

, 21 - 24 2023

29
23.03.2023 - 11:31

, 800m

				8:18.77				(JPN)				29.07.2021
				8:32.86				(ESP)				25.07.2003
: FINA 2023												
/												
R.T.												
FINA												
1.				2005				8:58.77			728	
	50m:	30.06	30.06	250m:	2:45.08	33.85	450m:	5:02.02	34.15	650m:	7:19.24	33.84
	100m:	1:03.51	33.45	300m:	3:19.27	34.19	500m:	5:36.39	34.37	700m:	7:53.20	33.96
	150m:	1:37.21	33.70	350m:	3:53.58	34.31	550m:	6:10.80	34.41	750m:	8:27.00	33.80
	200m:	2:11.23	34.02	400m:	4:27.87	34.29	600m:	6:45.40	34.60	800m:	8:58.77	31.77
2.				2003				9:14.05			669	
	50m:	31.78	31.78	250m:	2:52.34	35.18	450m:	5:11.69	34.35	650m:	7:30.55	34.72
	100m:	1:06.54	34.76	300m:	3:27.14	34.80	500m:	5:46.43	34.74	700m:	8:05.36	34.81
	150m:	1:41.94	35.40	350m:	4:02.30	35.16	550m:	6:21.22	34.79	750m:	8:40.02	34.66
	200m:	2:17.16	35.22	400m:	4:37.34	35.04	600m:	6:55.83	34.61	800m:	9:14.05	34.03
3.				1996				9:22.77			639	
	50m:	32.19	32.19	250m:	2:52.87	35.05	450m:	5:13.79	35.24	650m:	7:35.53	35.48
	100m:	1:07.08	34.89	300m:	3:28.12	35.25	500m:	5:48.96	35.17	700m:	8:11.37	35.84
	150m:	1:42.39	35.31	350m:	4:03.34	35.22	550m:	6:24.43	35.47	750m:	8:47.43	36.06
	200m:	2:17.82	35.43	400m:	4:38.55	35.21	600m:	7:00.05	35.62	800m:	9:22.77	35.34
4.				2008				9:30.35			614	
	50m:	31.35	31.35	250m:	2:55.56	36.75	450m:	5:21.09	36.47	650m:	7:46.06	36.34
	100m:	1:05.99	34.64	300m:	3:31.95	36.39	500m:	5:57.05	35.96	700m:	8:21.64	35.58
	150m:	1:42.64	36.65	350m:	4:08.61	36.66	550m:	6:33.86	36.81	750m:	8:56.88	35.24
	200m:	2:18.81	36.17	400m:	4:44.62	36.01	600m:	7:09.72	35.86	800m:	9:30.35	33.47
5.				2007				9:40.72			581	
	50m:	32.74	32.74	250m:	2:57.58	36.79	450m:	5:24.19	36.81	650m:	7:51.86	36.94
	100m:	1:08.28	35.54	300m:	3:34.16	36.58	500m:	6:00.99	36.80	700m:	8:28.89	37.03
	150m:	1:44.33	36.05	350m:	4:10.72	36.56	550m:	6:37.94	36.95	750m:	9:05.37	36.48
	200m:	2:20.79	36.46	400m:	4:47.38	36.66	600m:	7:14.92	36.98	800m:	9:40.72	35.35
6.				2009				9:42.60			576	
	50m:	33.55	33.55	250m:	3:00.52	36.56	450m:	5:27.94	36.71	650m:	7:54.85	36.19
	100m:	1:10.15	36.60	300m:	3:37.45	36.93	500m:	6:05.14	37.20	700m:	8:31.77	36.92
	150m:	1:46.61	36.46	350m:	4:14.11	36.66	550m:	6:41.70	36.56	750m:	9:07.87	36.10
	200m:	2:23.96	37.35	400m:	4:51.23	37.12	600m:	7:18.66	36.96	800m:	9:42.60	34.73
7.				2008				9:42.65			576	
	50m:	32.40	32.40	250m:	2:59.06	36.72	450m:	5:28.73	37.00	650m:	7:56.65	36.58
	100m:	1:08.44	36.04	300m:	3:37.14	38.08	500m:	6:06.28	37.55	700m:	8:34.00	37.35
	150m:	1:45.00	36.56	350m:	4:14.16	37.02	550m:	6:42.82	36.54	750m:	9:08.48	34.48
	200m:	2:22.34	37.34	400m:	4:51.73	37.57	600m:	7:20.07	37.25	800m:	9:42.65	34.17
8.				2003				9:45.30			568	
	50m:	32.14	32.14	250m:	2:56.38	36.37	450m:	5:24.97	37.25	650m:	7:54.58	37.63
	100m:	1:07.60	35.46	300m:	3:33.48	37.10	500m:	6:02.19	37.22	700m:	8:32.75	38.17
	150m:	1:43.50	35.90	350m:	4:10.40	36.92	550m:	6:39.63	37.44	750m:	9:09.90	37.15
	200m:	2:20.01	36.51	400m:	4:47.72	37.32	600m:	7:16.95	37.32	800m:	9:45.30	35.40
9.				2007 1				9:58.45 1			531	
	50m:	32.99	32.99	250m:	3:03.72	38.01	450m:	5:37.31	38.43	650m:	8:08.83	36.88
	100m:	1:09.58	36.59	300m:	3:42.37	38.65	500m:	6:15.80	38.49	700m:	8:46.28	37.45
	150m:	1:47.52	37.94	350m:	4:20.73	38.36	550m:	6:53.80	38.00	750m:	9:23.10	36.82
	200m:	2:25.71	38.19	400m:	4:58.88	38.15	600m:	7:31.95	38.15	800m:	9:58.45	35.35

" ", 50

ALGE



, 21 - 24 2023

		29, , 800m						R.T.	FINA			
10.				2009				9:59.66	1	528		
	50m:	33.73	33.73	250m:	3:03.62	37.67	450m:	5:35.60	38.41	650m:	8:09.22	38.15
	100m:	1:10.46	36.73	300m:	3:40.98	37.36	500m:	6:13.99	38.39	700m:	8:47.49	38.27
	150m:	1:48.10	37.64	350m:	4:19.13	38.15	550m:	6:52.25	38.26	750m:	9:25.19	37.70
	200m:	2:25.95	37.85	400m:	4:57.19	38.06	600m:	7:31.07	38.82	800m:	9:59.66	34.47
11.				2005				10:00.36	1	526		
	50m:	34.01	34.01	250m:	3:02.49	36.94	450m:	5:35.71	39.74	650m:	8:09.45	38.18
	100m:	1:10.49	36.48	300m:	3:39.96	37.47	500m:	6:14.24	38.53	700m:	8:48.63	39.18
	150m:	1:48.07	37.58	350m:	4:16.93	36.97	550m:	6:52.66	38.42	750m:	9:25.81	37.18
	200m:	2:25.55	37.48	400m:	4:55.97	39.04	600m:	7:31.27	38.61	800m:	10:00.36	34.55
12.				2010				10:01.54	1	523		
	50m:	33.07	33.07	250m:	3:05.15	38.16	450m:	5:38.84	38.04	650m:	8:11.21	37.37
	100m:	1:10.68	37.61	300m:	3:43.48	38.33	500m:	6:17.11	38.27	700m:	8:49.57	38.36
	150m:	1:48.87	38.19	350m:	4:21.91	38.43	550m:	6:55.37	38.26	750m:	9:26.62	37.05
	200m:	2:26.99	38.12	400m:	5:00.80	38.89	600m:	7:33.84	38.47	800m:	10:01.54	34.92
13.				2007				10:02.40	1	521		
	50m:	33.89	33.89	250m:	3:05.20	37.86	450m:	5:38.56	38.45	650m:	8:11.33	38.06
	100m:	1:11.36	37.47	300m:	3:43.66	38.46	500m:	6:16.95	38.39	700m:	8:49.26	37.93
	150m:	1:49.20	37.84	350m:	4:21.77	38.11	550m:	6:55.08	38.13	750m:	9:26.77	37.51
	200m:	2:27.34	38.14	400m:	5:00.11	38.34	600m:	7:33.27	38.19	800m:	10:02.40	35.63
14.				2010				10:07.38	1	508		
	50m:	34.37	34.37	250m:	3:07.48	38.68	450m:	5:41.54	38.79	650m:	8:15.34	38.26
	100m:	1:12.13	37.76	300m:	3:46.04	38.56	500m:	6:19.94	38.40	700m:	8:53.52	38.18
	150m:	1:50.30	38.17	350m:	4:24.71	38.67	550m:	6:58.30	38.36	750m:	9:30.45	36.93
	200m:	2:28.80	38.50	400m:	5:02.75	38.04	600m:	7:37.08	38.78	800m:	10:07.38	36.93
15.				2010				10:09.27	1	503		
	50m:	33.99	33.99	250m:	3:07.21	38.61	450m:	5:41.03	38.24	650m:	8:15.44	38.78
	100m:	1:11.46	37.47	300m:	3:45.76	38.55	500m:	6:19.43	38.40	700m:	8:54.20	38.76
	150m:	1:49.92	38.46	350m:	4:24.37	38.61	550m:	6:57.74	38.31	750m:	9:32.38	38.18
	200m:	2:28.60	38.68	400m:	5:02.79	38.42	600m:	7:36.66	38.92	800m:	10:09.27	36.89
16.				2008				10:10.05	1	501		
	50m:	33.24	33.24	250m:	3:04.10	37.98	450m:	5:39.70	39.05	650m:	8:16.02	38.34
	100m:	1:10.37	37.13	300m:	3:42.75	38.65	500m:	6:19.07	39.37	700m:	8:54.76	38.74
	150m:	1:48.13	37.76	350m:	4:21.65	38.90	550m:	6:58.38	39.31	750m:	9:32.94	38.18
	200m:	2:26.12	37.99	400m:	5:00.65	39.00	600m:	7:37.68	39.30	800m:	10:10.05	37.11
17.				2009				10:12.00	1	497		
	50m:	33.19	33.19	250m:	3:02.82	37.91	450m:	5:38.46	39.16	650m:	8:16.11	39.30
	100m:	1:09.99	36.80	300m:	3:41.94	39.12	500m:	6:17.94	39.48	700m:	8:55.08	38.97
	150m:	1:46.82	36.83	350m:	4:20.31	38.37	550m:	6:57.34	39.40	750m:	9:33.63	38.55
	200m:	2:24.91	38.09	400m:	4:59.30	38.99	600m:	7:36.81	39.47	800m:	10:12.00	38.37
18.				2009				10:15.22	1	489		
	50m:	34.98	34.98	250m:	3:09.51	39.11	450m:	5:46.23	39.22	650m:	8:22.25	38.15
	100m:	1:13.27	38.29	300m:	3:48.60	39.09	500m:	6:25.23	39.00	700m:	9:01.45	39.20
	150m:	1:52.11	38.84	350m:	4:27.55	38.95	550m:	7:04.32	39.09	750m:	9:39.40	37.95
	200m:	2:30.40	38.29	400m:	5:07.01	39.46	600m:	7:44.10	39.78	800m:	10:15.22	35.82
19.				2007				10:19.90	1	478		
	50m:	35.03	35.03	250m:	3:07.91	38.95	450m:	5:46.33	39.70	650m:	8:23.55	38.99
	100m:	1:11.88	36.85	300m:	3:47.01	39.10	500m:	6:25.73	39.40	700m:	9:02.67	39.12
	150m:	1:50.21	38.33	350m:	4:26.64	39.63	550m:	7:05.07	39.34	750m:	9:41.22	38.55
	200m:	2:28.96	38.75	400m:	5:06.63	39.99	600m:	7:44.56	39.49	800m:	10:19.90	38.68



, 21 - 24 2023

29,		, 800m						R.T.		FINA		
20.				2007				10:20.78	1		476	
	50m:	32.85	32.85	250m:	3:05.49	38.84	450m:	5:44.17	39.81	650m:	8:23.64	39.97
	100m:	1:09.93	37.08	300m:	3:44.81	39.32	500m:	6:23.75	39.58	700m:	9:03.23	39.59
	150m:	1:48.15	38.22	350m:	4:24.95	40.14	550m:	7:03.67	39.92	750m:	9:42.40	39.17
	200m:	2:26.65	38.50	400m:	5:04.36	39.41	600m:	7:43.67	40.00	800m:	10:20.78	38.38
21.				2009	1			10:22.93	1		471	
	50m:	35.23	35.23	250m:	3:14.34	39.44	450m:	5:52.85	38.93	650m:	8:28.76	38.62
	100m:	1:15.16	39.93	300m:	3:54.36	40.02	500m:	6:32.19	39.34	700m:	9:07.59	38.83
	150m:	1:55.17	40.01	350m:	4:34.07	39.71	550m:	7:10.87	38.68	750m:	9:45.25	37.66
	200m:	2:34.90	39.73	400m:	5:13.92	39.85	600m:	7:50.14	39.27	800m:	10:22.93	37.68
22.				2005	1			10:22.96	1		471	
	50m:	33.71	33.71	250m:	3:06.54	38.74	450m:	5:44.87	39.77	650m:	8:25.99	40.40
	100m:	1:11.03	37.32	300m:	3:45.82	39.28	500m:	6:25.06	40.19	700m:	9:06.39	40.40
	150m:	1:49.17	38.14	350m:	4:25.09	39.27	550m:	7:05.25	40.19	750m:	9:47.00	40.61
	200m:	2:27.80	38.63	400m:	5:05.10	40.01	600m:	7:45.59	40.34	800m:	10:22.96	35.96
23.				2008	1		1	10:27.36			461	
	50m:	33.17	33.17	250m:	3:08.04	39.85	450m:	5:50.76	41.06	650m:	8:31.33	39.88
	100m:	1:10.00	36.83	300m:	3:48.03	39.99	500m:	6:30.64	39.88	700m:	9:10.61	39.28
	150m:	1:48.83	38.83	350m:	4:28.93	40.90	550m:	7:10.84	40.20	750m:	9:49.65	39.04
	200m:	2:28.19	39.36	400m:	5:09.70	40.77	600m:	7:51.45	40.61	800m:	10:27.36	37.71
24.				2009	1			10:27.54			461	
	50m:	34.46	34.46	250m:	3:14.08	40.47	450m:	5:55.18	40.14	650m:	8:35.03	40.29
	100m:	1:13.12	38.66	300m:	3:54.61	40.53	500m:	6:35.18	40.00	700m:	9:14.06	39.03
	150m:	1:53.20	40.08	350m:	4:35.06	40.45	550m:	7:15.12	39.94	750m:	9:52.83	38.77
	200m:	2:33.61	40.41	400m:	5:15.04	39.98	600m:	7:54.74	39.62	800m:	10:27.54	34.71
25.				2009				10:27.99			460	
	50m:	35.43	35.43	250m:	3:13.98	39.85	450m:	5:53.10	39.91	650m:	8:31.69	39.52
	100m:	1:14.66	39.23	300m:	3:53.68	39.70	500m:	6:32.95	39.85	700m:	9:10.68	38.99
	150m:	1:54.88	40.22	350m:	4:33.80	40.12	550m:	7:12.68	39.73	750m:	9:50.28	39.60
	200m:	2:34.13	39.25	400m:	5:13.19	39.39	600m:	7:52.17	39.49	800m:	10:27.99	37.71
26.				2006				10:30.18			455	
	50m:	35.76	35.76	250m:	3:16.02	39.67	450m:	5:54.44	39.74	650m:	8:33.14	39.98
	100m:	1:15.70	39.94	300m:	3:55.93	39.91	500m:	6:33.57	39.13	700m:	9:12.56	39.42
	150m:	1:55.94	40.24	350m:	4:35.04	39.11	550m:	7:12.93	39.36	750m:	9:52.01	39.45
	200m:	2:36.35	40.41	400m:	5:14.70	39.66	600m:	7:53.16	40.23	800m:	10:30.18	38.17
27.				2008	1			10:41.67			431	
	50m:	34.94	34.94	250m:	3:16.14	40.67	450m:	6:00.95	41.05	650m:	8:44.15	40.61
	100m:	1:14.00	39.06	300m:	3:57.65	41.51	500m:	6:41.61	40.66	700m:	9:25.03	40.88
	150m:	1:54.45	40.45	350m:	4:38.90	41.25	550m:	7:22.42	40.81	750m:	10:03.84	38.81
	200m:	2:35.47	41.02	400m:	5:19.90	41.00	600m:	8:03.54	41.12	800m:	10:41.67	37.83
28.				2008	1			11:05.45			386	
	50m:	34.97	34.97	250m:	3:25.76	43.70	450m:	6:17.74	42.54	650m:	9:06.78	41.44
	100m:	1:15.67	40.70	300m:	4:08.59	42.83	500m:	7:00.88	43.14	700m:	9:47.87	41.09
	150m:	1:59.10	43.43	350m:	4:52.38	43.79	550m:	7:44.05	43.17	750m:	10:28.14	40.27
	200m:	2:42.06	42.96	400m:	5:35.20	42.82	600m:	8:25.34	41.29	800m:	11:05.45	37.31
29.				2007	1			11:06.08			385	
	50m:	36.26	36.26	250m:	3:15.92	40.69	450m:	6:05.67	42.85	650m:	8:57.59	43.72
	100m:	1:15.74	39.48	300m:	3:57.60	41.68	500m:	6:48.43	42.76	700m:	9:40.49	42.90
	150m:	1:54.84	39.10	350m:	4:39.53	41.93	550m:	7:30.75	42.32	750m:	10:23.62	43.13
	200m:	2:35.23	40.39	400m:	5:22.82	43.29	600m:	8:13.87	43.12	800m:	11:06.08	42.46

" ", 50

ALGE



, 21 - 24 2023

29, , 800m

29 , 800m

(15-17)

23.03.2023 - 11:31

8:18.77
8:32.86

(JPN)
(ESP)

29.07.2021
25.07.2003

: FINA 2023

									R.T.			FINA
1.			2008							9:30.35		614
	50m:	31.35	31.35	250m:	2:55.56	36.75	450m:	5:21.09	36.47	650m:	7:46.06	36.34
	100m:	1:05.99	34.64	300m:	3:31.95	36.39	500m:	5:57.05	35.96	700m:	8:21.64	35.58
	150m:	1:42.64	36.65	350m:	4:08.61	36.66	550m:	6:33.86	36.81	750m:	8:56.88	35.24
	200m:	2:18.81	36.17	400m:	4:44.62	36.01	600m:	7:09.72	35.86	800m:	9:30.35	33.47
2.			2007							9:40.72		581
	50m:	32.74	32.74	250m:	2:57.58	36.79	450m:	5:24.19	36.81	650m:	7:51.86	36.94
	100m:	1:08.28	35.54	300m:	3:34.16	36.58	500m:	6:00.99	36.80	700m:	8:28.89	37.03
	150m:	1:44.33	36.05	350m:	4:10.72	36.56	550m:	6:37.94	36.95	750m:	9:05.37	36.48
	200m:	2:20.79	36.46	400m:	4:47.38	36.66	600m:	7:14.92	36.98	800m:	9:40.72	35.35
3.			2008							9:42.65		576
	50m:	32.40	32.40	250m:	2:59.06	36.72	450m:	5:28.73	37.00	650m:	7:56.65	36.58
	100m:	1:08.44	36.04	300m:	3:37.14	38.08	500m:	6:06.28	37.55	700m:	8:34.00	37.35
	150m:	1:45.00	36.56	350m:	4:14.16	37.02	550m:	6:42.82	36.54	750m:	9:08.48	34.48
	200m:	2:22.34	37.34	400m:	4:51.73	37.57	600m:	7:20.07	37.25	800m:	9:42.65	34.17
4.			2007 1							9:58.45 1		531
	50m:	32.99	32.99	250m:	3:03.72	38.01	450m:	5:37.31	38.43	650m:	8:08.83	36.88
	100m:	1:09.58	36.59	300m:	3:42.37	38.65	500m:	6:15.80	38.49	700m:	8:46.28	37.45
	150m:	1:47.52	37.94	350m:	4:20.73	38.36	550m:	6:53.80	38.00	750m:	9:23.10	36.82
	200m:	2:25.71	38.19	400m:	4:58.88	38.15	600m:	7:31.95	38.15	800m:	9:58.45	35.35
5.			2007 1							10:02.40 1		521
	50m:	33.89	33.89	250m:	3:05.20	37.86	450m:	5:38.56	38.45	650m:	8:11.33	38.06
	100m:	1:11.36	37.47	300m:	3:43.66	38.46	500m:	6:16.95	38.39	700m:	8:49.26	37.93
	150m:	1:49.20	37.84	350m:	4:21.77	38.11	550m:	6:55.08	38.13	750m:	9:26.77	37.51
	200m:	2:27.34	38.14	400m:	5:00.11	38.34	600m:	7:33.27	38.19	800m:	10:02.40	35.63
6.			2008 1							10:10.05 1		501
	50m:	33.24	33.24	250m:	3:04.10	37.98	450m:	5:39.70	39.05	650m:	8:16.02	38.34
	100m:	1:10.37	37.13	300m:	3:42.75	38.65	500m:	6:19.07	39.37	700m:	8:54.76	38.74
	150m:	1:48.13	37.76	350m:	4:21.65	38.90	550m:	6:58.38	39.31	750m:	9:32.94	38.18
	200m:	2:26.12	37.99	400m:	5:00.65	39.00	600m:	7:37.68	39.30	800m:	10:10.05	37.11
7.			2007 1							10:19.90 1		478
	50m:	35.03	35.03	250m:	3:07.91	38.95	450m:	5:46.33	39.70	650m:	8:23.55	38.99
	100m:	1:11.88	36.85	300m:	3:47.01	39.10	500m:	6:25.73	39.40	700m:	9:02.67	39.12
	150m:	1:50.21	38.33	350m:	4:26.64	39.63	550m:	7:05.07	39.34	750m:	9:41.22	38.55
	200m:	2:28.96	38.75	400m:	5:06.63	39.99	600m:	7:44.56	39.49	800m:	10:19.90	38.68
8.			2007							10:20.78 1		476
	50m:	32.85	32.85	250m:	3:05.49	38.84	450m:	5:44.17	39.81	650m:	8:23.64	39.97
	100m:	1:09.93	37.08	300m:	3:44.81	39.32	500m:	6:23.75	39.58	700m:	9:03.23	39.59
	150m:	1:48.15	38.22	350m:	4:24.95	40.14	550m:	7:03.67	39.92	750m:	9:42.40	39.17
	200m:	2:26.65	38.50	400m:	5:04.36	39.41	600m:	7:43.67	40.00	800m:	10:20.78	38.38
9.			2008 1					1		10:27.36		461
	50m:	33.17	33.17	250m:	3:08.04	39.85	450m:	5:50.76	41.06	650m:	8:31.33	39.88
	100m:	1:10.00	36.83	300m:	3:48.03	39.99	500m:	6:30.64	39.88	700m:	9:10.61	39.28
	150m:	1:48.83	38.83	350m:	4:28.93	40.90	550m:	7:10.84	40.20	750m:	9:49.65	39.04
	200m:	2:28.19	39.36	400m:	5:09.70	40.77	600m:	7:51.45	40.61	800m:	10:27.36	37.71

" ", 50

ALGE



, 21 - 24 2023

	29,	, 800m		(15-17)				R.T.		FINA		
10.			2006					10:30.18		455		
	50m:	35.76	35.76	250m:	3:16.02	39.67	450m:	5:54.44	39.74	650m:	8:33.14	39.98
	100m:	1:15.70	39.94	300m:	3:55.93	39.91	500m:	6:33.57	39.13	700m:	9:12.56	39.42
	150m:	1:55.94	40.24	350m:	4:35.04	39.11	550m:	7:12.93	39.36	750m:	9:52.01	39.45
	200m:	2:36.35	40.41	400m:	5:14.70	39.66	600m:	7:53.16	40.23	800m:	10:30.18	38.17
11.			2008 1					10:41.67		431		
	50m:	34.94	34.94	250m:	3:16.14	40.67	450m:	6:00.95	41.05	650m:	8:44.15	40.61
	100m:	1:14.00	39.06	300m:	3:57.65	41.51	500m:	6:41.61	40.66	700m:	9:25.03	40.88
	150m:	1:54.45	40.45	350m:	4:38.90	41.25	550m:	7:22.42	40.81	750m:	10:03.84	38.81
	200m:	2:35.47	41.02	400m:	5:19.90	41.00	600m:	8:03.54	41.12	800m:	10:41.67	37.83
12.			2008 1					11:05.45		386		
	50m:	34.97	34.97	250m:	3:25.76	43.70	450m:	6:17.74	42.54	650m:	9:06.78	41.44
	100m:	1:15.67	40.70	300m:	4:08.59	42.83	500m:	7:00.88	43.14	700m:	9:47.87	41.09
	150m:	1:59.10	43.43	350m:	4:52.38	43.79	550m:	7:44.05	43.17	750m:	10:28.14	40.27
	200m:	2:42.06	42.96	400m:	5:35.20	42.82	600m:	8:25.34	41.29	800m:	11:05.45	37.31
13.			2007 1					11:06.08		385		
	50m:	36.26	36.26	250m:	3:15.92	40.69	450m:	6:05.67	42.85	650m:	8:57.59	43.72
	100m:	1:15.74	39.48	300m:	3:57.60	41.68	500m:	6:48.43	42.76	700m:	9:40.49	42.90
	150m:	1:54.84	39.10	350m:	4:39.53	41.93	550m:	7:30.75	42.32	750m:	10:23.62	43.13
	200m:	2:35.23	40.39	400m:	5:22.82	43.29	600m:	8:13.87	43.12	800m:	11:06.08	42.46

