



- , 21 - 26 2022

120  
24.08.2022 - 18:21

, 400m

4:04.10

-

04.04.2021

4:08.81

(AZE)

24.06.2015

: FINA 2022

				/			R.T.			FINA				
1.				1998			+0,75			4:08.61			860	
	50m:	29.42	29.42	150m:	1:31.14	30.76	250m:	2:34.15	31.57	350m:	3:37.69	31.55		
	100m:	1:00.38	30.96	200m:	2:02.58	31.44	300m:	3:06.14	31.99	400m:	4:08.61	30.92		
2.				1997			-			+0,79			4:12.28	823
	50m:	29.21	29.21	150m:	1:31.77	31.23	250m:	2:35.02	31.50	350m:	3:40.09	32.69		
	100m:	1:00.54	31.33	200m:	2:03.52	31.75	300m:	3:07.40	32.38	400m:	4:12.28	32.19		
3.				2002			+0,72			4:15.12			796	
	50m:	29.72	29.72	150m:	1:32.74	31.73	250m:	2:37.26	32.32	350m:	3:42.95	32.93		
	100m:	1:01.01	31.29	200m:	2:04.94	32.20	300m:	3:10.02	32.76	400m:	4:15.12	32.17		
4.				2005			+0,74			4:17.33			775	
	50m:	30.03	30.03	150m:	1:34.34	32.37	250m:	2:39.89	32.84	350m:	3:45.71	32.94		
	100m:	1:01.97	31.94	200m:	2:07.05	32.71	300m:	3:12.77	32.88	400m:	4:17.33	31.62		
5.				2006						4:20.76			745	
	50m:	30.05	30.05	150m:	1:35.53	33.20	250m:	2:42.16	33.63	350m:	3:49.46	33.19		
	100m:	1:02.33	32.28	200m:	2:08.53	33.00	300m:	3:16.27	34.11	400m:	4:20.76	31.30		
6.				2001			+0,51			4:20.82			745	
	50m:	29.91	29.91	150m:	1:34.84	32.62	250m:	2:41.43	33.28	350m:	3:49.15	33.38		
	100m:	1:02.22	32.31	200m:	2:08.15	33.31	300m:	3:15.77	34.34	400m:	4:20.82	31.67		
7.				2007			+0,78			4:21.09			742	
	50m:	30.09	30.09	150m:	1:35.64	32.81	250m:	2:41.98	33.34	350m:	3:48.63	32.87		
	100m:	1:02.83	32.74	200m:	2:08.64	33.00	300m:	3:15.76	33.78	400m:	4:21.09	32.46		
8.				2006			+0,73			4:23.92			719	
	50m:	30.39	30.39	150m:	1:36.27	33.01	250m:	2:43.45	33.71	350m:	3:50.89	33.29		
	100m:	1:03.26	32.87	200m:	2:09.74	33.47	300m:	3:17.60	34.15	400m:	4:23.92	33.03		