

, 21 - 24 2023

12
22.03.2023 - 12:40

, 400m

				4:08.05				Kazan /				25.07.2022	
				4:10.02				(HUN)				23.05.2021	
: FINA 2023													
/													
R.T.													
FINA													
1.				2003				+0,82		4:21.62			809
	50m:	27.55	27.55	150m:	1:33.57	34.47	250m:	2:44.10	37.07	350m:	3:52.26	31.08	
	100m:	59.10	31.55	200m:	2:07.03	33.46	300m:	3:21.18	37.08	400m:	4:21.62	29.36	
2.				2004				+0,79		4:33.96			705
	50m:	28.36	28.36	150m:	1:36.97	36.25	250m:	2:51.95	39.40	350m:	4:03.23	31.56	
	100m:	1:00.72	32.36	200m:	2:12.55	35.58	300m:	3:31.67	39.72	400m:	4:33.96	30.73	
3.				1997				+0,77		4:34.34			702
	50m:	29.09	29.09	150m:	1:37.80	35.46	250m:	2:54.78	42.10	350m:	4:05.92	29.46	
	100m:	1:02.34	33.25	200m:	2:12.68	34.88	300m:	3:36.46	41.68	400m:	4:34.34	28.42	
4.				2005				+0,67		4:34.65			699
	50m:	28.53	28.53	150m:	1:37.64	35.93	250m:	2:51.81	39.57	350m:	4:04.44	32.34	
	100m:	1:01.71	33.18	200m:	2:12.24	34.60	300m:	3:32.10	40.29	400m:	4:34.65	30.21	
5.				2008				+0,77		4:36.32			687
	50m:	28.81	28.81	150m:	1:37.01	34.69	250m:	2:50.79	39.47	350m:	4:04.13	32.66	
	100m:	1:02.32	33.51	200m:	2:11.32	34.31	300m:	3:31.47	40.68	400m:	4:36.32	32.19	
6.				2004				+0,78		4:37.55			678
	50m:	30.07	30.07	150m:	1:38.06	34.74	250m:	2:53.51	41.06	350m:	4:07.19	32.92	
	100m:	1:03.32	33.25	200m:	2:12.45	34.39	300m:	3:34.27	40.76	400m:	4:37.55	30.36	
7.				2007				+0,79		4:38.59			670
	50m:	28.88	28.88	150m:	1:37.75	34.86	250m:	2:52.54	39.67	350m:	4:06.07	32.17	
	100m:	1:02.89	34.01	200m:	2:12.87	35.12	300m:	3:33.90	41.36	400m:	4:38.59	32.52	
8.				2005				+0,76		4:39.02			667
	50m:	29.92	29.92	150m:	1:40.11	36.40	250m:	2:55.68	40.42	350m:	4:07.80	31.84	
	100m:	1:03.71	33.79	200m:	2:15.26	35.15	300m:	3:35.96	40.28	400m:	4:39.02	31.22	
9.				2006				+0,69		4:40.89			654
	50m:	28.64	28.64	150m:	1:39.13	36.75	250m:	2:55.17	40.59	350m:	4:09.02	32.96	
	100m:	1:02.38	33.74	200m:	2:14.58	35.45	300m:	3:36.06	40.89	400m:	4:40.89	31.87	
10.				2006				-1	+0,66	4:45.86			620
	50m:	30.25	30.25	150m:	1:40.25	35.77	250m:	2:57.96	41.68	350m:	4:13.76	34.11	
	100m:	1:04.48	34.23	200m:	2:16.28	36.03	300m:	3:39.65	41.69	400m:	4:45.86	32.10	
11.				2007				-1	+0,81	4:45.88			620
	50m:	30.32	30.32	150m:	1:40.58	35.62	250m:	2:58.08	42.06	350m:	4:13.64	33.88	
	100m:	1:04.96	34.64	200m:	2:16.02	35.44	300m:	3:39.76	41.68	400m:	4:45.88	32.24	
12.				2008				+0,76		4:46.19			618
	50m:	28.99	28.99	150m:	1:40.68	36.17	250m:	2:58.22	41.40	350m:	4:13.76	32.79	
	100m:	1:04.51	35.52	200m:	2:16.82	36.14	300m:	3:40.97	42.75	400m:	4:46.19	32.43	
13.				2008				+0,83		4:46.39			617
	50m:	29.05	29.05	150m:	1:41.60	36.70	250m:	2:59.24	42.02	350m:	4:14.67	33.67	
	100m:	1:04.90	35.85	200m:	2:17.22	35.62	300m:	3:41.00	41.76	400m:	4:46.39	31.72	
14.				2006				+0,78		4:47.40			610
	50m:	29.01	29.01	150m:	1:39.56	36.68	250m:	2:56.87	40.76	350m:	4:13.84	34.46	
	100m:	1:02.88	33.87	200m:	2:16.11	36.55	300m:	3:39.38	42.51	400m:	4:47.40	33.56	

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12,		, 400m						R.T.		FINA		
15.				2005				+0,89	4:52.08	1	581	
	50m:	29.62	29.62	150m:	1:41.27	36.90	250m:	3:02.05	44.31	350m:	4:20.33	33.58
	100m:	1:04.37	34.75	200m:	2:17.74	36.47	300m:	3:46.75	44.70	400m:	4:52.08	31.75
16.				2005				+0,83	4:52.76	1	577	
	50m:	30.05	30.05	150m:	1:45.23	40.66	250m:	3:03.48	40.10	350m:	4:19.21	35.12
	100m:	1:04.57	34.52	200m:	2:23.38	38.15	300m:	3:44.09	40.61	400m:	4:52.76	33.55
17.				2008				+0,77	4:56.64	1	555	
	50m:	30.05	30.05	150m:	1:44.44	38.56	250m:	3:06.14	44.12	350m:	4:23.91	34.02
	100m:	1:05.88	35.83	200m:	2:22.02	37.58	300m:	3:49.89	43.75	400m:	4:56.64	32.73
18.				2008				+0,85	4:58.18	1	546	
	50m:	29.94	29.94	150m:	1:42.64	38.75	250m:	3:03.46	43.20	350m:	4:23.69	35.40
	100m:	1:03.89	33.95	200m:	2:20.26	37.62	300m:	3:48.29	44.83	400m:	4:58.18	34.49
19.				2007				+0,80	5:00.37	1	534	
	50m:	30.06	30.06	150m:	1:44.80	39.22	250m:	3:06.03	43.34	350m:	4:26.70	36.00
	100m:	1:05.58	35.52	200m:	2:22.69	37.89	300m:	3:50.70	44.67	400m:	5:00.37	33.67
20.				2007	1		-1	+0,71	5:01.42	1	529	
	50m:	32.09	32.09	150m:	1:48.90	39.73	250m:	3:10.91	43.17	350m:	4:28.67	34.42
	100m:	1:09.17	37.08	200m:	2:27.74	38.84	300m:	3:54.25	43.34	400m:	5:01.42	32.75
21.				2005				+0,83	5:01.99	1	526	
	50m:	29.77	29.77	150m:	1:44.43	39.10	250m:	3:07.51	44.61	350m:	4:27.67	35.08
	100m:	1:05.33	35.56	200m:	2:22.90	38.47	300m:	3:52.59	45.08	400m:	5:01.99	34.32
22.				2008	1			+0,77	5:05.87	1	506	
	50m:	28.83	28.83	150m:	1:43.28	37.92	250m:	3:06.40	45.64	350m:	4:30.39	36.93
	100m:	1:05.36	36.53	200m:	2:20.76	37.48	300m:	3:53.46	47.06	400m:	5:05.87	35.48
23.				2008	1			+0,74	5:08.51	1	493	
	50m:	31.92	31.92	150m:	1:51.14	42.13	250m:	3:13.89	42.77	350m:	4:34.53	36.96
	100m:	1:09.01	37.09	200m:	2:31.12	39.98	300m:	3:57.57	43.68	400m:	5:08.51	33.98
24.				2008	1			+0,73	5:08.55	1	493	
	50m:	30.44	30.44	150m:	1:46.22	40.75	250m:	3:11.23	46.46	350m:	4:34.61	37.14
	100m:	1:05.47	35.03	200m:	2:24.77	38.55	300m:	3:57.47	46.24	400m:	5:08.55	33.94
25.				2007	1			+0,81	5:10.91	1	482	
	50m:	31.67	31.67	150m:	1:46.40	37.43	250m:	3:08.50	44.85	350m:	4:33.31	39.42
	100m:	1:08.97	37.30	200m:	2:23.65	37.25	300m:	3:53.89	45.39	400m:	5:10.91	37.60
26.				2008	1			+0,80	5:26.98		414	
	50m:	31.34	31.34	150m:	1:52.74	45.48	250m:	3:23.49	47.53	350m:	4:50.67	39.80
	100m:	1:07.26	35.92	200m:	2:35.96	43.22	300m:	4:10.87	47.38	400m:	5:26.98	36.31
DSQ				2008	1					1		
DSQ				2008	1					1		
DSQ				2006								
DSQ				2006								



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12, , 400m

12 , 400m (17-18)
22.03.2023 - 12:40

4:08.05 Kazan / 25.07.2022
4:10.02 (HUN) 23.05.2021

: FINA 2023

									R.T.					FINA			
1.					2005					+0,67	4:34.65					699	
	50m:	28.53	28.53	150m:	1:37.64	35.93	250m:	2:51.81	39.57	350m:	4:04.44	32.34					
	100m:	1:01.71	33.18	200m:	2:12.24	34.60	300m:	3:32.10	40.29	400m:	4:34.65	30.21					
2.					2005					+0,76	4:39.02					667	
	50m:	29.92	29.92	150m:	1:40.11	36.40	250m:	2:55.68	40.42	350m:	4:07.80	31.84					
	100m:	1:03.71	33.79	200m:	2:15.26	35.15	300m:	3:35.96	40.28	400m:	4:39.02	31.22					
3.					2006					+0,69	4:40.89					654	
	50m:	28.64	28.64	150m:	1:39.13	36.75	250m:	2:55.17	40.59	350m:	4:09.02	32.96					
	100m:	1:02.38	33.74	200m:	2:14.58	35.45	300m:	3:36.06	40.89	400m:	4:40.89	31.87					
4.					2006					-1	+0,66	4:45.86					620
	50m:	30.25	30.25	150m:	1:40.25	35.77	250m:	2:57.96	41.68	350m:	4:13.76	34.11					
	100m:	1:04.48	34.23	200m:	2:16.28	36.03	300m:	3:39.65	41.69	400m:	4:45.86	32.10					
5.					2006					+0,78	4:47.40					610	
	50m:	29.01	29.01	150m:	1:39.56	36.68	250m:	2:56.87	40.76	350m:	4:13.84	34.46					
	100m:	1:02.88	33.87	200m:	2:16.11	36.55	300m:	3:39.38	42.51	400m:	4:47.40	33.56					
6.					2005					+0,89	4:52.08	1					581
	50m:	29.62	29.62	150m:	1:41.27	36.90	250m:	3:02.05	44.31	350m:	4:20.33	33.58					
	100m:	1:04.37	34.75	200m:	2:17.74	36.47	300m:	3:46.75	44.70	400m:	4:52.08	31.75					
7.					2005					+0,83	4:52.76	1					577
	50m:	30.05	30.05	150m:	1:45.23	40.66	250m:	3:03.48	40.10	350m:	4:19.21	35.12					
	100m:	1:04.57	34.52	200m:	2:23.38	38.15	300m:	3:44.09	40.61	400m:	4:52.76	33.55					
8.					2005					+0,83	5:01.99	1					526
	50m:	29.77	29.77	150m:	1:44.43	39.10	250m:	3:07.51	44.61	350m:	4:27.67	35.08					
	100m:	1:05.33	35.56	200m:	2:22.90	38.47	300m:	3:52.59	45.08	400m:	5:01.99	34.32					
DSQ					2006												
DSQ					2006												

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