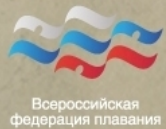




# ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ



15-19 НОЯБРЯ 2013

112  
16.11.2013 - 18:07

, 400m

2000

4:04.51  
4:08.26

25.01.2006

: FINA 2013

								RT			FINA	
1.				1995				+0,63	<b>4:06.02</b>		877	
	25m:	11.71	11.71	125m:	1:12.33	16.05	225m:	2:15.64	17.22	325m:	3:23.26	15.22
	50m:	25.94	14.23	150m:	1:27.47	15.14	250m:	2:32.90	17.26	350m:	3:37.66	14.40
	75m:	40.97	15.03	175m:	1:42.97	15.50	275m:	2:50.44	17.54	375m:	3:51.94	14.28
	100m:	56.28	15.31	200m:	1:58.42	15.45	300m:	3:08.04	17.60	400m:	4:06.02	14.08
2.				1988				+0,71	<b>4:06.54</b>		871	
	25m:	11.90	11.90	125m:	1:12.70	16.01	225m:	2:15.73	17.15	325m:	3:23.50	15.28
	50m:	26.42	14.52	150m:	1:28.17	15.47	250m:	2:33.24	17.51	350m:	3:38.14	14.64
	75m:	41.48	15.06	175m:	1:43.72	15.55	275m:	2:50.66	17.42	375m:	3:52.67	14.53
	100m:	56.69	15.21	200m:	1:58.58	14.86	300m:	3:08.22	17.56	400m:	4:06.54	13.87
3.				1991				+0,79	<b>4:06.66</b>		870	
	25m:	11.66	11.66	125m:	1:12.23	16.24	225m:	2:15.36	16.94	325m:	3:23.44	15.32
	50m:	25.90	14.24	150m:	1:27.55	15.32	250m:	2:32.72	17.36	350m:	3:38.11	14.67
	75m:	40.94	15.04	175m:	1:43.27	15.72	275m:	2:50.43	17.71	375m:	3:52.84	14.73
	100m:	55.99	15.05	200m:	1:58.42	15.15	300m:	3:08.12	17.69	400m:	4:06.66	13.82
4.				1991				+0,75	<b>4:08.46</b>		851	
	25m:	12.08	12.08	125m:	1:12.94	16.24	225m:	2:17.36	17.77	325m:	3:25.50	15.06
	50m:	26.60	14.52	150m:	1:28.41	15.47	250m:	2:34.72	17.36	350m:	3:39.61	14.11
	75m:	41.38	14.78	175m:	1:43.93	15.52	275m:	2:52.54	17.82	375m:	3:54.25	14.64
	100m:	56.70	15.32	200m:	1:59.59	15.66	300m:	3:10.44	17.90	400m:	4:08.46	14.21
5.				1992				+0,73	<b>4:09.27</b>		843	
	25m:	12.21	12.21	125m:	1:13.50	15.77	225m:	2:16.81	17.54	325m:	3:25.56	15.26
	50m:	27.06	14.85	150m:	1:28.54	15.04	250m:	2:34.61	17.80	350m:	3:40.14	14.58
	75m:	42.19	15.13	175m:	1:44.23	15.69	275m:	2:52.37	17.76	375m:	3:54.97	14.83
	100m:	57.73	15.54	200m:	1:59.27	15.04	300m:	3:10.30	17.93	400m:	4:09.27	14.30
6.				1992				+0,71	<b>4:12.11</b>		815	
	25m:	12.00	12.00	125m:	1:13.66	16.96	225m:	2:19.48	18.11	325m:	3:28.71	15.59
	50m:	26.42	14.42	150m:	1:29.31	15.65	250m:	2:37.31	17.83	350m:	3:43.29	14.58
	75m:	41.38	14.96	175m:	1:45.57	16.26	275m:	2:55.17	17.86	375m:	3:57.97	14.68
	100m:	56.70	15.32	200m:	2:01.37	15.80	300m:	3:13.12	17.95	400m:	4:12.11	14.14
7.				1988				+0,77	<b>4:12.68</b>		809	
	25m:	12.43	12.43	125m:	1:15.06	17.18	225m:	2:21.32	17.91	325m:	3:29.96	15.26
	50m:	27.34	14.91	150m:	1:31.22	16.16	250m:	2:38.88	17.56	350m:	3:44.35	14.39
	75m:	42.54	15.20	175m:	1:47.55	16.33	275m:	2:56.98	18.10	375m:	3:58.88	14.53
	100m:	57.88	15.34	200m:	2:03.41	15.86	300m:	3:14.70	17.72	400m:	4:12.68	13.80
8.				1994				+0,78	<b>4:14.28</b>		794	
	25m:	11.90	11.90	125m:	1:14.59	17.26	225m:	2:20.80	18.19	325m:	3:30.66	15.37
	50m:	26.63	14.73	150m:	1:30.79	16.20	250m:	2:38.99	18.19	350m:	3:45.28	14.62
	75m:	41.81	15.18	175m:	1:46.79	16.00	275m:	2:57.01	18.02	375m:	3:59.96	14.68
	100m:	57.33	15.52	200m:	2:02.61	15.82	300m:	3:15.29	18.28	400m:	4:14.28	14.32