



ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ



15 - 19 НОЯБРЯ 2013

124
17.11.2013 - 18:48

, 400m

2000

		4:01.49		RUS		(TUR)		14.12.2012				
		4:09.27										
: FINA 2013						RT		FINA				
1.			1991	-		+0,69	4:04.38		887			
	25m:	12.96	12.96	125m:	1:13.60	15.39	225m:	2:15.25	15.19	325m:	3:17.61	15.58
	50m:	27.59	14.63	150m:	1:29.08	15.48	250m:	2:30.39	15.14	350m:	3:33.43	15.82
	75m:	42.82	15.23	175m:	1:44.54	15.46	275m:	2:46.27	15.88	375m:	3:49.25	15.82
	100m:	58.21	15.39	200m:	2:00.06	15.52	300m:	3:02.03	15.76	400m:	4:04.38	15.13
2.			1988			+0,81	4:09.09		838			
	25m:	13.82	13.82	125m:	1:16.67	15.96	225m:	2:20.20	15.82	325m:	3:22.67	15.65
	50m:	29.06	15.24	150m:	1:32.54	15.87	250m:	2:35.79	15.59	350m:	3:38.26	15.59
	75m:	44.70	15.64	175m:	1:48.51	15.97	275m:	2:51.35	15.56	375m:	3:53.96	15.70
	100m:	1:00.71	16.01	200m:	2:04.38	15.87	300m:	3:07.02	15.67	400m:	4:09.09	15.13
3.			1996			+0,84	4:10.21		826			
	25m:	13.52	13.52	125m:	1:15.33	15.78	225m:	2:18.37	15.86	325m:	3:22.55	16.18
	50m:	28.55	15.03	150m:	1:30.98	15.65	250m:	2:34.20	15.83	350m:	3:38.67	16.12
	75m:	43.96	15.41	175m:	1:46.69	15.71	275m:	2:50.27	16.07	375m:	3:54.79	16.12
	100m:	59.55	15.59	200m:	2:02.51	15.82	300m:	3:06.37	16.10	400m:	4:10.21	15.42
4.			1999			+0,71	4:11.00		819			
	25m:	13.37	13.37	125m:	1:16.46	16.31	225m:	2:20.46	15.93	325m:	3:24.59	16.24
	50m:	28.52	15.15	150m:	1:32.37	15.91	250m:	2:36.51	16.05	350m:	3:40.09	15.50
	75m:	44.47	15.95	175m:	1:48.51	16.14	275m:	2:52.52	16.01	375m:	3:56.14	16.05
	100m:	1:00.15	15.68	200m:	2:04.53	16.02	300m:	3:08.35	15.83	400m:	4:11.00	14.86
5.			1990			+0,82	4:12.05		808			
	25m:	14.25	14.25	125m:	1:17.30	15.98	225m:	2:20.83	15.88	325m:	3:24.85	16.02
	50m:	29.72	15.47	150m:	1:33.12	15.82	250m:	2:36.80	15.97	350m:	3:40.99	16.14
	75m:	45.49	15.77	175m:	1:49.08	15.96	275m:	2:52.87	16.07	375m:	3:56.87	15.88
	100m:	1:01.32	15.83	200m:	2:04.95	15.87	300m:	3:08.83	15.96	400m:	4:12.05	15.18
6.			1997			+0,73	4:13.35		796			
	25m:	13.30	13.30	125m:	1:15.81	15.86	225m:	2:20.21	15.99	325m:	3:25.13	16.13
	50m:	28.49	15.19	150m:	1:31.98	16.17	250m:	2:36.50	16.29	350m:	3:41.33	16.20
	75m:	44.17	15.68	175m:	1:48.16	16.18	275m:	2:52.78	16.28	375m:	3:57.62	16.29
	100m:	59.95	15.78	200m:	2:04.22	16.06	300m:	3:09.00	16.22	400m:	4:13.35	15.73
7.			1998			+0,67	4:14.53		785			
	25m:	13.25	13.25	125m:	1:15.90	16.04	225m:	2:20.40	16.19	325m:	3:25.43	16.24
	50m:	28.38	15.13	150m:	1:31.92	16.02	250m:	2:36.63	16.23	350m:	3:41.96	16.53
	75m:	44.05	15.67	175m:	1:48.02	16.10	275m:	2:52.88	16.25	375m:	3:58.62	16.66
	100m:	59.86	15.81	200m:	2:04.21	16.19	300m:	3:09.19	16.31	400m:	4:14.53	15.91
8.			1994	-		+0,88	4:15.02		780			
	25m:	14.60	14.60	125m:	1:18.11	16.07	225m:	2:22.87	16.17	325m:	3:27.57	16.15
	50m:	30.25	15.65	150m:	1:34.30	16.19	250m:	2:38.95	16.08	350m:	3:43.83	16.26
	75m:	46.04	15.79	175m:	1:50.42	16.12	275m:	2:55.18	16.23	375m:	3:59.86	16.03
	100m:	1:02.04	16.00	200m:	2:06.70	16.28	300m:	3:11.42	16.24	400m:	4:15.02	15.16