

10  
27.06.2019 - 11:52

, 1500m

14:31.02	SUN Yang	CHN	London (GBR)	04.08.2012
14:34.04	PALTRINIERI Gregorio	ITA	London (GBR)	18.05.2016
14:41.13		RUS	(CHN)	15.08.2008
14:51.55	HORTON Mack	AUS	Brisbane (AUS)	05.04.2014
14:48.92				
14:59.56		RUS	- - (BRA)	12.08.2016

: FINA 2019

			/			R.T.			FINA					
			2004			-1			16:18.86			704		
50m:	29.26	29.26	450m:	4:47.63	32.72	850m:	9:11.58	33.24	1250m:	13:37.82	33.10			
100m:	1:01.06	31.80	500m:	5:20.32	32.69	900m:	9:44.77	33.19	1300m:	14:11.31	33.49			
150m:	1:33.45	32.39	550m:	5:53.44	33.12	950m:	10:17.93	33.16	1350m:	14:44.00	32.69			
200m:	2:05.58	32.13	600m:	6:26.10	32.66	1000m:	10:51.13	33.20	1400m:	15:17.00	33.00			
250m:	2:37.49	31.91	650m:	6:59.10	33.00	1050m:	11:24.49	33.36	1450m:	15:49.18	32.18			
300m:	3:09.59	32.10	700m:	7:32.07	32.97	1100m:	11:57.76	33.27	1500m:	16:18.86	29.68			
350m:	3:42.22	32.63	750m:	8:05.29	33.22	1150m:	12:31.22	33.46						
400m:	4:14.91	32.69	800m:	8:38.34	33.05	1200m:	13:04.72	33.50						
			2001			16:19.48			703					
50m:	29.61	29.61	450m:	4:45.52	32.25	850m:	9:08.10	33.01	1250m:	13:35.50	33.37			
100m:	1:01.71	32.10	500m:	5:18.10	32.58	900m:	9:41.55	33.45	1300m:	14:09.16	33.66			
150m:	1:33.12	31.41	550m:	5:50.58	32.48	950m:	10:14.79	33.24	1350m:	14:42.65	33.49			
200m:	2:04.83	31.71	600m:	6:23.34	32.76	1000m:	10:48.41	33.62	1400m:	15:16.30	33.65			
250m:	2:36.52	31.69	650m:	6:56.19	32.85	1050m:	11:21.34	32.93	1450m:	15:48.81	32.51			
300m:	3:08.68	32.16	700m:	7:29.41	33.22	1100m:	11:55.07	33.73	1500m:	16:19.48	30.67			
350m:	3:40.92	32.24	750m:	8:02.20	32.79	1150m:	12:28.50	33.43						
400m:	4:13.27	32.35	800m:	8:35.09	32.89	1200m:	13:02.13	33.63						
			2004			16:33.35			674					
50m:	30.22	30.22	450m:	4:53.84	33.25	850m:	9:22.00	33.66	1250m:	13:51.07	33.04			
100m:	1:02.60	32.38	500m:	5:26.78	32.94	900m:	9:56.13	34.13	1300m:	14:24.62	33.55			
150m:	1:35.71	33.11	550m:	6:00.32	33.54	950m:	10:29.46	33.33	1350m:	14:57.41	32.79			
200m:	2:08.50	32.79	600m:	6:33.76	33.44	1000m:	11:03.22	33.76	1400m:	15:31.01	33.60			
250m:	2:41.47	32.97	650m:	7:07.63	33.87	1050m:	11:36.50	33.28	1450m:	16:01.66	30.65			
300m:	3:14.67	33.20	700m:	7:41.07	33.44	1100m:	12:10.18	33.68	1500m:	16:33.35	31.69			
350m:	3:47.69	33.02	750m:	8:14.69	33.62	1150m:	12:43.83	33.65						
400m:	4:20.59	32.90	800m:	8:48.34	33.65	1200m:	13:18.03	34.20						
			2003			16:36.31			668					
50m:	30.31	30.31	450m:	4:56.35	33.72	850m:	9:24.75	33.20	1250m:	13:51.57	33.31			
100m:	1:02.92	32.61	500m:	5:30.03	33.68	900m:	9:57.80	33.05	1300m:	14:24.75	33.18			
150m:	1:35.95	33.03	550m:	6:03.84	33.81	950m:	10:31.12	33.32	1350m:	14:57.66	32.91			
200m:	2:08.95	33.00	600m:	6:37.27	33.43	1000m:	11:04.58	33.46	1400m:	15:30.81	33.15			
250m:	2:42.34	33.39	650m:	7:10.92	33.65	1050m:	11:37.95	33.37	1450m:	16:03.88	33.07			
300m:	3:15.69	33.35	700m:	7:44.57	33.65	1100m:	12:11.21	33.26	1500m:	16:36.31	32.43			
350m:	3:49.20	33.51	750m:	8:18.14	33.57	1150m:	12:44.75	33.54						
400m:	4:22.63	33.43	800m:	8:51.55	33.41	1200m:	13:18.26	33.51						
			2002			-1			16:39.63			661		
50m:	28.96	28.96	450m:	4:51.35	33.46	850m:	9:20.92	34.32	1250m:	13:53.42	34.74			
100m:	1:00.68	31.72	500m:	5:24.60	33.25	900m:	9:54.36	33.44	1300m:	14:27.11	33.69			
150m:	1:33.02	32.34	550m:	5:58.52	33.92	950m:	10:28.51	34.15	1350m:	15:01.14	34.03			
200m:	2:05.47	32.45	600m:	6:31.93	33.41	1000m:	11:02.05	33.54	1400m:	15:34.63	33.49			
250m:	2:38.70	33.23	650m:	7:05.51	33.58	1050m:	11:36.89	34.84	1450m:	16:07.74	33.11			
300m:	3:11.18	32.48	700m:	7:38.91	33.40	1100m:	12:10.70	33.81	1500m:	16:39.63	31.89			
350m:	3:44.66	33.48	750m:	8:12.60	33.69	1150m:	12:44.92	34.22						
400m:	4:17.89	33.23	800m:	8:46.60	34.00	1200m:	13:18.68	33.76						

10, , 1500m

			/			R.T.			FINA		
			<b>2002</b>			<b>16:42.92</b>			<b>655</b>		
50m:	30.24	30.24	450m:	4:55.67	33.54	850m:	9:23.78	33.97	1250m:	13:57.31	34.38
100m:	1:02.85	32.61	500m:	5:28.66	32.99	900m:	9:57.60	33.82	1300m:	14:31.15	33.84
150m:	1:35.89	33.04	550m:	6:02.11	33.45	950m:	10:31.85	34.25	1350m:	15:04.98	33.83
200m:	2:08.77	32.88	600m:	6:35.19	33.08	1000m:	11:05.83	33.98	1400m:	15:38.42	33.44
250m:	2:42.29	33.52	650m:	7:08.85	33.66	1050m:	11:40.22	34.39	1450m:	16:11.63	33.21
300m:	3:15.36	33.07	700m:	7:42.42	33.57	1100m:	12:14.32	34.10	1500m:	16:42.92	31.29
350m:	3:48.93	33.57	750m:	8:16.33	33.91	1150m:	12:48.52	34.20			
400m:	4:22.13	33.20	800m:	8:49.81	33.48	1200m:	13:22.93	34.41			
			<b>2000</b>			<b>16:45.36</b>			<b>650</b>		
50m:	30.49	30.49	450m:	4:56.38	34.10	850m:	9:29.83	34.26	1250m:	14:01.34	33.73
100m:	1:02.93	32.44	500m:	5:30.12	33.74	900m:	10:04.06	34.23	1300m:	14:35.05	33.71
150m:	1:35.62	32.69	550m:	6:04.34	34.22	950m:	10:38.10	34.04	1350m:	15:09.06	34.01
200m:	2:08.43	32.81	600m:	6:38.45	34.11	1000m:	11:12.02	33.92	1400m:	15:42.33	33.27
250m:	2:41.69	33.26	650m:	7:12.60	34.15	1050m:	11:45.98	33.96	1450m:	16:15.08	32.75
300m:	3:14.84	33.15	700m:	7:47.03	34.43	1100m:	12:19.85	33.87	1500m:	16:45.36	30.28
350m:	3:48.85	34.01	750m:	8:21.34	34.31	1150m:	12:53.71	33.86			
400m:	4:22.28	33.43	800m:	8:55.57	34.23	1200m:	13:27.61	33.90			
			<b>2004</b>			<b>16:45.49</b>			<b>650</b>		
50m:	29.71	29.71	450m:	4:54.09	32.35	850m:	9:23.61	34.31	1250m:	13:57.92	34.76
100m:	1:01.94	32.23	500m:	5:26.81	32.72	900m:	9:57.34	33.73	1300m:	14:31.91	33.99
150m:	1:34.93	32.99	550m:	6:00.30	33.49	950m:	10:31.80	34.46	1350m:	15:05.46	33.55
200m:	2:08.38	33.45	600m:	6:33.78	33.48	1000m:	11:06.01	34.21	1400m:	15:38.44	32.98
250m:	2:41.38	33.00	650m:	7:07.27	33.49	1050m:	11:40.19	34.18	1450m:	16:12.36	33.92
300m:	3:14.68	33.30	700m:	7:41.25	33.98	1100m:	12:14.38	34.19	1500m:	16:45.49	33.13
350m:	3:48.45	33.77	750m:	8:15.35	34.10	1150m:	12:48.99	34.61			
400m:	4:21.74	33.29	800m:	8:49.30	33.95	1200m:	13:23.16	34.17			
			<b>2002</b>			<b>- -1</b>			<b>16:46.16</b>		
50m:	29.86	29.86	450m:	4:56.59	33.70	850m:	9:27.56	33.88	1250m:	13:59.71	34.03
100m:	1:02.74	32.88	500m:	5:30.35	33.76	900m:	10:01.53	33.97	1300m:	14:33.92	34.21
150m:	1:35.91	33.17	550m:	6:03.98	33.63	950m:	10:35.49	33.96	1350m:	15:08.11	34.19
200m:	2:09.40	33.49	600m:	6:37.56	33.58	1000m:	11:09.58	34.09	1400m:	15:42.50	34.39
250m:	2:42.57	33.17	650m:	7:11.45	33.89	1050m:	11:43.83	34.25	1450m:	16:14.53	32.03
300m:	3:16.07	33.50	700m:	7:45.58	34.13	1100m:	12:18.03	34.20	1500m:	16:46.16	31.63
350m:	3:49.49	33.42	750m:	8:19.59	34.01	1150m:	12:52.06	34.03			
400m:	4:22.89	33.40	800m:	8:53.68	34.09	1200m:	13:25.68	33.62			
			<b>2003</b>			<b>- -2</b>			<b>16:48.19</b>		
50m:	29.90	29.90	450m:	4:58.01	33.78	850m:	9:27.67	33.26	1250m:	13:58.15	33.43
100m:	1:03.01	33.11	500m:	5:32.18	34.17	900m:	10:01.64	33.97	1300m:	14:32.95	34.80
150m:	1:35.85	32.84	550m:	6:05.32	33.14	950m:	10:34.61	32.97	1350m:	15:06.93	33.98
200m:	2:09.46	33.61	600m:	6:39.46	34.14	1000m:	11:08.82	34.21	1400m:	15:41.69	34.76
250m:	2:42.47	33.01	650m:	7:12.68	33.22	1050m:	11:42.02	33.20	1450m:	16:14.85	33.16
300m:	3:16.80	34.33	700m:	7:47.01	34.33	1100m:	12:16.48	34.46	1500m:	16:48.19	33.34
350m:	3:50.04	33.24	750m:	8:20.34	33.33	1150m:	12:49.99	33.51			
400m:	4:24.23	34.19	800m:	8:54.41	34.07	1200m:	13:24.72	34.73			
			<b>2002</b>			<b>16:48.83</b>			<b>643</b>		
50m:	30.43	30.43	450m:	4:57.20	33.59	850m:	9:27.26	33.92	1250m:	14:01.04	34.44
100m:	1:03.50	33.07	500m:	5:30.83	33.63	900m:	10:00.78	33.52	1300m:	14:35.18	34.14
150m:	1:36.55	33.05	550m:	6:04.46	33.63	950m:	10:34.93	34.15	1350m:	15:09.66	34.48
200m:	2:09.53	32.98	600m:	6:38.40	33.94	1000m:	11:09.39	34.46	1400m:	15:43.58	33.92
250m:	2:42.98	33.45	650m:	7:11.81	33.41	1050m:	11:43.56	34.17	1450m:	16:17.20	33.62
300m:	3:16.26	33.28	700m:	7:45.99	34.18	1100m:	12:17.36	33.80	1500m:	16:48.83	31.63
350m:	3:49.84	33.58	750m:	8:19.49	33.50	1150m:	12:52.30	34.94			
400m:	4:23.61	33.77	800m:	8:53.34	33.85	1200m:	13:26.60	34.30			

10, , 1500m

						R.T.		FINA			
						<b>16:53.85</b>		<b>634</b>			
50m:	30.92	30.92	450m:	4:58.87	33.79	850m:	9:30.63	34.00	1250m:	14:03.94	34.24
100m:	1:03.69	32.77	500m:	5:32.43	33.56	900m:	10:04.51	33.88	1300m:	14:38.13	34.19
150m:	1:37.10	33.41	550m:	6:06.70	34.27	950m:	10:38.60	34.09	1350m:	15:12.34	34.21
200m:	2:10.34	33.24	600m:	6:40.80	34.10	1000m:	11:13.01	34.41	1400m:	15:46.23	33.89
250m:	2:44.05	33.71	650m:	7:14.87	34.07	1050m:	11:47.23	34.22	1450m:	16:20.67	34.44
300m:	3:17.82	33.77	700m:	7:48.86	33.99	1100m:	12:21.32	34.09	1500m:	16:53.85	33.18
350m:	3:51.51	33.69	750m:	8:22.78	33.92	1150m:	12:55.48	34.16			
400m:	4:25.08	33.57	800m:	8:56.63	33.85	1200m:	13:29.70	34.22			
						<b>16:53.96</b>		<b>633</b>			
50m:	30.55	30.55	450m:	4:57.39	33.68	850m:	9:29.46	34.03	1250m:	14:04.86	34.59
100m:	1:03.75	33.20	500m:	5:31.53	34.14	900m:	10:03.97	34.51	1300m:	14:39.78	34.92
150m:	1:36.46	32.71	550m:	6:05.17	33.64	950m:	10:37.99	34.02	1350m:	15:14.28	34.50
200m:	2:09.82	33.36	600m:	6:39.26	34.09	1000m:	11:12.28	34.29	1400m:	15:49.25	34.97
250m:	2:43.17	33.35	650m:	7:13.00	33.74	1050m:	11:46.72	34.44	1450m:	16:22.59	33.34
300m:	3:16.73	33.56	700m:	7:47.45	34.45	1100m:	12:21.14	34.42	1500m:	16:53.96	31.37
350m:	3:49.87	33.14	750m:	8:20.98	33.53	1150m:	12:55.28	34.14			
400m:	4:23.71	33.84	800m:	8:55.43	34.45	1200m:	13:30.27	34.99			
						<b>17:03.26</b>		<b>616</b>			
50m:	30.88	30.88	450m:	5:04.48	34.11	850m:	9:37.46	34.76	1250m:	14:13.19	34.60
100m:	1:04.54	33.66	500m:	5:38.36	33.88	900m:	10:11.99	34.53	1300m:	14:47.88	34.69
150m:	1:38.92	34.38	550m:	6:12.24	33.88	950m:	10:46.74	34.75	1350m:	15:22.37	34.49
200m:	2:12.97	34.05	600m:	6:46.00	33.76	1000m:	11:20.74	34.00	1400m:	15:56.59	34.22
250m:	2:47.70	34.73	650m:	7:20.17	34.17	1050m:	11:55.52	34.78	1450m:	16:30.93	34.34
300m:	3:21.84	34.14	700m:	7:54.22	34.05	1100m:	12:29.69	34.17	1500m:	17:03.26	32.33
350m:	3:56.32	34.48	750m:	8:28.62	34.40	1150m:	13:04.14	34.45			
400m:	4:30.37	34.05	800m:	9:02.70	34.08	1200m:	13:38.59	34.45			
						<b>17:03.34</b>		<b>616</b>			
50m:	29.62	29.62	450m:	4:54.50	33.42	850m:	9:30.86	34.10	1250m:	14:14.74	35.76
100m:	1:02.02	32.40	500m:	5:28.62	34.12	900m:	10:06.57	35.71	1300m:	14:49.14	34.40
150m:	1:34.17	32.15	550m:	6:03.07	34.45	950m:	10:41.74	35.17	1350m:	15:24.30	35.16
200m:	2:07.52	33.35	600m:	6:37.51	34.44	1000m:	11:17.46	35.72	1400m:	15:58.23	33.93
250m:	2:41.08	33.56	650m:	7:11.88	34.37	1050m:	11:52.31	34.85	1450m:	16:31.60	33.37
300m:	3:14.92	33.84	700m:	7:47.05	35.17	1100m:	12:28.23	35.92	1500m:	17:03.34	31.74
350m:	3:47.65	32.73	750m:	8:21.51	34.46	1150m:	13:03.69	35.46			
400m:	4:21.08	33.43	800m:	8:56.76	35.25	1200m:	13:38.98	35.29			
						<b>17:06.19</b>		<b>611</b>			
50m:	30.00	30.00	450m:	5:01.48	34.45	850m:	9:38.21	34.66	1250m:	14:17.02	34.61
100m:	1:02.89	32.89	500m:	5:35.83	34.35	900m:	10:13.00	34.79	1300m:	14:51.61	34.59
150m:	1:36.39	33.50	550m:	6:10.22	34.39	950m:	10:47.86	34.86	1350m:	15:25.98	34.37
200m:	2:10.08	33.69	600m:	6:44.72	34.50	1000m:	11:23.07	35.21	1400m:	16:00.53	34.55
250m:	2:44.38	34.30	650m:	7:19.40	34.68	1050m:	11:57.73	34.66	1450m:	16:34.47	33.94
300m:	3:18.48	34.10	700m:	7:54.26	34.86	1100m:	12:32.63	34.90	1500m:	17:06.19	31.72
350m:	3:52.82	34.34	750m:	8:28.83	34.57	1150m:	13:07.60	34.97			
400m:	4:27.03	34.21	800m:	9:03.55	34.72	1200m:	13:42.41	34.81			
						<b>17:10.36</b>		<b>604</b>			
50m:	31.23	31.23	450m:	4:58.54	33.69	850m:	9:36.31	35.45	1250m:	14:18.62	35.42
100m:	1:04.80	33.57	500m:	5:32.38	33.84	900m:	10:11.45	35.14	1300m:	14:53.64	35.02
150m:	1:38.23	33.43	550m:	6:06.93	34.55	950m:	10:46.87	35.42	1350m:	15:28.83	35.19
200m:	2:11.06	32.83	600m:	6:41.20	34.27	1000m:	11:22.24	35.37	1400m:	16:03.44	34.61
250m:	2:44.38	33.32	650m:	7:16.50	35.30	1050m:	11:57.74	35.50	1450m:	16:38.29	34.85
300m:	3:17.41	33.03	700m:	7:50.86	34.36	1100m:	12:32.80	35.06	1500m:	17:10.36	32.07
350m:	3:51.31	33.90	750m:	8:25.79	34.93	1150m:	13:08.29	35.49			
400m:	4:24.85	33.54	800m:	9:00.86	35.07	1200m:	13:43.20	34.91			

10, , 1500m

			/			R.T.			FINA					
			<b>2002</b>			<b>-2</b>			<b>17:24.42</b>			<b>580</b>		
50m:	30.88	30.88	450m:	4:59.91	34.07	850m:	9:41.08	35.54	1250m:	14:26.11	35.27			
100m:	1:04.27	33.39	500m:	5:34.51	34.60	900m:	10:16.92	35.84	1300m:	15:02.39	36.28			
150m:	1:37.19	32.92	550m:	6:09.25	34.74	950m:	10:52.48	35.56	1350m:	15:37.96	35.57			
200m:	2:10.67	33.48	600m:	6:44.29	35.04	1000m:	11:28.37	35.89	1400m:	16:13.89	35.93			
250m:	2:43.86	33.19	650m:	7:19.68	35.39	1050m:	12:03.83	35.46	1450m:	16:49.20	35.31			
300m:	3:17.99	34.13	700m:	7:54.88	35.20	1100m:	12:39.67	35.84	1500m:	17:24.42	35.22			
350m:	3:51.52	33.53	750m:	8:30.06	35.18	1150m:	13:15.02	35.35						
400m:	4:25.84	34.32	800m:	9:05.54	35.48	1200m:	13:50.84	35.82						
			<b>2002</b>			<b>-2</b>			<b>17:26.35</b>			<b>576</b>		
50m:	31.14	31.14	450m:	5:08.99	35.04	850m:	9:49.87	35.28	1250m:	14:33.41	35.49			
100m:	1:04.94	33.80	500m:	5:43.70	34.71	900m:	10:25.15	35.28	1300m:	15:08.73	35.32			
150m:	1:40.34	35.40	550m:	6:18.91	35.21	950m:	11:00.85	35.70	1350m:	15:44.03	35.30			
200m:	2:14.91	34.57	600m:	6:54.02	35.11	1000m:	11:36.25	35.40	1400m:	16:19.52	35.49			
250m:	2:49.44	34.53	650m:	7:29.13	35.11	1050m:	12:11.48	35.23	1450m:	16:53.14	33.62			
300m:	3:24.09	34.65	700m:	8:04.24	35.11	1100m:	12:47.36	35.88	1500m:	17:26.35	33.21			
350m:	3:59.24	35.15	750m:	8:39.21	34.97	1150m:	13:22.42	35.06						
400m:	4:33.95	34.71	800m:	9:14.59	35.38	1200m:	13:57.92	35.50						
			<b>2004</b>			<b>-2</b>			<b>17:29.03</b>			<b>572</b>		
50m:	31.06	31.06	450m:	5:08.52	35.13	850m:	9:50.24	35.79	1250m:	14:33.42	35.72			
100m:	1:04.96	33.90	500m:	5:43.64	35.12	900m:	10:25.04	34.80	1300m:	15:08.85	35.43			
150m:	1:39.37	34.41	550m:	6:18.70	35.06	950m:	11:00.76	35.72	1350m:	15:44.74	35.89			
200m:	2:13.95	34.58	600m:	6:53.77	35.07	1000m:	11:36.04	35.28	1400m:	16:20.19	35.45			
250m:	2:48.78	34.83	650m:	7:29.11	35.34	1050m:	12:11.71	35.67	1450m:	16:55.21	35.02			
300m:	3:23.35	34.57	700m:	8:04.10	34.99	1100m:	12:46.72	35.01	1500m:	17:29.03	33.82			
350m:	3:58.51	35.16	750m:	8:39.42	35.32	1150m:	13:22.48	35.76						
400m:	4:33.39	34.88	800m:	9:14.45	35.03	1200m:	13:57.70	35.22						
			<b>2003</b>			<b>-2</b>			<b>17:29.80</b>			<b>571</b>		
50m:	29.60	29.60	450m:	5:05.60	35.81	850m:	9:50.38	36.06	1250m:	14:35.84	35.63			
100m:	1:02.36	32.76	500m:	5:41.17	35.57	900m:	10:25.86	35.48	1300m:	15:11.56	35.72			
150m:	1:36.61	34.25	550m:	6:16.32	35.15	950m:	11:01.93	36.07	1350m:	15:48.27	36.71			
200m:	2:10.39	33.78	600m:	6:51.87	35.55	1000m:	11:36.73	34.80	1400m:	16:23.36	35.09			
250m:	2:45.36	34.97	650m:	7:27.33	35.46	1050m:	12:13.05	36.32	1450m:	16:57.77	34.41			
300m:	3:19.88	34.52	700m:	8:03.11	35.78	1100m:	12:48.61	35.56	1500m:	17:29.80	32.03			
350m:	3:55.06	35.18	750m:	8:38.82	35.71	1150m:	13:24.50	35.89						
400m:	4:29.79	34.73	800m:	9:14.32	35.50	1200m:	14:00.21	35.71						
			<b>2003</b>			<b>-1</b>			<b>17:30.80</b>			<b>569</b>		
50m:	30.17	30.17	450m:	5:08.32	35.58	850m:	9:52.23	35.56	1250m:	14:37.44	35.54			
100m:	1:03.80	33.63	500m:	5:43.83	35.51	900m:	10:27.68	35.45	1300m:	15:12.75	35.31			
150m:	1:38.36	34.56	550m:	6:19.13	35.30	950m:	11:03.71	36.03	1350m:	15:48.24	35.49			
200m:	2:12.60	34.24	600m:	6:54.56	35.43	1000m:	11:39.28	35.57	1400m:	16:23.39	35.15			
250m:	2:47.59	34.99	650m:	7:30.43	35.87	1050m:	12:15.19	35.91	1450m:	16:58.27	34.88			
300m:	3:22.41	34.82	700m:	8:05.39	34.96	1100m:	12:50.88	35.69	1500m:	17:30.80	32.53			
350m:	3:57.58	35.17	750m:	8:41.25	35.86	1150m:	13:26.60	35.72						
400m:	4:32.74	35.16	800m:	9:16.67	35.42	1200m:	14:01.90	35.30						
			<b>2003</b>			<b>-2</b>			<b>17:32.44</b>			<b>566</b>		
50m:	30.21	30.21	450m:	5:06.41	35.54	850m:	9:49.64	35.65	1250m:	14:35.03	36.20			
100m:	1:03.68	33.47	500m:	5:41.40	34.99	900m:	10:24.90	35.26	1300m:	15:11.18	36.15			
150m:	1:37.43	33.75	550m:	6:17.01	35.61	950m:	11:00.56	35.66	1350m:	15:47.91	36.73			
200m:	2:11.41	33.98	600m:	6:52.32	35.31	1000m:	11:36.02	35.46	1400m:	16:23.67	35.76			
250m:	2:45.91	34.50	650m:	7:27.96	35.64	1050m:	12:11.61	35.59	1450m:	16:58.39	34.72			
300m:	3:20.70	34.79	700m:	8:03.32	35.36	1100m:	12:47.25	35.64	1500m:	17:32.44	34.05			
350m:	3:55.84	35.14	750m:	8:38.72	35.40	1150m:	13:23.08	35.83						
400m:	4:30.87	35.03	800m:	9:13.99	35.27	1200m:	13:58.83	35.75						

10, , 1500m

				/				R.T.				FINA																																																																																			
				<b>2004</b>				<b>-2</b>				<b>17:40.91</b>				<b>553</b>																																																																															
50m:	32.63	32.63	450m:	5:16.00	35.37	850m:	10:00.17	35.50	1250m:	14:46.14	35.94	100m:	1:08.12	35.49	500m:	5:51.46	35.46	900m:	10:35.87	35.70	1300m:	15:22.61	36.47	150m:	1:42.91	34.79	550m:	6:26.78	35.32	950m:	11:11.30	35.43	1350m:	15:58.52	35.91	200m:	2:18.89	35.98	600m:	7:02.37	35.59	1000m:	11:47.12	35.82	1400m:	16:34.48	35.96	250m:	2:53.71	34.82	650m:	7:37.68	35.31	1050m:	12:22.50	35.38	1450m:	17:08.68	34.20	300m:	3:29.31	35.60	700m:	8:13.29	35.61	1100m:	12:58.40	35.90	1500m:	17:40.91	32.23	350m:	4:04.85	35.54	750m:	8:48.84	35.55	1150m:	13:34.14	35.74				400m:	4:40.63	35.78	800m:	9:24.67	35.83	1200m:	14:10.20	36.06			
				<b>2004</b>				<b>-2</b>				<b>17:41.52</b>				<b>552</b>																																																																															
50m:	32.01	32.01	450m:	5:15.01	35.47	850m:	10:01.37	35.85	1250m:	14:48.24	35.70	100m:	1:07.81	35.80	500m:	5:50.19	35.18	900m:	10:37.14	35.77	1300m:	15:24.21	35.97	150m:	1:42.52	34.71	550m:	6:25.41	35.22	950m:	11:13.04	35.90	1350m:	15:59.82	35.61	200m:	2:17.87	35.35	600m:	7:00.76	35.35	1000m:	11:48.70	35.66	1400m:	16:34.66	34.84	250m:	2:53.42	35.55	650m:	7:37.35	36.59	1050m:	12:24.65	35.95	1450m:	17:08.92	34.26	300m:	3:28.72	35.30	700m:	8:13.08	35.73	1100m:	13:00.54	35.89	1500m:	17:41.52	32.60	350m:	4:04.13	35.41	750m:	8:49.71	36.63	1150m:	13:36.64	36.10				400m:	4:39.54	35.41	800m:	9:25.52	35.81	1200m:	14:12.54	35.90			
				<b>2003</b>				<b>17:42.85</b>				<b>550</b>																																																																																			
50m:	32.81	32.81	450m:	5:15.23	34.98	850m:	10:01.91	35.94	1250m:	14:49.17	35.85	100m:	1:08.57	35.76	500m:	5:49.98	34.75	900m:	10:38.04	36.13	1300m:	15:25.33	36.16	150m:	1:42.98	34.41	550m:	6:25.78	35.80	950m:	11:14.00	35.96	1350m:	16:01.49	36.16	200m:	2:18.04	35.06	600m:	7:00.89	35.11	1000m:	11:49.70	35.70	1400m:	16:37.14	35.65	250m:	2:53.70	35.66	650m:	7:37.51	36.62	1050m:	12:25.63	35.93	1450m:	17:10.67	33.53	300m:	3:29.09	35.39	700m:	8:13.43	35.92	1100m:	13:01.58	35.95	1500m:	17:42.85	32.18	350m:	4:04.78	35.69	750m:	8:50.07	36.64	1150m:	13:37.65	36.07				400m:	4:40.25	35.47	800m:	9:25.97	35.90	1200m:	14:13.32	35.67			
				<b>2004</b>				<b>17:45.50</b>				<b>546</b>																																																																																			
50m:	31.11	31.11	450m:	5:11.98	35.80	850m:	10:00.14	35.78	1250m:	14:49.09	36.39	100m:	1:05.08	33.97	500m:	5:47.93	35.95	900m:	10:36.21	36.07	1300m:	15:24.80	35.71	150m:	1:39.92	34.84	550m:	6:23.76	35.83	950m:	11:12.12	35.91	1350m:	16:00.76	35.96	200m:	2:14.38	34.46	600m:	6:59.43	35.67	1000m:	11:48.14	36.02	1400m:	16:36.58	35.82	250m:	2:50.15	35.77	650m:	7:35.71	36.28	1050m:	12:23.99	35.85	1450m:	17:12.44	35.86	300m:	3:25.43	35.28	700m:	8:11.78	36.07	1100m:	12:59.86	35.87	1500m:	17:45.50	33.06	350m:	4:00.91	35.48	750m:	8:48.10	36.32	1150m:	13:36.39	36.53				400m:	4:36.18	35.27	800m:	9:24.36	36.26	1200m:	14:12.70	36.31			
				<b>2002</b>				<b>17:46.26</b>				<b>545</b>																																																																																			
50m:	30.23	30.23	450m:	5:10.75	35.68	850m:	10:00.43	35.64	1250m:	14:49.40	35.71	100m:	1:04.54	34.31	500m:	5:47.77	37.02	900m:	10:37.22	36.79	1300m:	15:25.80	36.40	150m:	1:38.41	33.87	550m:	6:23.80	36.03	950m:	11:12.71	35.49	1350m:	16:01.41	35.61	200m:	2:13.51	35.10	600m:	6:59.87	36.07	1000m:	11:49.54	36.83	1400m:	16:37.17	35.76	250m:	2:48.26	34.75	650m:	7:35.71	35.84	1050m:	12:25.08	35.54	1450m:	17:12.48	35.31	300m:	3:23.61	35.35	700m:	8:12.08	36.37	1100m:	13:01.47	36.39	1500m:	17:46.26	33.78	350m:	3:58.97	35.36	750m:	8:48.31	36.23	1150m:	13:37.09	35.62				400m:	4:35.07	36.10	800m:	9:24.79	36.48	1200m:	14:13.69	36.60			
				<b>2004</b>				<b>-2</b>				<b>17:50.26</b>				<b>539</b>																																																																															
50m:	31.63	31.63	450m:	5:20.45	35.70	850m:	10:07.25	35.77	1250m:	14:53.38	35.53	100m:	1:07.96	36.33	500m:	5:56.79	36.34	900m:	10:43.43	36.18	1300m:	15:29.25	35.87	150m:	1:43.83	35.87	550m:	6:32.66	35.87	950m:	11:19.16	35.73	1350m:	16:05.13	35.88	200m:	2:20.40	36.57	600m:	7:08.49	35.83	1000m:	11:55.04	35.88	1400m:	16:40.89	35.76	250m:	2:56.35	35.95	650m:	7:44.11	35.62	1050m:	12:30.64	35.60	1450m:	17:15.62	34.73	300m:	3:32.91	36.56	700m:	8:19.65	35.54	1100m:	13:06.35	35.71	1500m:	17:50.26	34.64	350m:	4:08.74	35.83	750m:	8:55.23	35.58	1150m:	13:41.76	35.41				400m:	4:44.75	36.01	800m:	9:31.48	36.25	1200m:	14:17.85	36.09			

10, , 1500m

			/			R.T.			FINA					
			<b>2003</b>			<b>-2</b>			<b>17:57.18</b>			<b>528</b>		
50m:	31.08	31.08	450m:	5:17.42	36.15	850m:	10:07.75	36.96	1250m:	14:57.19	35.93			
100m:	1:06.26	35.18	500m:	5:53.05	35.63	900m:	10:43.80	36.05	1300m:	15:33.64	36.45			
150m:	1:41.58	35.32	550m:	6:29.80	36.75	950m:	11:20.28	36.48	1350m:	16:10.03	36.39			
200m:	2:17.50	35.92	600m:	7:06.03	36.23	1000m:	11:56.25	35.97	1400m:	16:45.88	35.85			
250m:	2:53.07	35.57	650m:	7:42.05	36.02	1050m:	12:32.56	36.31	1450m:	17:21.82	35.94			
300m:	3:29.07	36.00	700m:	8:18.24	36.19	1100m:	13:08.48	35.92	1500m:	17:57.18	35.36			
350m:	4:05.01	35.94	750m:	8:54.63	36.39	1150m:	13:44.98	36.50						
400m:	4:41.27	36.26	800m:	9:30.79	36.16	1200m:	14:21.26	36.28						
			<b>2000</b>			<b>18:05.94</b>			<b>516</b>					
50m:	31.54	31.54	450m:	5:20.37	36.92	850m:	10:13.03	36.86	1250m:	15:05.25	36.10			
100m:	1:06.72	35.18	500m:	5:57.20	36.83	900m:	10:49.26	36.23	1300m:	15:41.46	36.21			
150m:	1:42.63	35.91	550m:	6:33.51	36.31	950m:	11:26.01	36.75	1350m:	16:17.56	36.10			
200m:	2:18.05	35.42	600m:	7:10.12	36.61	1000m:	12:02.75	36.74	1400m:	16:53.82	36.26			
250m:	2:54.37	36.32	650m:	7:46.99	36.87	1050m:	12:39.62	36.87	1450m:	17:30.41	36.59			
300m:	3:30.41	36.04	700m:	8:23.65	36.66	1100m:	13:16.26	36.64	1500m:	18:05.94	35.53			
350m:	4:07.27	36.86	750m:	9:00.27	36.62	1150m:	13:52.75	36.49						
400m:	4:43.45	36.18	800m:	9:36.17	35.90	1200m:	14:29.15	36.40						
			<b>2004</b>			<b>18:13.89</b>			<b>504</b>					
50m:	32.15	32.15	450m:	5:17.21	36.36	850m:	10:18.51	37.59	1250m:	15:16.38	37.22			
100m:	1:07.47	35.32	500m:	5:53.90	36.69	900m:	10:56.03	37.52	1300m:	15:52.94	36.56			
150m:	1:42.70	35.23	550m:	6:31.73	37.83	950m:	11:34.02	37.99	1350m:	16:29.79	36.85			
200m:	2:18.00	35.30	600m:	7:09.07	37.34	1000m:	12:11.02	37.00	1400m:	17:05.57	35.78			
250m:	2:54.01	36.01	650m:	7:47.49	38.42	1050m:	12:47.52	36.50	1450m:	17:40.37	34.80			
300m:	3:29.10	35.09	700m:	8:24.97	37.48	1100m:	13:24.49	36.97	1500m:	18:13.89	33.52			
350m:	4:05.16	36.06	750m:	9:02.79	37.82	1150m:	14:01.74	37.25						
400m:	4:40.85	35.69	800m:	9:40.92	38.13	1200m:	14:39.16	37.42						
			<b>2004</b>			<b>18:36.39</b>			<b>474</b>					
50m:	32.21	32.21	450m:	5:17.23	37.52	850m:	10:21.60	37.90	1250m:	15:29.78	38.68			
100m:	1:06.61	34.40	500m:	5:54.93	37.70	900m:	11:00.02	38.42	1300m:	16:07.86	38.08			
150m:	1:41.17	34.56	550m:	6:32.73	37.80	950m:	11:38.58	38.56	1350m:	16:45.70	37.84			
200m:	2:15.79	34.62	600m:	7:08.87	36.14	1000m:	12:16.67	38.09	1400m:	17:22.79	37.09			
250m:	2:51.11	35.32	650m:	7:48.07	39.20	1050m:	12:55.71	39.04	1450m:	17:59.98	37.19			
300m:	3:26.77	35.66	700m:	8:27.08	39.01	1100m:	13:33.38	37.67	1500m:	18:36.39	36.41			
350m:	4:03.04	36.27	750m:	9:06.47	39.39	1150m:	14:12.64	39.26						
400m:	4:39.71	36.67	800m:	9:43.70	37.23	1200m:	14:51.10	38.46						