

, 21 - 24 2023

10
22.03.2023 - 11:00

, 400m

				3:43.45				(CHN)				09.08.2008		
				3:47.36				(HUN)				20.08.2019		
: FINA 2023														
				/				R.T.				FINA		
1.				2005				+0,81		3:57.98			790	
	50m:	28.59	28.59	150m:	1:30.80	30.66	250m:	2:31.54	30.11	350m:	3:30.41	29.06		
	100m:	1:00.14	31.55	200m:	2:01.43	30.63	300m:	3:01.35	29.81	400m:	3:57.98	27.57		
2.				1998				+0,77		4:00.59			765	
	50m:	28.10	28.10	150m:	1:28.66	29.76	250m:	2:29.00	29.94	350m:	3:30.13	30.40		
	100m:	58.90	30.80	200m:	1:59.06	30.40	300m:	2:59.73	30.73	400m:	4:00.59	30.46		
3.				2006				-1		+0,81	4:01.70			754
	50m:	29.08	29.08	150m:	1:30.42	31.03	250m:	2:31.01	30.28	350m:	3:31.62	30.82		
	100m:	59.39	30.31	200m:	2:00.73	30.31	300m:	3:00.80	29.79	400m:	4:01.70	30.08		
4.				2007				+0,80		4:02.16			750	
	50m:	27.24	27.24	150m:	1:28.92	30.78	250m:	2:31.57	31.04	350m:	3:33.40	30.44		
	100m:	58.14	30.90	200m:	2:00.53	31.61	300m:	3:02.96	31.39	400m:	4:02.16	28.76		
5.				2005				-1		+0,72	4:03.25			740
	50m:	28.86	28.86	150m:	1:30.73	30.91	250m:	2:31.89	30.34	350m:	3:33.94	31.59		
	100m:	59.82	30.96	200m:	2:01.55	30.82	300m:	3:02.35	30.46	400m:	4:03.25	29.31		
6.				2005				-1		+0,75	4:03.92			734
	50m:	28.89	28.89	150m:	1:30.07	30.05	250m:	2:31.78	31.00	350m:	3:33.76	31.21		
	100m:	1:00.02	31.13	200m:	2:00.78	30.71	300m:	3:02.55	30.77	400m:	4:03.92	30.16		
7.				2004				-1		+0,68	4:04.58			728
	50m:	28.09	28.09	150m:	1:29.63	30.60	250m:	2:31.86	30.85	350m:	3:34.62	31.26		
	100m:	59.03	30.94	200m:	2:01.01	31.38	300m:	3:03.36	31.50	400m:	4:04.58	29.96		
8.				2003				+0,82		4:05.43			720	
	50m:	28.04	28.04	150m:	1:28.42	30.70	250m:	2:31.40	31.83	350m:	3:34.89	32.02		
	100m:	57.72	29.68	200m:	1:59.57	31.15	300m:	3:02.87	31.47	400m:	4:05.43	30.54		
9.				2005				+0,87		4:05.52			720	
	50m:	28.66	28.66	150m:	1:30.50	30.56	250m:	2:32.67	30.80	350m:	3:35.16	30.98		
	100m:	59.94	31.28	200m:	2:01.87	31.37	300m:	3:04.18	31.51	400m:	4:05.52	30.36		
10.				2000				+0,77		4:05.55			719	
	50m:	28.51	28.51	150m:	1:30.11	30.64	250m:	2:32.25	30.97	350m:	3:35.01	31.28		
	100m:	59.47	30.96	200m:	2:01.28	31.17	300m:	3:03.73	31.48	400m:	4:05.55	30.54		
11.				2003				-1		+0,69	4:05.91			716
	50m:	27.78	27.78	150m:	1:30.11	30.79	250m:	2:32.76	30.66	350m:	3:34.89	30.82		
	100m:	59.32	31.54	200m:	2:02.10	31.99	300m:	3:04.07	31.31	400m:	4:05.91	31.02		
12.				2004				+0,77		4:06.16			714	
	50m:	29.06	29.06	150m:	1:32.36	32.10	250m:	2:35.52	31.16	350m:	3:37.53	30.73		
	100m:	1:00.26	31.20	200m:	2:04.36	32.00	300m:	3:06.80	31.28	400m:	4:06.16	28.63		
13.				2005				+0,87		4:06.29			713	
	50m:	29.08	29.08	150m:	1:31.18	31.22	250m:	2:33.30	31.09	350m:	3:36.31	31.79		
	100m:	59.96	30.88	200m:	2:02.21	31.03	300m:	3:04.52	31.22	400m:	4:06.29	29.98		
14.				2001				+0,78		4:07.77			700	
	50m:	28.47	28.47	150m:	1:30.96	31.27	250m:	2:33.91	31.56	350m:	3:37.25	31.49		
	100m:	59.69	31.22	200m:	2:02.35	31.39	300m:	3:05.76	31.85	400m:	4:07.77	30.52		

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	10,	, 400m							R.T.			FINA
15.			2005						+0,81	4:08.06		698
	50m:	28.40	28.40	150m:	1:30.76	31.80	250m:	2:34.49	32.12	350m:	3:38.06	31.78
	100m:	58.96	30.56	200m:	2:02.37	31.61	300m:	3:06.28	31.79	400m:	4:08.06	30.00
16.			2003						+0,82	4:09.74		684
	50m:	29.58	29.58	150m:	1:32.81	31.99	250m:	2:35.98	31.73	350m:	3:39.67	32.02
	100m:	1:00.82	31.24	200m:	2:04.25	31.44	300m:	3:07.65	31.67	400m:	4:09.74	30.07
17.			2008					-1	+0,79	4:10.35		679
	50m:	28.64	28.64	150m:	1:31.19	30.78	250m:	2:34.16	31.19	350m:	3:38.48	31.85
	100m:	1:00.41	31.77	200m:	2:02.97	31.78	300m:	3:06.63	32.47	400m:	4:10.35	31.87
18.			2007						+0,78	4:11.84		667
	50m:	28.76	28.76	150m:	1:33.07	32.54	250m:	2:37.78	32.53	350m:	3:42.19	32.39
	100m:	1:00.53	31.77	200m:	2:05.25	32.18	300m:	3:09.80	32.02	400m:	4:11.84	29.65
19.			2006						+0,93	4:12.06		665
	50m:	29.61	29.61	150m:	1:33.58	32.40	250m:	2:37.66	31.69	350m:	3:41.02	31.13
	100m:	1:01.18	31.57	200m:	2:05.97	32.39	300m:	3:09.89	32.23	400m:	4:12.06	31.04
20.			2007						+0,88	4:12.16		664
	50m:	29.04	29.04	150m:	1:33.12	32.53	250m:	2:37.73	32.34	350m:	3:42.51	32.60
	100m:	1:00.59	31.55	200m:	2:05.39	32.27	300m:	3:09.91	32.18	400m:	4:12.16	29.65
21.			2004						+0,76	4:12.65		660
	50m:	29.00	29.00	150m:	1:32.31	31.68	250m:	2:37.05	32.21	350m:	3:41.56	32.00
	100m:	1:00.63	31.63	200m:	2:04.84	32.53	300m:	3:09.56	32.51	400m:	4:12.65	31.09
22.			2006						+0,77	4:12.88		659
	50m:	29.41	29.41	150m:	1:33.12	32.48	250m:	2:37.99	32.70	350m:	3:42.39	32.20
	100m:	1:00.64	31.23	200m:	2:05.29	32.17	300m:	3:10.19	32.20	400m:	4:12.88	30.49
23.			2005						+0,91	4:13.48		654
	50m:	29.06	29.06	150m:	1:32.73	31.91	250m:	2:37.10	31.97	350m:	3:41.81	31.97
	100m:	1:00.82	31.76	200m:	2:05.13	32.40	300m:	3:09.84	32.74	400m:	4:13.48	31.67
24.			2006						+0,82	4:14.78		644
	50m:	29.09	29.09	150m:	1:33.29	32.21	250m:	2:38.47	32.33	350m:	3:43.31	32.03
	100m:	1:01.08	31.99	200m:	2:06.14	32.85	300m:	3:11.28	32.81	400m:	4:14.78	31.47
25.			2006						+0,80	4:14.84		643
	50m:	29.47	29.47	150m:	1:34.41	32.38	250m:	2:39.39	32.21	350m:	3:44.44	32.33
	100m:	1:02.03	32.56	200m:	2:07.18	32.77	300m:	3:12.11	32.72	400m:	4:14.84	30.40
26.			2003						+0,82	4:15.01		642
	50m:	28.45	28.45	150m:	1:32.84	32.62	250m:	2:37.94	32.45	350m:	3:43.08	32.09
	100m:	1:00.22	31.77	200m:	2:05.49	32.65	300m:	3:10.99	33.05	400m:	4:15.01	31.93
27.			2008					-1	+0,83	4:15.54		638
	50m:	29.66	29.66	150m:	1:34.72	33.61	250m:	2:40.35	32.33	350m:	3:44.57	32.16
	100m:	1:01.11	31.45	200m:	2:08.02	33.30	300m:	3:12.41	32.06	400m:	4:15.54	30.97
28.			2005						+0,78	4:15.69		637
	50m:	28.83	28.83	150m:	1:33.06	32.62	250m:	2:38.51	32.62	350m:	3:44.03	32.80
	100m:	1:00.44	31.61	200m:	2:05.89	32.83	300m:	3:11.23	32.72	400m:	4:15.69	31.66
29.			2006						+0,87	4:16.42		632
	50m:	29.27	29.27	150m:	1:33.69	32.72	250m:	2:39.63	33.09	350m:	3:45.64	33.52
	100m:	1:00.97	31.70	200m:	2:06.54	32.85	300m:	3:12.12	32.49	400m:	4:16.42	30.78

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	10,	, 400m							R.T.			FINA	
30.			2004						+0,79	4:16.90		628	
	50m:	29.55	29.55	150m:	1:33.45	32.37	250m:	2:38.93	32.99	350m:	3:44.91	32.84	
	100m:	1:01.08	31.53	200m:	2:05.94	32.49	300m:	3:12.07	33.14	400m:	4:16.90	31.99	
31.			2005						-1	+0,79	4:16.95	628	
	50m:	28.72	28.72	150m:	1:31.80	31.68	250m:	2:36.82	32.82	350m:	3:45.25	34.17	
	100m:	1:00.12	31.40	200m:	2:04.00	32.20	300m:	3:11.08	34.26	400m:	4:16.95	31.70	
32.			2006						-1	+0,78	4:17.07	627	
	50m:	28.85	28.85	150m:	1:32.53	32.24	250m:	2:37.93	32.62	350m:	3:44.39	33.42	
	100m:	1:00.29	31.44	200m:	2:05.31	32.78	300m:	3:10.97	33.04	400m:	4:17.07	32.68	
33.			2006							+0,94	4:17.21	626	
	50m:	29.74	29.74	150m:	1:34.18	32.74	250m:	2:39.90	33.03	350m:	3:45.64	32.90	
	100m:	1:01.44	31.70	200m:	2:06.87	32.69	300m:	3:12.74	32.84	400m:	4:17.21	31.57	
34.			2007							+0,92	4:17.56	1 623	
	50m:	29.68	29.68	150m:	1:34.82	32.65	250m:	2:40.81	32.91	350m:	3:46.47	32.83	
	100m:	1:02.17	32.49	200m:	2:07.90	33.08	300m:	3:13.64	32.83	400m:	4:17.56	31.09	
35.			2006							+0,71	4:17.58	1 623	
	50m:	28.67	28.67	150m:	1:33.64	32.39	250m:	2:39.24	32.52	350m:	3:45.17	32.82	
	100m:	1:01.25	32.58	200m:	2:06.72	33.08	300m:	3:12.35	33.11	400m:	4:17.58	32.41	
36.			2007							+0,83	4:17.99	1 620	
	50m:	29.80	29.80	150m:	1:35.11	33.08	250m:	2:41.35	33.55	350m:	3:47.00	33.08	
	100m:	1:02.03	32.23	200m:	2:07.80	32.69	300m:	3:13.92	32.57	400m:	4:17.99	30.99	
37.			2008	1						+0,79	4:18.40	1 617	
	50m:	29.64	29.64	150m:	1:34.41	32.96	250m:	2:40.17	33.06	350m:	3:46.56	33.35	
	100m:	1:01.45	31.81	200m:	2:07.11	32.70	300m:	3:13.21	33.04	400m:	4:18.40	31.84	
38.			2006							+0,80	4:18.43	1 617	
	50m:	29.03	29.03	150m:	1:34.32	32.68	250m:	2:40.45	32.50	350m:	3:46.51	32.68	
	100m:	1:01.64	32.61	200m:	2:07.95	33.63	300m:	3:13.83	33.38	400m:	4:18.43	31.92	
39.			2007							-2	+0,82	4:18.50	1 617
	50m:	29.56	29.56	150m:	1:34.02	32.87	250m:	2:40.35	33.52	350m:	3:46.74	33.26	
	100m:	1:01.15	31.59	200m:	2:06.83	32.81	300m:	3:13.48	33.13	400m:	4:18.50	31.76	
40.			2002							+0,97	4:19.06	1 613	
	50m:	30.70	30.70	150m:	1:35.89	32.70	250m:	2:40.96	31.87	350m:	3:46.84	33.42	
	100m:	1:03.19	32.49	200m:	2:09.09	33.20	300m:	3:13.42	32.46	400m:	4:19.06	32.22	
41.			2005							-1	+0,70	4:19.18	1 612
	50m:	29.18	29.18	150m:	1:32.76	32.06	250m:	2:38.62	33.73	350m:	3:46.78	34.48	
	100m:	1:00.70	31.52	200m:	2:04.89	32.13	300m:	3:12.30	33.68	400m:	4:19.18	32.40	
42.			2006							+0,75	4:19.36	1 610	
	50m:	29.82	29.82	150m:	1:35.68	33.12	250m:	2:42.37	33.09	350m:	3:48.23	33.05	
	100m:	1:02.56	32.74	200m:	2:09.28	33.60	300m:	3:15.18	32.81	400m:	4:19.36	31.13	
43.			2008							+0,76	4:19.88	1 607	
	50m:	29.78	29.78	150m:	1:35.53	33.87	250m:	2:42.29	33.29	350m:	3:48.80	33.52	
	100m:	1:01.66	31.88	200m:	2:09.00	33.47	300m:	3:15.28	32.99	400m:	4:19.88	31.08	
44.			2006							-1	+0,79	4:20.32	1 604
	50m:	30.60	30.60	150m:	1:37.81	33.91	250m:	2:44.06	33.04	350m:	3:49.90	33.40	
	100m:	1:03.90	33.30	200m:	2:11.02	33.21	300m:	3:16.50	32.44	400m:	4:20.32	30.42	

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10,		, 400m						R.T.		FINA	
45.				2006				+0,79	4:20.60	1	602
	50m:	28.66	28.66	150m:	1:33.01	32.52	250m:	2:39.07	32.95	350m:	3:47.23
	100m:	1:00.49	31.83	200m:	2:06.12	33.11	300m:	3:13.14	34.07	400m:	4:20.60
46.				2007			-2	+0,81	4:20.73	1	601
	50m:	29.85	29.85	150m:	1:34.14	32.50	250m:	2:39.76	32.98	350m:	3:47.63
	100m:	1:01.64	31.79	200m:	2:06.78	32.64	300m:	3:13.73	33.97	400m:	4:20.73
47.				2007				+0,72	4:21.07	1	598
	50m:	29.38	29.38	150m:	1:35.38	32.83	250m:	2:42.21	33.40	350m:	3:49.25
	100m:	1:02.55	33.17	200m:	2:08.81	33.43	300m:	3:15.71	33.50	400m:	4:21.07
48.				2006				+0,86	4:21.29	1	597
	50m:	29.73	29.73	150m:	1:35.14	32.96	250m:	2:42.62	33.85	350m:	3:49.04
	100m:	1:02.18	32.45	200m:	2:08.77	33.63	300m:	3:16.75	34.13	400m:	4:21.29
49.				2006				+0,73	4:21.63	1	595
	50m:	29.49	29.49	150m:	1:34.43	33.07	250m:	2:40.29	32.97	350m:	3:47.64
	100m:	1:01.36	31.87	200m:	2:07.32	32.89	300m:	3:13.76	33.47	400m:	4:21.63
50.				2007				+0,83	4:22.02	1	592
	50m:	29.83	29.83	150m:	1:35.98	33.33	250m:	2:42.95	33.42	350m:	3:49.57
	100m:	1:02.65	32.82	200m:	2:09.53	33.55	300m:	3:16.35	33.40	400m:	4:22.02
51.				2004				+0,74	4:22.16	1	591
	50m:	28.96	28.96	150m:	1:34.74	33.42	250m:	2:41.72	33.71	350m:	3:50.24
	100m:	1:01.32	32.36	200m:	2:08.01	33.27	300m:	3:16.39	34.67	400m:	4:22.16
52.				2005				+0,71	4:22.72	1	587
	50m:	27.71	27.71	150m:	1:32.45	32.74	250m:	2:40.77	33.73	350m:	3:49.08
	100m:	59.71	32.00	200m:	2:07.04	34.59	300m:	3:15.32	34.55	400m:	4:22.72
53.				2007				+0,96	4:24.05	1	578
	50m:	29.29	29.29	150m:	1:35.08	33.50	250m:	2:42.83	33.33	350m:	3:51.24
	100m:	1:01.58	32.29	200m:	2:09.50	34.42	300m:	3:16.93	34.10	400m:	4:24.05
54.				2004				+0,82	4:24.30	1	577
	50m:	29.72	29.72	150m:	1:35.25	33.45	250m:	2:43.11	34.08	350m:	3:51.16
	100m:	1:01.80	32.08	200m:	2:09.03	33.78	300m:	3:17.33	34.22	400m:	4:24.30
55.				2008 1			-2	+0,80	4:24.33	1	577
	50m:	31.21	31.21	150m:	1:39.03	34.20	250m:	2:46.21	34.21	350m:	3:52.90
	100m:	1:04.83	33.62	200m:	2:12.00	32.97	300m:	3:18.99	32.78	400m:	4:24.33
56.				2007 1			-1	+0,80	4:24.49	1	576
	50m:	29.22	29.22	150m:	1:34.28	33.19	250m:	2:41.74	33.89	350m:	3:51.17
	100m:	1:01.09	31.87	200m:	2:07.85	33.57	300m:	3:16.31	34.57	400m:	4:24.49
57.				2006				+0,81	4:24.57	1	575
	50m:	30.07	30.07	150m:	1:37.03	33.43	250m:	2:45.79	33.78	350m:	3:53.13
	100m:	1:03.60	33.53	200m:	2:12.01	34.98	300m:	3:19.76	33.97	400m:	4:24.57
58.				2007				+0,88	4:25.14	1	571
	50m:	28.19	28.19	150m:	1:34.77	34.27	250m:	2:43.83	34.65	350m:	3:52.29
	100m:	1:00.50	32.31	200m:	2:09.18	34.41	300m:	3:18.00	34.17	400m:	4:25.14
59.				2008 1				+0,87	4:25.46	1	569
	50m:	29.39	29.39	150m:	1:35.44	33.70	250m:	2:44.05	34.36	350m:	3:52.73
	100m:	1:01.74	32.35	200m:	2:09.69	34.25	300m:	3:18.45	34.40	400m:	4:25.46

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10,		, 400m						R.T.		FINA		
60.				2006				+0,89	4:25.53	1	569	
	50m:	29.60	29.60	150m:	1:35.36	33.37	250m:	2:43.59	34.62	350m:	3:52.14	34.46
	100m:	1:01.99	32.39	200m:	2:08.97	33.61	300m:	3:17.68	34.09	400m:	4:25.53	33.39
61.				2005				+0,75	4:26.34	1	564	
	50m:	30.66	30.66	150m:	1:37.98	34.17	250m:	2:46.37	34.22	350m:	3:54.28	33.08
	100m:	1:03.81	33.15	200m:	2:12.15	34.17	300m:	3:21.20	34.83	400m:	4:26.34	32.06
62.				2005				+0,79	4:27.03	1	559	
	50m:	30.11	30.11	150m:	1:36.88	33.85	250m:	2:45.51	34.41	350m:	3:54.44	34.92
	100m:	1:03.03	32.92	200m:	2:11.10	34.22	300m:	3:19.52	34.01	400m:	4:27.03	32.59
63.				2006				+0,71	4:27.13	1	559	
	50m:	30.58	30.58	150m:	1:38.00	34.23	250m:	2:46.80	34.45	350m:	3:57.15	35.45
	100m:	1:03.77	33.19	200m:	2:12.35	34.35	300m:	3:21.70	34.90	400m:	4:27.13	29.98
64.				2008				+0,90	4:27.49	1	556	
	50m:	30.69	30.69	150m:	1:39.46	34.13	250m:	2:47.71	33.76	350m:	3:55.13	33.26
	100m:	1:05.33	34.64	200m:	2:13.95	34.49	300m:	3:21.87	34.16	400m:	4:27.49	32.36
65.				2005				+0,78	4:27.50	1	556	
	50m:	29.02	29.02	150m:	1:36.19	33.90	250m:	2:45.13	34.18	350m:	3:53.80	33.55
	100m:	1:02.29	33.27	200m:	2:10.95	34.76	300m:	3:20.25	35.12	400m:	4:27.50	33.70
66.				2006				+0,68	4:27.92	1	554	
	50m:	29.38	29.38	150m:	1:36.06	34.16	250m:	2:44.37	34.54	350m:	3:54.58	35.32
	100m:	1:01.90	32.52	200m:	2:09.83	33.77	300m:	3:19.26	34.89	400m:	4:27.92	33.34
67.				2005	1			+0,78	4:28.45	1	550	
	50m:	28.90	28.90	150m:	1:35.43	33.78	250m:	2:45.38	34.84	350m:	3:55.36	35.05
	100m:	1:01.65	32.75	200m:	2:10.54	35.11	300m:	3:20.31	34.93	400m:	4:28.45	33.09
68.				2008	1			+0,75	4:28.46	1	550	
	50m:	29.40	29.40	150m:	1:36.22	33.79	250m:	2:45.33	34.48	350m:	3:54.53	34.48
	100m:	1:02.43	33.03	200m:	2:10.85	34.63	300m:	3:20.05	34.72	400m:	4:28.46	33.93
69.				2008				+0,94	4:29.01	1	547	
	50m:	30.27	30.27	150m:	1:37.03	34.16	250m:	2:45.47	34.41	350m:	3:55.07	34.98
	100m:	1:02.87	32.60	200m:	2:11.06	34.03	300m:	3:20.09	34.62	400m:	4:29.01	33.94
70.				2008				+0,84	4:29.65	1	543	
	50m:	30.73	30.73	150m:	1:38.82	34.19	250m:	2:47.90	34.44	350m:	3:56.47	34.08
	100m:	1:04.63	33.90	200m:	2:13.46	34.64	300m:	3:22.39	34.49	400m:	4:29.65	33.18
71.				2007				+0,68	4:30.57	1	538	
	50m:	31.11	31.11	150m:	1:39.51	34.09	250m:	2:47.32	33.29	350m:	3:56.64	33.97
	100m:	1:05.42	34.31	200m:	2:14.03	34.52	300m:	3:22.67	35.35	400m:	4:30.57	33.93
72.				2007				+0,93	4:31.38	1	533	
	50m:	31.85	31.85	150m:	1:40.54	34.02	250m:	2:50.03	34.43	350m:	3:59.63	34.63
	100m:	1:06.52	34.67	200m:	2:15.60	35.06	300m:	3:25.00	34.97	400m:	4:31.38	31.75
73.				2006				+0,75	4:31.40	1	533	
	50m:	28.56	28.56	150m:	1:34.54	33.20	250m:	2:43.27	34.51	350m:	3:56.31	36.70
	100m:	1:01.34	32.78	200m:	2:08.76	34.22	300m:	3:19.61	36.34	400m:	4:31.40	35.09
74.				2007	1			+0,87	4:31.42	1	533	
	50m:	31.41	31.41	150m:	1:41.27	34.88	250m:	2:51.15	34.28	350m:	3:59.01	33.30
	100m:	1:06.39	34.98	200m:	2:16.87	35.60	300m:	3:25.71	34.56	400m:	4:31.42	32.41

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10,	, 400m								R.T.			FINA
75.			/									
			2005						+0,77	4:31.92	1	530
	50m:	29.54	29.54	150m:	1:35.15	33.10	250m:	2:43.66	34.52	350m:	3:55.46	36.03
	100m:	1:02.05	32.51	200m:	2:09.14	33.99	300m:	3:19.43	35.77	400m:	4:31.92	36.46
76.			2008		1				+0,73	4:32.30	1	527
	50m:	31.40	31.40	150m:	1:39.20	33.64	250m:	2:48.61	34.41	350m:	3:58.14	34.63
	100m:	1:05.56	34.16	200m:	2:14.20	35.00	300m:	3:23.51	34.90	400m:	4:32.30	34.16
77.			2008						+0,85	4:32.38	1	527
	50m:	31.31	31.31	150m:	1:40.22	34.49	250m:	2:48.93	33.97	350m:	3:58.49	34.38
	100m:	1:05.73	34.42	200m:	2:14.96	34.74	300m:	3:24.11	35.18	400m:	4:32.38	33.89
78.			2007		1				+0,91	4:32.94	1	524
	50m:	30.34	30.34	150m:	1:38.65	34.31	250m:	2:47.75	34.65	350m:	3:58.21	35.12
	100m:	1:04.34	34.00	200m:	2:13.10	34.45	300m:	3:23.09	35.34	400m:	4:32.94	34.73
79.			2007		1				+0,77	4:33.10	1	523
	50m:	29.96	29.96	150m:	1:39.67	35.01	250m:	2:49.86	34.60	350m:	3:59.28	34.25
	100m:	1:04.66	34.70	200m:	2:15.26	35.59	300m:	3:25.03	35.17	400m:	4:33.10	33.82
80.			2008		1				+0,94	4:34.35		516
	50m:	30.99	30.99	150m:	1:39.97	34.53	250m:	2:50.02	34.89	350m:	4:01.07	35.32
	100m:	1:05.44	34.45	200m:	2:15.13	35.16	300m:	3:25.75	35.73	400m:	4:34.35	33.28
81.			2008		1				+0,76	4:34.44		515
	50m:	31.20	31.20	150m:	1:40.05	35.33	250m:	2:50.91	35.98	350m:	4:01.01	35.13
	100m:	1:04.72	33.52	200m:	2:14.93	34.88	300m:	3:25.88	34.97	400m:	4:34.44	33.43
82.			2008		1				+0,82	4:34.55		515
	50m:	29.16	29.16	150m:	1:38.31	35.06	250m:	2:49.18	35.49	350m:	4:00.01	35.42
	100m:	1:03.25	34.09	200m:	2:13.69	35.38	300m:	3:24.59	35.41	400m:	4:34.55	34.54
83.			2004						+0,75	4:35.45		509
	50m:	30.29	30.29	150m:	1:39.11	35.02	250m:	2:50.22	35.94	350m:	4:02.88	36.55
	100m:	1:04.09	33.80	200m:	2:14.28	35.17	300m:	3:26.33	36.11	400m:	4:35.45	32.57
84.			2005						+0,76	4:35.51		509
	50m:	29.96	29.96	150m:	1:37.37	33.79	250m:	2:47.06	34.62	350m:	3:59.58	36.47
	100m:	1:03.58	33.62	200m:	2:12.44	35.07	300m:	3:23.11	36.05	400m:	4:35.51	35.93
85.			2008		1		-2		+0,82	4:36.06		506
	50m:	31.26	31.26	150m:	1:39.28	34.11	250m:	2:49.07	35.39	350m:	4:01.26	36.28
	100m:	1:05.17	33.91	200m:	2:13.68	34.40	300m:	3:24.98	35.91	400m:	4:36.06	34.80
86.			2007		1				+0,75	4:36.25		505
	50m:	30.58	30.58	150m:	1:39.23	35.42	250m:	2:51.53	36.44	350m:	4:03.01	34.88
	100m:	1:03.81	33.23	200m:	2:15.09	35.86	300m:	3:28.13	36.60	400m:	4:36.25	33.24
87.			2002				-1		+0,87	4:36.52		504
	50m:	31.18	31.18	150m:	1:39.23	35.19	250m:	2:50.25	36.11	350m:	4:02.12	36.14
	100m:	1:04.04	32.86	200m:	2:14.14	34.91	300m:	3:25.98	35.73	400m:	4:36.52	34.40
88.			2008		1				+0,79	4:36.75		502
	50m:	30.65	30.65	150m:	1:41.04	36.16	250m:	2:52.44	35.84	350m:	4:02.66	34.05
	100m:	1:04.88	34.23	200m:	2:16.60	35.56	300m:	3:28.61	36.17	400m:	4:36.75	34.09
89.			2008		1				+0,84	4:36.97		501
	50m:	31.30	31.30	150m:	1:40.95	35.29	250m:	2:52.05	35.82	350m:	4:03.90	36.24
	100m:	1:05.66	34.36	200m:	2:16.23	35.28	300m:	3:27.66	35.61	400m:	4:36.97	33.07



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10,		, 400m						R.T.		FINA		
90.				2005	1			+0,78	4:37.43		499	
	50m:	29.87	29.87	150m:	1:38.70	34.82	250m:	2:49.86	35.38	350m:	4:02.30	35.68
	100m:	1:03.88	34.01	200m:	2:14.48	35.78	300m:	3:26.62	36.76	400m:	4:37.43	35.13
91.				2008	1		-2	+0,80	4:37.46		498	
	50m:	29.99	29.99	150m:	1:39.59	35.76	250m:	2:51.32	36.29	350m:	4:04.00	35.76
	100m:	1:03.83	33.84	200m:	2:15.03	35.44	300m:	3:28.24	36.92	400m:	4:37.46	33.46
92.				2007	1			+0,91	4:38.09		495	
	50m:	31.71	31.71	150m:	1:40.51	35.08	250m:	2:51.41	35.72	350m:	4:04.65	36.87
	100m:	1:05.43	33.72	200m:	2:15.69	35.18	300m:	3:27.78	36.37	400m:	4:38.09	33.44
93.				2008	1			+0,76	4:39.24		489	
	50m:	30.56	30.56	150m:	1:39.72	34.65	250m:	2:51.80	36.05	350m:	4:04.77	36.06
	100m:	1:05.07	34.51	200m:	2:15.75	36.03	300m:	3:28.71	36.91	400m:	4:39.24	34.47
94.				2008	1			+0,86	4:39.83		486	
	50m:	31.96	31.96	150m:	1:42.69	35.68	250m:	2:54.24	36.05	350m:	4:05.50	35.96
	100m:	1:07.01	35.05	200m:	2:18.19	35.50	300m:	3:29.54	35.30	400m:	4:39.83	34.33
95.				2008	1			+0,89	4:40.67		482	
	50m:	31.76	31.76	150m:	1:42.04	35.04	250m:	2:53.22	35.30	350m:	4:06.30	36.12
	100m:	1:07.00	35.24	200m:	2:17.92	35.88	300m:	3:30.18	36.96	400m:	4:40.67	34.37
96.				2007	1		-1	+0,70	4:41.04		480	
	50m:	29.74	29.74	150m:	1:37.33	34.25	250m:	2:49.47	36.51	350m:	4:04.79	37.93
	100m:	1:03.08	33.34	200m:	2:12.96	35.63	300m:	3:26.86	37.39	400m:	4:41.04	36.25
97.				2006				+0,77	4:41.45		478	
	50m:	31.67	31.67	150m:	1:42.22	35.73	250m:	2:54.95	36.05	350m:	4:06.94	35.13
	100m:	1:06.49	34.82	200m:	2:18.90	36.68	300m:	3:31.81	36.86	400m:	4:41.45	34.51
98.				2008	1			+0,82	4:43.14		469	
	50m:	30.85	30.85	150m:	1:41.39	36.34	250m:	2:55.09	37.67	350m:	4:08.06	37.10
	100m:	1:05.05	34.20	200m:	2:17.42	36.03	300m:	3:30.96	35.87	400m:	4:43.14	35.08
99.				2006	1		-2	+0,74	4:43.54		467	
	50m:	30.54	30.54	150m:	1:40.49	35.29	250m:	2:52.73	36.10	350m:	4:07.14	37.26
	100m:	1:05.20	34.66	200m:	2:16.63	36.14	300m:	3:29.88	37.15	400m:	4:43.54	36.40
100.				2006	1			+0,74	4:45.44		458	
	50m:	29.84	29.84	150m:	1:40.50	35.56	250m:	2:54.33	36.73	350m:	4:09.96	37.35
	100m:	1:04.94	35.10	200m:	2:17.60	37.10	300m:	3:32.61	38.28	400m:	4:45.44	35.48
101.				2006				+0,80	4:46.54		453	
	50m:	31.35	31.35	150m:	1:41.59	36.19	250m:	2:56.03	37.57	350m:	4:10.55	37.31
	100m:	1:05.40	34.05	200m:	2:18.46	36.87	300m:	3:33.24	37.21	400m:	4:46.54	35.99
102.				2008	1			+0,86	4:48.81		442	
	50m:	30.46	30.46	150m:	1:41.78	36.51	250m:	2:56.87	37.97	350m:	4:12.86	37.82
	100m:	1:05.27	34.81	200m:	2:18.90	37.12	300m:	3:35.04	38.17	400m:	4:48.81	35.95
103.				2008	1		-2	+0,84	4:51.55		430	
	50m:	30.65	30.65	150m:	1:42.20	36.73	250m:	3:00.36	39.48	350m:	4:15.47	36.97
	100m:	1:05.47	34.82	200m:	2:20.88	38.68	300m:	3:38.50	38.14	400m:	4:51.55	36.08
104.				2006	1			+0,72	5:00.83		391	
	50m:	31.99	31.99	150m:	1:45.61	37.12	250m:	3:01.86	38.40	350m:	4:21.53	39.74
	100m:	1:08.49	36.50	200m:	2:23.46	37.85	300m:	3:41.79	39.93	400m:	5:00.83	39.30

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	10,		, 400m										
				/				R.T.				FINA	
105.				2008	1			+0,75	5:02.08			386	
	50m:	32.52	32.52	150m:	1:48.34	39.16	250m:	3:07.17	39.71	350m:	4:26.20	40.20	
	100m:	1:09.18	36.66	200m:	2:27.46	39.12	300m:	3:46.00	38.83	400m:	5:02.08	35.88	
DNS				2007	1								
DNS				2004				-2					



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10, , 400m
 10 , 400m (17-18)
 22.03.2023 - 11:00

3:43.45 (CHN) 09.08.2008
 3:47.36 (HUN) 20.08.2019

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									R.T.					FINA		
1.									+0,81	3:57.98					790	
	50m:	28.59	28.59	150m:	1:30.80	30.66	250m:	2:31.54	30.11	350m:	3:30.41	29.06				
	100m:	1:00.14	31.55	200m:	2:01.43	30.63	300m:	3:01.35	29.81	400m:	3:57.98	27.57				
2.									-1	+0,81	4:01.70					754
	50m:	29.08	29.08	150m:	1:30.42	31.03	250m:	2:31.01	30.28	350m:	3:31.62	30.82				
	100m:	59.39	30.31	200m:	2:00.73	30.31	300m:	3:00.80	29.79	400m:	4:01.70	30.08				
3.									-1	+0,72	4:03.25					740
	50m:	28.86	28.86	150m:	1:30.73	30.91	250m:	2:31.89	30.34	350m:	3:33.94	31.59				
	100m:	59.82	30.96	200m:	2:01.55	30.82	300m:	3:02.35	30.46	400m:	4:03.25	29.31				
4.									-1	+0,75	4:03.92					734
	50m:	28.89	28.89	150m:	1:30.07	30.05	250m:	2:31.78	31.00	350m:	3:33.76	31.21				
	100m:	1:00.02	31.13	200m:	2:00.78	30.71	300m:	3:02.55	30.77	400m:	4:03.92	30.16				
5.										+0,87	4:05.52					720
	50m:	28.66	28.66	150m:	1:30.50	30.56	250m:	2:32.67	30.80	350m:	3:35.16	30.98				
	100m:	59.94	31.28	200m:	2:01.87	31.37	300m:	3:04.18	31.51	400m:	4:05.52	30.36				
6.										+0,87	4:06.29					713
	50m:	29.08	29.08	150m:	1:31.18	31.22	250m:	2:33.30	31.09	350m:	3:36.31	31.79				
	100m:	59.96	30.88	200m:	2:02.21	31.03	300m:	3:04.52	31.22	400m:	4:06.29	29.98				
7.										+0,81	4:08.06					698
	50m:	28.40	28.40	150m:	1:30.76	31.80	250m:	2:34.49	32.12	350m:	3:38.06	31.78				
	100m:	58.96	30.56	200m:	2:02.37	31.61	300m:	3:06.28	31.79	400m:	4:08.06	30.00				
8.										+0,93	4:12.06					665
	50m:	29.61	29.61	150m:	1:33.58	32.40	250m:	2:37.66	31.69	350m:	3:41.02	31.13				
	100m:	1:01.18	31.57	200m:	2:05.97	32.39	300m:	3:09.89	32.23	400m:	4:12.06	31.04				
9.										+0,77	4:12.88					659
	50m:	29.41	29.41	150m:	1:33.12	32.48	250m:	2:37.99	32.70	350m:	3:42.39	32.20				
	100m:	1:00.64	31.23	200m:	2:05.29	32.17	300m:	3:10.19	32.20	400m:	4:12.88	30.49				
10.										+0,91	4:13.48					654
	50m:	29.06	29.06	150m:	1:32.73	31.91	250m:	2:37.10	31.97	350m:	3:41.81	31.97				
	100m:	1:00.82	31.76	200m:	2:05.13	32.40	300m:	3:09.84	32.74	400m:	4:13.48	31.67				
11.										+0,82	4:14.78					644
	50m:	29.09	29.09	150m:	1:33.29	32.21	250m:	2:38.47	32.33	350m:	3:43.31	32.03				
	100m:	1:01.08	31.99	200m:	2:06.14	32.85	300m:	3:11.28	32.81	400m:	4:14.78	31.47				
12.										+0,80	4:14.84					643
	50m:	29.47	29.47	150m:	1:34.41	32.38	250m:	2:39.39	32.21	350m:	3:44.44	32.33				
	100m:	1:02.03	32.56	200m:	2:07.18	32.77	300m:	3:12.11	32.72	400m:	4:14.84	30.40				
13.										+0,78	4:15.69					637
	50m:	28.83	28.83	150m:	1:33.06	32.62	250m:	2:38.51	32.62	350m:	3:44.03	32.80				
	100m:	1:00.44	31.61	200m:	2:05.89	32.83	300m:	3:11.23	32.72	400m:	4:15.69	31.66				

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10,		, 400m				(17-18)		R.T.		FINA		
14.				2006				+0,87	4:16.42		632	
	50m:	29.27	29.27	150m:	1:33.69	32.72	250m:	2:39.63	33.09	350m:	3:45.64	33.52
	100m:	1:00.97	31.70	200m:	2:06.54	32.85	300m:	3:12.12	32.49	400m:	4:16.42	30.78
15.				2005			-1	+0,79	4:16.95		628	
	50m:	28.72	28.72	150m:	1:31.80	31.68	250m:	2:36.82	32.82	350m:	3:45.25	34.17
	100m:	1:00.12	31.40	200m:	2:04.00	32.20	300m:	3:11.08	34.26	400m:	4:16.95	31.70
16.				2006			-1	+0,78	4:17.07		627	
	50m:	28.85	28.85	150m:	1:32.53	32.24	250m:	2:37.93	32.62	350m:	3:44.39	33.42
	100m:	1:00.29	31.44	200m:	2:05.31	32.78	300m:	3:10.97	33.04	400m:	4:17.07	32.68
17.				2006				+0,94	4:17.21		626	
	50m:	29.74	29.74	150m:	1:34.18	32.74	250m:	2:39.90	33.03	350m:	3:45.64	32.90
	100m:	1:01.44	31.70	200m:	2:06.87	32.69	300m:	3:12.74	32.84	400m:	4:17.21	31.57
18.				2006				+0,71	4:17.58	1	623	
	50m:	28.67	28.67	150m:	1:33.64	32.39	250m:	2:39.24	32.52	350m:	3:45.17	32.82
	100m:	1:01.25	32.58	200m:	2:06.72	33.08	300m:	3:12.35	33.11	400m:	4:17.58	32.41
19.				2006				+0,80	4:18.43	1	617	
	50m:	29.03	29.03	150m:	1:34.32	32.68	250m:	2:40.45	32.50	350m:	3:46.51	32.68
	100m:	1:01.64	32.61	200m:	2:07.95	33.63	300m:	3:13.83	33.38	400m:	4:18.43	31.92
20.				2005			-1	+0,70	4:19.18	1	612	
	50m:	29.18	29.18	150m:	1:32.76	32.06	250m:	2:38.62	33.73	350m:	3:46.78	34.48
	100m:	1:00.70	31.52	200m:	2:04.89	32.13	300m:	3:12.30	33.68	400m:	4:19.18	32.40
21.				2006				+0,75	4:19.36	1	610	
	50m:	29.82	29.82	150m:	1:35.68	33.12	250m:	2:42.37	33.09	350m:	3:48.23	33.05
	100m:	1:02.56	32.74	200m:	2:09.28	33.60	300m:	3:15.18	32.81	400m:	4:19.36	31.13
22.				2006			-1	+0,79	4:20.32	1	604	
	50m:	30.60	30.60	150m:	1:37.81	33.91	250m:	2:44.06	33.04	350m:	3:49.90	33.40
	100m:	1:03.90	33.30	200m:	2:11.02	33.21	300m:	3:16.50	32.44	400m:	4:20.32	30.42
23.				2006				+0,79	4:20.60	1	602	
	50m:	28.66	28.66	150m:	1:33.01	32.52	250m:	2:39.07	32.95	350m:	3:47.23	34.09
	100m:	1:00.49	31.83	200m:	2:06.12	33.11	300m:	3:13.14	34.07	400m:	4:20.60	33.37
24.				2006				+0,86	4:21.29	1	597	
	50m:	29.73	29.73	150m:	1:35.14	32.96	250m:	2:42.62	33.85	350m:	3:49.04	32.29
	100m:	1:02.18	32.45	200m:	2:08.77	33.63	300m:	3:16.75	34.13	400m:	4:21.29	32.25
25.				2006				+0,73	4:21.63	1	595	
	50m:	29.49	29.49	150m:	1:34.43	33.07	250m:	2:40.29	32.97	350m:	3:47.64	33.88
	100m:	1:01.36	31.87	200m:	2:07.32	32.89	300m:	3:13.76	33.47	400m:	4:21.63	33.99
26.				2005				+0,71	4:22.72	1	587	
	50m:	27.71	27.71	150m:	1:32.45	32.74	250m:	2:40.77	33.73	350m:	3:49.08	33.76
	100m:	59.71	32.00	200m:	2:07.04	34.59	300m:	3:15.32	34.55	400m:	4:22.72	33.64
27.				2006				+0,81	4:24.57	1	575	
	50m:	30.07	30.07	150m:	1:37.03	33.43	250m:	2:45.79	33.78	350m:	3:53.13	33.37
	100m:	1:03.60	33.53	200m:	2:12.01	34.98	300m:	3:19.76	33.97	400m:	4:24.57	31.44
28.				2006				+0,89	4:25.53	1	569	
	50m:	29.60	29.60	150m:	1:35.36	33.37	250m:	2:43.59	34.62	350m:	3:52.14	34.46
	100m:	1:01.99	32.39	200m:	2:08.97	33.61	300m:	3:17.68	34.09	400m:	4:25.53	33.39

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10,		, 400m				(17-18)		R.T.		FINA	
29.				2005				+0,75	4:26.34	1	564
	50m:	30.66	30.66	150m:	1:37.98	34.17	250m:	2:46.37	34.22	350m:	3:54.28
	100m:	1:03.81	33.15	200m:	2:12.15	34.17	300m:	3:21.20	34.83	400m:	4:26.34
30.				2005				+0,79	4:27.03	1	559
	50m:	30.11	30.11	150m:	1:36.88	33.85	250m:	2:45.51	34.41	350m:	3:54.44
	100m:	1:03.03	32.92	200m:	2:11.10	34.22	300m:	3:19.52	34.01	400m:	4:27.03
31.				2006				+0,71	4:27.13	1	559
	50m:	30.58	30.58	150m:	1:38.00	34.23	250m:	2:46.80	34.45	350m:	3:57.15
	100m:	1:03.77	33.19	200m:	2:12.35	34.35	300m:	3:21.70	34.90	400m:	4:27.13
32.				2005				+0,78	4:27.50	1	556
	50m:	29.02	29.02	150m:	1:36.19	33.90	250m:	2:45.13	34.18	350m:	3:53.80
	100m:	1:02.29	33.27	200m:	2:10.95	34.76	300m:	3:20.25	35.12	400m:	4:27.50
33.				2006				+0,68	4:27.92	1	554
	50m:	29.38	29.38	150m:	1:36.06	34.16	250m:	2:44.37	34.54	350m:	3:54.58
	100m:	1:01.90	32.52	200m:	2:09.83	33.77	300m:	3:19.26	34.89	400m:	4:27.92
34.				2005	1			+0,78	4:28.45	1	550
	50m:	28.90	28.90	150m:	1:35.43	33.78	250m:	2:45.38	34.84	350m:	3:55.36
	100m:	1:01.65	32.75	200m:	2:10.54	35.11	300m:	3:20.31	34.93	400m:	4:28.45
35.				2006				+0,75	4:31.40	1	533
	50m:	28.56	28.56	150m:	1:34.54	33.20	250m:	2:43.27	34.51	350m:	3:56.31
	100m:	1:01.34	32.78	200m:	2:08.76	34.22	300m:	3:19.61	36.34	400m:	4:31.40
36.				2005				+0,77	4:31.92	1	530
	50m:	29.54	29.54	150m:	1:35.15	33.10	250m:	2:43.66	34.52	350m:	3:55.46
	100m:	1:02.05	32.51	200m:	2:09.14	33.99	300m:	3:19.43	35.77	400m:	4:31.92
37.				2005				+0,76	4:35.51		509
	50m:	29.96	29.96	150m:	1:37.37	33.79	250m:	2:47.06	34.62	350m:	3:59.58
	100m:	1:03.58	33.62	200m:	2:12.44	35.07	300m:	3:23.11	36.05	400m:	4:35.51
38.				2005	1			+0,78	4:37.43		499
	50m:	29.87	29.87	150m:	1:38.70	34.82	250m:	2:49.86	35.38	350m:	4:02.30
	100m:	1:03.88	34.01	200m:	2:14.48	35.78	300m:	3:26.62	36.76	400m:	4:37.43
39.				2006				+0,77	4:41.45		478
	50m:	31.67	31.67	150m:	1:42.22	35.73	250m:	2:54.95	36.05	350m:	4:06.94
	100m:	1:06.49	34.82	200m:	2:18.90	36.68	300m:	3:31.81	36.86	400m:	4:41.45
40.				2006	1		-2	+0,74	4:43.54		467
	50m:	30.54	30.54	150m:	1:40.49	35.29	250m:	2:52.73	36.10	350m:	4:07.14
	100m:	1:05.20	34.66	200m:	2:16.63	36.14	300m:	3:29.88	37.15	400m:	4:43.54
41.				2006	1			+0,74	4:45.44		458
	50m:	29.84	29.84	150m:	1:40.50	35.56	250m:	2:54.33	36.73	350m:	4:09.96
	100m:	1:04.94	35.10	200m:	2:17.60	37.10	300m:	3:32.61	38.28	400m:	4:45.44
42.				2006				+0,80	4:46.54		453
	50m:	31.35	31.35	150m:	1:41.59	36.19	250m:	2:56.03	37.57	350m:	4:10.55
	100m:	1:05.40	34.05	200m:	2:18.46	36.87	300m:	3:33.24	37.21	400m:	4:46.54
43.				2006	1			+0,72	5:00.83		391
	50m:	31.99	31.99	150m:	1:45.61	37.12	250m:	3:01.86	38.40	350m:	4:21.53
	100m:	1:08.49	36.50	200m:	2:23.46	37.85	300m:	3:41.79	39.93	400m:	5:00.83

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