	950m:	12:36.32	41.18	1350m:	18:02.98	40.56
	200m:	2:29.59	39.41	600m:	7:50.96	40.84	1000m:	13:17.18	40.86	1400m:	18:43.35	40.37
	250m:	3:09.31	39.72	650m:	8:31.80	40.84	1050m:	13:58.42	41.24	1450m:	19:22.46	39.11
	300m:	3:49.19	39.88	700m:	9:12.68	40.88	1100m:	14:39.32	40.90	1500m:	20:00.73	38.27
	350m:	4:29.33	40.14	750m:	9:53.29	40.61	1150m:	15:20.58	41.26			
	400m:	5:09.08	39.75	800m:	10:33.81	40.52	1200m:	16:01.13	40.55			



, 21 - 24 2023

40, , 1500m , (15-17)

	/			R.T.			FINA				
12.	2007			20:25.17 1			424				
50m:	34.57	34.57	450m:	6:01.34	40.88	850m:	11:31.30	41.56	1250m:	17:01.65	41.27
100m:	1:13.77	39.20	500m:	6:42.62	41.28	900m:	12:12.41	41.11	1300m:	17:42.53	40.88
150m:	1:54.95	41.18	550m:	7:23.53	40.91	950m:	12:53.81	41.40	1350m:	18:23.81	41.28
200m:	2:35.95	41.00	600m:	8:04.57	41.04	1000m:	13:34.84	41.03	1400m:	19:05.08	41.27
250m:	3:17.25	41.30	650m:	8:46.25	41.68	1050m:	14:16.36	41.52	1450m:	19:45.76	40.68
300m:	3:58.58	41.33	700m:	9:27.49	41.24	1100m:	14:57.58	41.22	1500m:	20:25.17	39.41
350m:	4:39.37	40.79	750m:	10:08.55	41.06	1150m:	15:38.96	41.38			
400m:	5:20.46	41.09	800m:	10:49.74	41.19	1200m:	16:20.38	41.42			
13.	2008 1			20:43.02			406				
50m:	36.62	36.62	450m:	6:08.00	43.19	850m:	11:43.82	41.68	1250m:	17:17.35	40.94
100m:	1:16.18	39.56	500m:	6:49.84	41.84	900m:	12:25.46	41.64	1300m:	17:58.53	41.18
150m:	1:56.38	40.20	550m:	7:31.38	41.54	950m:	13:07.34	41.88	1350m:	18:40.14	41.61
200m:	2:37.14	40.76	600m:	8:13.64	42.26	1000m:	13:48.88	41.54	1400m:	19:21.35	41.21
250m:	3:19.43	42.29	650m:	8:56.28	42.64	1050m:	14:31.30	42.42	1450m:	20:02.60	41.25
300m:	4:00.86	41.43	700m:	9:37.71	41.43	1100m:	15:12.85	41.55	1500m:	20:43.02	40.42
350m:	4:43.34	42.48	750m:	10:19.88	42.17	1150m:	15:55.00	42.15			
400m:	5:24.81	41.47	800m:	11:02.14	42.26	1200m:	16:36.41	41.41			
14.	2008 1			21:04.13			386				
50m:	35.86	35.86	450m:	6:19.14	43.00	850m:	11:58.83	42.85	1250m:	17:38.55	43.02
100m:	1:17.15	41.29	500m:	7:01.31	42.17	900m:	12:41.57	42.74	1300m:	18:19.97	41.42
150m:	2:01.14	43.99	550m:	7:44.30	42.99	950m:	13:24.64	43.07	1350m:	19:01.07	41.10
200m:	2:44.03	42.89	600m:	8:25.89	41.59	1000m:	14:06.48	41.84	1400m:	19:42.39	41.32
250m:	3:26.62	42.59	650m:	9:08.72	42.83	1050m:	14:48.68	42.20	1450m:	20:23.40	41.01
300m:	4:09.79	43.17	700m:	9:50.69	41.97	1100m:	15:31.31	42.63	1500m:	21:04.13	40.73
350m:	4:53.36	43.57	750m:	10:33.50	42.81	1150m:	16:13.06	41.75			
400m:	5:36.14	42.78	800m:	11:15.98	42.48	1200m:	16:55.53	42.47			

