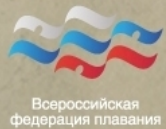




ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ



15 - 19 НОЯБРЯ 2013

122
17.11.2013 - 18:34

, 400m

2000

				3:35.75				(TUR)		10.12.2009		
				3:48.58								
: FINA 2013												
		/						RT		FINA		
1.				1990				+0,76	3:41.97		874	
	25m:	12.01	12.01	125m:	1:06.87	13.84	225m:	2:02.66	14.04	325m:	2:59.33	14.39
	50m:	25.35	13.34	150m:	1:20.59	13.72	250m:	2:16.62	13.96	350m:	3:13.64	14.31
	75m:	39.16	13.81	175m:	1:34.70	14.11	275m:	2:30.77	14.15	375m:	3:28.13	14.49
	100m:	53.03	13.87	200m:	1:48.62	13.92	300m:	2:44.94	14.17	400m:	3:41.97	13.84
2.				1989				+0,72	3:42.05		873	
	25m:	12.03	12.03	125m:	1:07.64	14.07	225m:	2:03.82	14.07	325m:	3:00.66	14.23
	50m:	25.47	13.44	150m:	1:21.66	14.02	250m:	2:17.84	14.02	350m:	3:14.84	14.18
	75m:	39.51	14.04	175m:	1:35.68	14.02	275m:	2:32.10	14.26	375m:	3:28.99	14.15
	100m:	53.57	14.06	200m:	1:49.75	14.07	300m:	2:46.43	14.33	400m:	3:42.05	13.06
3.				1988				+0,88	3:42.71		865	
	25m:	12.37	12.37	125m:	1:07.64	14.01	225m:	2:03.86	14.04	325m:	3:00.83	14.38
	50m:	25.84	13.47	150m:	1:21.74	14.10	250m:	2:18.02	14.16	350m:	3:15.10	14.27
	75m:	39.70	13.86	175m:	1:35.73	13.99	275m:	2:32.22	14.20	375m:	3:29.39	14.29
	100m:	53.63	13.93	200m:	1:49.82	14.09	300m:	2:46.45	14.23	400m:	3:42.71	13.32
4.				1993				+0,70	3:45.37		835	
	25m:	11.98	11.98	125m:	1:08.17	14.11	225m:	2:05.26	14.34	325m:	3:02.95	14.45
	50m:	25.80	13.82	150m:	1:22.40	14.23	250m:	2:19.60	14.34	350m:	3:17.46	14.51
	75m:	39.91	14.11	175m:	1:36.68	14.28	275m:	2:33.98	14.38	375m:	3:31.74	14.28
	100m:	54.06	14.15	200m:	1:50.92	14.24	300m:	2:48.50	14.52	400m:	3:45.37	13.63
5.				1991		-	-	+0,69	3:45.81		830	
	25m:	12.15	12.15	125m:	1:08.31	14.28	225m:	2:05.55	14.32	325m:	3:03.45	14.58
	50m:	25.68	13.53	150m:	1:22.63	14.32	250m:	2:19.91	14.36	350m:	3:17.90	14.45
	75m:	39.70	14.02	175m:	1:36.89	14.26	275m:	2:34.29	14.38	375m:	3:32.22	14.32
	100m:	54.03	14.33	200m:	1:51.23	14.34	300m:	2:48.87	14.58	400m:	3:45.81	13.59
6.				1994		-	-	+0,67	3:46.76		820	
	25m:	12.06	12.06	125m:	1:08.40	14.20	225m:	2:05.79	14.34	325m:	3:03.72	14.45
	50m:	25.76	13.70	150m:	1:22.61	14.21	250m:	2:20.29	14.50	350m:	3:18.30	14.58
	75m:	39.97	14.21	175m:	1:37.04	14.43	275m:	2:34.83	14.54	375m:	3:32.98	14.68
	100m:	54.20	14.23	200m:	1:51.45	14.41	300m:	2:49.27	14.44	400m:	3:46.76	13.78
7.				1991				+0,73	3:50.18		784	
	25m:	12.50	12.50	125m:	1:09.00	14.38	225m:	2:06.85	14.49	325m:	3:05.98	15.00
	50m:	26.15	13.65	150m:	1:23.28	14.28	250m:	2:21.34	14.49	350m:	3:20.91	14.93
	75m:	40.33	14.18	175m:	1:37.79	14.51	275m:	2:36.23	14.89	375m:	3:35.86	14.95
	100m:	54.62	14.29	200m:	1:52.36	14.57	300m:	2:50.98	14.75	400m:	3:50.18	14.32
8.				1993		-	-	+0,72	3:50.37		782	
	25m:	12.41	12.41	125m:	1:08.99	14.46	225m:	2:08.07	14.70	325m:	3:07.55	14.88
	50m:	26.22	13.81	150m:	1:23.71	14.72	250m:	2:22.91	14.84	350m:	3:22.49	14.94
	75m:	40.12	13.90	175m:	1:38.54	14.83	275m:	2:37.83	14.92	375m:	3:37.01	14.52
	100m:	54.53	14.41	200m:	1:53.37	14.83	300m:	2:52.67	14.84	400m:	3:50.37	13.36