

, 21 - 24 2023

12
22.03.2023 - 10:47

, 400m

4:08.05
4:10.02

Kazan /
(HUN)

25.07.2022
23.05.2021

: FINA 2023

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R.T.

FINA

1.				2005					4:39.63		663	
	50m:	28.37	28.37	150m:	1:37.29	36.33	250m:	2:53.43	39.42	350m:	4:06.38	32.51
	100m:	1:00.96	32.59	200m:	2:14.01	36.72	300m:	3:33.87	40.44	400m:	4:39.63	33.25
2.				2006					4:44.41		630	
	50m:	29.53	29.53	150m:	1:40.93	37.49	250m:	2:57.01	39.87	350m:	4:12.42	33.61
	100m:	1:03.44	33.91	200m:	2:17.14	36.21	300m:	3:38.81	41.80	400m:	4:44.41	31.99
3.				2007					4:52.81	1	577	
	50m:	29.34	29.34	150m:	1:40.50	37.04	250m:	2:58.86	41.19	350m:	4:18.19	35.13
	100m:	1:03.46	34.12	200m:	2:17.67	37.17	300m:	3:43.06	44.20	400m:	4:52.81	34.62
4.				2007					4:56.39	1	556	
	50m:	31.38	31.38	150m:	1:45.07	38.17	250m:	3:04.42	41.60	350m:	4:22.41	34.84
	100m:	1:06.90	35.52	200m:	2:22.82	37.75	300m:	3:47.57	43.15	400m:	4:56.39	33.98
5.				2006					5:01.21	1	530	
	50m:	31.12	31.12	150m:	1:48.97	40.41	250m:	3:10.67	42.57	350m:	4:28.33	34.55
	100m:	1:08.56	37.44	200m:	2:28.10	39.13	300m:	3:53.78	43.11	400m:	5:01.21	32.88
6.				2007					5:02.36	1	524	
	50m:	30.62	30.62	150m:	1:45.63	38.54	250m:	3:06.55	42.67	350m:	4:27.79	36.39
	100m:	1:07.09	36.47	200m:	2:23.88	38.25	300m:	3:51.40	44.85	400m:	5:02.36	34.57
7.				2008	1				5:04.66	1	512	
	50m:	30.66	30.66	150m:	1:44.04	37.45	250m:	3:06.36	45.75	350m:	4:28.87	37.12
	100m:	1:06.59	35.93	200m:	2:20.61	36.57	300m:	3:51.75	45.39	400m:	5:04.66	35.79
8.				2008					5:07.31	1	499	
	50m:	29.98	29.98	150m:	1:50.23	40.97	250m:	3:14.53	44.24	350m:	4:33.67	34.92
	100m:	1:09.26	39.28	200m:	2:30.29	40.06	300m:	3:58.75	44.22	400m:	5:07.31	33.64
9.				2006					5:12.69		474	
	50m:	31.53	31.53	150m:	1:48.38	39.32	250m:	3:11.95	44.15	350m:	4:35.35	38.57
	100m:	1:09.06	37.53	200m:	2:27.80	39.42	300m:	3:56.78	44.83	400m:	5:12.69	37.34
10.				2008	1				5:15.48		461	
	50m:	30.81	30.81	150m:	1:49.91	41.66	250m:	3:12.62	42.37	350m:	4:37.06	39.47
	100m:	1:08.25	37.44	200m:	2:30.25	40.34	300m:	3:57.59	44.97	400m:	5:15.48	38.42
11.				2006	1				5:23.99		426	
	50m:	31.73	31.73	150m:	1:54.29	44.65	250m:	3:22.03	45.55	350m:	4:47.48	37.18
	100m:	1:09.64	37.91	200m:	2:36.48	42.19	300m:	4:10.30	48.27	400m:	5:23.99	36.51
12.				2007	1				5:25.71		419	
	50m:	33.42	33.42	150m:	1:57.18	42.00	250m:	3:24.21	46.58	350m:	4:50.35	39.21
	100m:	1:15.18	41.76	200m:	2:37.63	40.45	300m:	4:11.14	46.93	400m:	5:25.71	35.36
13.				2008	1				5:30.17		402	
	50m:	30.80	30.80	150m:	1:51.15	41.44	250m:	3:22.33	49.52	350m:	4:51.46	38.06
	100m:	1:09.71	38.91	200m:	2:32.81	41.66	300m:	4:13.40	51.07	400m:	5:30.17	38.71
DSQ				2006					1		1	

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, 21 - 24 2023

12, , 400m

12 , 400m (17-18)
22.03.2023 - 10:47

4:08.05 Kazan / 25.07.2022
4:10.02 (HUN) 23.05.2021

: FINA 2023

									R.T.	FINA			
1.					/								
					2005					4:39.63 663			
	50m:	28.37	28.37	150m:	1:37.29	36.33	250m:	2:53.43	39.42	350m:	4:06.38	32.51	
	100m:	1:00.96	32.59	200m:	2:14.01	36.72	300m:	3:33.87	40.44	400m:	4:39.63	33.25	
2.					2006					4:44.41 630			
	50m:	29.53	29.53	150m:	1:40.93	37.49	250m:	2:57.01	39.87	350m:	4:12.42	33.61	
	100m:	1:03.44	33.91	200m:	2:17.14	36.21	300m:	3:38.81	41.80	400m:	4:44.41	31.99	
3.					2006					5:01.21 1 530			
	50m:	31.12	31.12	150m:	1:48.97	40.41	250m:	3:10.67	42.57	350m:	4:28.33	34.55	
	100m:	1:08.56	37.44	200m:	2:28.10	39.13	300m:	3:53.78	43.11	400m:	5:01.21	32.88	
4.					2006					5:12.69 474			
	50m:	31.53	31.53	150m:	1:48.38	39.32	250m:	3:11.95	44.15	350m:	4:35.35	38.57	
	100m:	1:09.06	37.53	200m:	2:27.80	39.42	300m:	3:56.78	44.83	400m:	5:12.69	37.34	
5.					2006 1					5:23.99 426			
	50m:	31.73	31.73	150m:	1:54.29	44.65	250m:	3:22.03	45.55	350m:	4:47.48	37.18	
	100m:	1:09.64	37.91	200m:	2:36.48	42.19	300m:	4:10.30	48.27	400m:	5:23.99	36.51	
DSQ					2006				1	1			

