



38
07.05.2022 - 11:31

, 400m

(13-14)

4:36.25
4:43.44
4:50.17

(CHN)

09.08.2008
03.04.2021
18.05.2015

: FINA 2022

				/				R.T.				FINA	
1.				2008				+0,81		4:55.68	731 Q		
	50m:	32.64	32.64	150m:	1:48.64	39.59	250m:	3:05.92	39.84	350m:	4:21.75	35.78	
	100m:	1:09.05	36.41	200m:	2:26.08	37.44	300m:	3:45.97	40.05	400m:	4:55.68	33.93	
2.				2008				+0,76		5:00.33	697 Q		
	50m:	30.50	30.50	150m:	1:45.31	39.00	250m:	3:07.82	44.58	350m:	4:26.80	35.12	
	100m:	1:06.31	35.81	200m:	2:23.24	37.93	300m:	3:51.68	43.86	400m:	5:00.33	33.53	
3.				2008				+0,67		5:04.62	668 Q		
	50m:	31.66	31.66	150m:	1:47.51	40.07	250m:	3:10.06	42.72	350m:	4:30.36	35.45	
	100m:	1:07.44	35.78	200m:	2:27.34	39.83	300m:	3:54.91	44.85	400m:	5:04.62	34.26	
4.				2009				+0,81		5:05.21	664 Q		
	50m:	31.85	31.85	150m:	1:49.07	39.75	250m:	3:11.60	44.25	350m:	4:31.04	34.67	
	100m:	1:09.32	37.47	200m:	2:27.35	38.28	300m:	3:56.37	44.77	400m:	5:05.21	34.17	
5.				2008				+0,78		5:06.42	656 Q		
	50m:	33.06	33.06	150m:	1:50.95	39.20	250m:	3:14.16	45.39	350m:	4:33.70	34.90	
	100m:	1:11.75	38.69	200m:	2:28.77	37.82	300m:	3:58.80	44.64	400m:	5:06.42	32.72	
6.				2008				+0,81		5:09.43	637 Q		
	50m:	31.39	31.39	150m:	1:46.22	37.82	250m:	3:11.81	47.01	350m:	4:35.00	36.78	
	100m:	1:08.40	37.01	200m:	2:24.80	38.58	300m:	3:58.22	46.41	400m:	5:09.43	34.43	
7.				2009				+0,81		5:09.67	636 Q		
	50m:	32.63	32.63	150m:	1:52.10	40.18	250m:	3:12.51	41.15	350m:	4:34.11	37.57	
	100m:	1:11.92	39.29	200m:	2:31.36	39.26	300m:	3:56.54	44.03	400m:	5:09.67	35.56	
8.				2008				- 1	+0,75	5:11.18	627 Q		
	50m:	32.77	32.77	150m:	1:50.47	39.83	250m:	3:14.23	45.43	350m:	4:34.72	36.58	
	100m:	1:10.64	37.87	200m:	2:28.80	38.33	300m:	3:58.14	43.91	400m:	5:11.18	36.46	
9.				2008				- 1	+0,94	5:11.19	627 R		
	50m:	31.42	31.42	150m:	1:48.24	40.32	250m:	3:12.71	45.04	350m:	4:36.25	36.66	
	100m:	1:07.92	36.50	200m:	2:27.67	39.43	300m:	3:59.59	46.88	400m:	5:11.19	34.94	
10.				2008					+0,74	5:11.31	626 R		
	50m:	32.41	32.41	150m:	1:51.27		250m:	3:15.98		350m:	4:37.00		
	100m:	2:29.84	1:57.43	200m:	4:01.55	2:10.28	300m:	5:11.31	1:55.33	400m:	5:11.31	34.31	
11.				2008				- 1	+0,72	5:11.66	624		
	50m:	32.93	32.93	150m:	1:50.32	40.16	250m:	3:14.18	45.91	350m:	4:36.15	36.16	
	100m:	1:10.16	37.23	200m:	2:28.27	37.95	300m:	3:59.99	45.81	400m:	5:11.66	35.51	
12.				2009				- 1	+0,79	5:12.95	616		
	50m:	33.03	33.03	150m:	1:55.14	42.68	250m:	3:19.66	43.00	350m:	4:39.23	36.15	
	100m:	1:12.46	39.43	200m:	2:36.66	41.52	300m:	4:03.08	43.42	400m:	5:12.95	33.72	
13.				2009					+0,83	5:12.99	616		
	50m:	33.74	33.74	150m:	1:52.27	39.52	250m:	3:17.11	44.60	350m:	4:39.02	36.31	
	100m:	1:12.75	39.01	200m:	2:32.51	40.24	300m:	4:02.71	45.60	400m:	5:12.99	33.97	
14.				2009				- 1	+0,67	5:14.00	610		
	50m:	32.16	32.16	150m:	1:49.83	40.81	250m:	3:14.79	45.99	350m:	4:38.14	37.27	
	100m:	1:09.02	36.86	200m:	2:28.80	38.97	300m:	4:00.87	46.08	400m:	5:14.00	35.86	
15.				2008				- 1	+0,63	5:14.34	608		
	50m:	33.72	33.72	150m:	1:53.98	38.89	250m:	3:17.87	46.01	350m:	4:40.16	35.27	
	100m:	1:15.09	41.37	200m:	2:31.86	37.88	300m:	4:04.89	47.02	400m:	5:14.34	34.18	

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OMEGA





		38, , 400m								(13-14)		
		/						R.T.		FINA		
16.			2008					+0,78	5:17.61		589	
	50m:	34.84	34.84	150m:	1:59.71	43.52	250m:	3:24.07	42.11	350m:	4:43.81	36.40
	100m:	1:16.19	41.35	200m:	2:41.96	42.25	300m:	4:07.41	43.34	400m:	5:17.61	33.80
17.			2008					+0,68	5:18.59		584	
	50m:	32.67	32.67	150m:	1:53.59	43.21	250m:	3:19.88	44.93	350m:	4:42.95	37.75
	100m:	1:10.38	37.71	200m:	2:34.95	41.36	300m:	4:05.20	45.32	400m:	5:18.59	35.64
18.			2009					+0,74	5:18.88		582	
	50m:	34.17	34.17	150m:	1:54.20	40.95	250m:	3:19.59	44.46	350m:	4:41.98	36.62
	100m:	1:13.25	39.08	200m:	2:35.13	40.93	300m:	4:05.36	45.77	400m:	5:18.88	36.90
19.			2008 I					+0,86	5:19.00		582	
	50m:	32.73	32.73	150m:	1:53.20	41.69	250m:	3:19.94	46.28	350m:	4:44.04	36.38
	100m:	1:11.51	38.78	200m:	2:33.66	40.46	300m:	4:07.66	47.72	400m:	5:19.00	34.96
20.			2008				- 1	+0,83	5:19.03		581	
	50m:	32.29	32.29	150m:	1:53.19	43.06	250m:	3:19.99	44.96	350m:	4:42.88	37.89
	100m:	1:10.13	37.84	200m:	2:35.03	41.84	300m:	4:04.99	45.00	400m:	5:19.03	36.15
21.			2008					+0,96	5:19.36		580	
	50m:	36.85	36.85	150m:	2:01.10	42.62	250m:	3:24.13	42.66	350m:	4:44.43	38.04
	100m:	1:18.48	41.63	200m:	2:41.47	40.37	300m:	4:06.39	42.26	400m:	5:19.36	34.93
22.			2009				- 1	+0,77	5:19.74		578	
	50m:	33.72	33.72	150m:	1:56.41	41.47	250m:	3:19.46	43.06	350m:	4:42.49	38.67
	100m:	1:14.94	41.22	200m:	2:36.40	39.99	300m:	4:03.82	44.36	400m:	5:19.74	37.25
23.			2009				- 1	+0,73	5:20.04		576	
	50m:	32.79	32.79	150m:	1:55.72	43.67	250m:	3:19.50	42.86	350m:	4:44.24	40.02
	100m:	1:12.05	39.26	200m:	2:36.64	40.92	300m:	4:04.22	44.72	400m:	5:20.04	35.80
24.			2009				- 1	+0,63	5:20.34		574	
	50m:	34.39	34.39	150m:	1:55.40	41.61	250m:	3:21.80	45.44	350m:	4:45.96	36.32
	100m:	1:13.79	39.40	200m:	2:36.36	40.96	300m:	4:09.64	47.84	400m:	5:20.34	34.38
25.			2008					+0,72	5:20.41		574	
	50m:	32.17	32.17	150m:	1:50.17	40.39	250m:	3:18.44	47.30	350m:	4:44.94	37.54
	100m:	1:09.78	37.61	200m:	2:31.14	40.97	300m:	4:07.40	48.96	400m:	5:20.41	35.47
26.			2008					+0,97	5:20.67		573	
	50m:	34.39	34.39	150m:	1:55.66	41.23	250m:	3:21.48	45.72	350m:	4:44.98	37.41
	100m:	1:14.43	40.04	200m:	2:35.76	40.10	300m:	4:07.57	46.09	400m:	5:20.67	35.69
27.			2009				- 1	+0,81	5:20.70		572	
	50m:	33.67	33.67	150m:	1:56.03	41.70	250m:	3:21.47	43.57	350m:	4:45.37	38.84
	100m:	1:14.33	40.66	200m:	2:37.90	41.87	300m:	4:06.53	45.06	400m:	5:20.70	35.33
28.			2008					+0,85	5:20.88		571	
	50m:	32.53	32.53	150m:	1:51.07	41.74	250m:	3:18.42	46.35	350m:	4:44.18	38.45
	100m:	1:09.33	36.80	200m:	2:32.07	41.00	300m:	4:05.73	47.31	400m:	5:20.88	36.70
29.			2008					+0,75	5:21.35		569	
	50m:	33.73	33.73	150m:	1:56.20	42.35	250m:	3:24.91	46.47	350m:	4:47.28	35.99
	100m:	1:13.85	40.12	200m:	2:38.44	42.24	300m:	4:11.29	46.38	400m:	5:21.35	34.07
30.			2008				- 1	+0,76	5:21.66		567	
	50m:	33.53	33.53	150m:	1:56.77	42.92	250m:	3:23.18	45.62	350m:	4:46.19	36.63
	100m:	1:13.85	40.32	200m:	2:37.56	40.79	300m:	4:09.56	46.38	400m:	5:21.66	35.47
31.			2008				- 2	+0,65	5:21.90		566	
	50m:	32.74	32.74	150m:	1:53.74	42.00	250m:	3:21.05	45.32	350m:	4:46.26	37.25
	100m:	1:11.74	39.00	200m:	2:35.73	41.99	300m:	4:09.01	47.96	400m:	5:21.90	35.64
32.			2008 I					+0,78	5:21.91		566	
	50m:	33.34	33.34	150m:	1:54.55	42.11	250m:	3:24.63	50.14	350m:	4:47.51	36.32
	100m:	1:12.44	39.10	200m:	2:34.49	39.94	300m:	4:11.19	46.56	400m:	5:21.91	34.40



		38, , 400m								(13-14)	
		/						R.T.		FINA	
33.			2009				- 2	+1,03	5:22.24		564
	50m:	32.85	150m:	1:54.98	42.20	250m:	3:21.89	46.21	350m:	4:46.84	36.51
	100m:	1:12.78	200m:	2:35.68	40.70	300m:	4:10.33	48.44	400m:	5:22.24	35.40
34.			2009				- 1	+0,59	5:22.75		562
	50m:	35.45	150m:	1:55.57	38.36	250m:	3:20.55	44.78	350m:	4:46.53	38.31
	100m:	1:17.21	200m:	2:35.77	40.20	300m:	4:08.22	47.67	400m:	5:22.75	36.22
35.			2008					+0,75	5:23.21		559
	50m:	34.62	150m:			250m:	3:22.14	46.84	350m:	4:46.57	37.61
	100m:	1:14.15	200m:	2:35.30		300m:	4:08.96	46.82	400m:	5:23.21	36.64
36.			2008					+0,81	5:23.34		559
	50m:	32.99	150m:	1:52.09	41.21	250m:	3:21.03	48.34	350m:	4:47.16	37.06
	100m:	1:10.88	200m:	2:32.69	40.60	300m:	4:10.10	49.07	400m:	5:23.34	36.18
			2008					+0,84	5:23.34		559
	50m:	36.51	150m:	2:01.41	41.14	250m:	3:25.10	43.40	350m:	4:46.48	39.33
	100m:	1:20.27	200m:	2:41.70	40.29	300m:	4:07.15	42.05	400m:	5:23.34	36.86
38.			2009 I				()	+0,82	5:24.23		554
	50m:	35.13	150m:	1:59.42	41.18	250m:	3:24.83	44.41	350m:	4:48.18	36.97
	100m:	1:18.24	200m:	2:40.42	41.00	300m:	4:11.21	46.38	400m:	5:24.23	36.05
39.			2008						5:24.44		553
	50m:	35.69	150m:	1:56.18	41.15	250m:	3:23.38	45.63	350m:	4:47.78	36.89
	100m:	1:15.03	200m:	2:37.75	41.57	300m:	4:10.89	47.51	400m:	5:24.44	36.66
40.			2008 I					+0,78	5:24.50		553
	50m:	36.07	150m:	1:59.92	42.22	250m:	3:25.52	45.44	350m:	4:49.04	38.80
	100m:	1:17.70	200m:	2:40.08	40.16	300m:	4:10.24	44.72	400m:	5:24.50	35.46
41.			2009					+0,72	5:24.56 I		552
	50m:	35.25	150m:	1:57.70	41.78	250m:	3:24.99	45.94	350m:	4:49.15	36.68
	100m:	1:15.92	200m:	2:39.05	41.35	300m:	4:12.47	47.48	400m:	5:24.56	35.41
42.			2008					+0,71	5:25.02 I		550
	50m:	33.65	150m:	1:55.17	41.74	250m:	3:22.53	45.89	350m:	4:47.30	38.04
	100m:	1:13.43	200m:	2:36.64	41.47	300m:	4:09.26	46.73	400m:	5:25.02	37.72
43.			2008				- 1	+0,76	5:25.04 I		550
	50m:	32.76	150m:	1:56.53	43.88	250m:	3:23.42	45.03	350m:	4:47.96	38.38
	100m:	1:12.65	200m:	2:38.39	41.86	300m:	4:09.58	46.16	400m:	5:25.04	37.08
44.			2008 I				-	+0,83	5:25.05 I		550
	50m:	34.13	150m:	1:56.29	41.39	250m:	3:24.50	47.72	350m:	4:49.38	36.91
	100m:	1:14.90	200m:	2:36.78	40.49	300m:	4:12.47	47.97	400m:	5:25.05	35.67
45.			2008					+0,83	5:25.29 I		549
	50m:	33.39	150m:	1:55.18	40.85	250m:	3:22.24	47.06	350m:	4:50.92	40.13
	100m:	1:14.33	200m:	2:35.18	40.00	300m:	4:10.79	48.55	400m:	5:25.29	34.37
46.			2008 I				-	+0,75	5:25.33 I		548
	50m:	33.45	150m:	1:58.23	42.21	250m:	3:24.97	44.25	350m:	4:49.64	38.51
	100m:	1:16.02	200m:	2:40.72	42.49	300m:	4:11.13	46.16	400m:	5:25.33	35.69
47.			2009				- 2	+0,72	5:26.14 I		544
	50m:	36.11	150m:	2:00.28	42.01	250m:	3:27.82	46.22	350m:	4:50.02	37.24
	100m:	1:18.27	200m:	2:41.60	41.32	300m:	4:12.78	44.96	400m:	5:26.14	36.12
48.			2008					+0,77	5:26.65 I		542
	50m:	34.69	150m:	1:58.97	40.65	250m:	3:24.43	45.89	350m:	4:50.07	38.82
	100m:	1:18.32	200m:	2:38.54	39.57	300m:	4:11.25	46.82	400m:	5:26.65	36.58
49.			2008					+0,79	5:27.24 I		539
	50m:	32.65	150m:	1:54.51	42.73	250m:	3:22.21	47.29	350m:	4:48.80	38.87
	100m:	1:11.78	200m:	2:34.92	40.41	300m:	4:09.93	47.72	400m:	5:27.24	38.44



		38, , 400m						(13-14)					
		/						R.T.		FINA			
50.				2008					+0,86	5:27.26	I	539	
	50m:	32.22	32.22	150m:	1:53.21	40.88	250m:	3:22.80	50.13	350m:	4:50.81	38.34	
	100m:	1:12.33	40.11	200m:	2:32.67	39.46	300m:	4:12.47	49.67	400m:	5:27.26	36.45	
51.				2008					- 1	+0,85	5:27.88	I	536
	50m:	34.00	34.00	150m:	1:56.96	43.02	250m:	3:26.18	46.49	350m:	4:52.41	38.64	
	100m:	1:13.94	39.94	200m:	2:39.69	42.73	300m:	4:13.77	47.59	400m:	5:27.88	35.47	
52.				2009	I				+0,85	5:27.94	I	535	
	50m:	32.73	32.73	150m:	1:53.68	43.40	250m:	3:25.17	48.56	350m:	4:51.25	37.73	
	100m:	1:10.28	37.55	200m:	2:36.61	42.93	300m:	4:13.52	48.35	400m:	5:27.94	36.69	
53.				2008	I				+0,63	5:28.12	I	534	
	50m:	34.22	34.22	150m:	1:56.54	41.95	250m:	3:25.28	47.84	350m:	4:51.38	38.18	
	100m:	1:14.59	40.37	200m:	2:37.44	40.90	300m:	4:13.20	47.92	400m:	5:28.12	36.74	
54.				2008					- 1	+0,84	5:29.33	I	529
	50m:	32.93	32.93	150m:	1:54.51	41.45	250m:	3:23.88	48.74	350m:	4:51.67	38.97	
	100m:	1:13.06	40.13	200m:	2:35.14	40.63	300m:	4:12.70	48.82	400m:	5:29.33	37.66	
55.				2008	I				- 1	+0,81	5:29.86	I	526
	50m:	34.27	34.27	150m:	1:59.73	43.99	250m:	3:28.07	45.53	350m:	4:54.60	37.84	
	100m:	1:15.74	41.47	200m:	2:42.54	42.81	300m:	4:16.76	48.69	400m:	5:29.86	35.26	
56.				2008					- 1	+0,89	5:30.23	I	524
	50m:	33.14	33.14	150m:	1:55.14	42.81	250m:	3:23.31	47.45	350m:	4:50.67	39.18	
	100m:	1:12.33	39.19	200m:	2:35.86	40.72	300m:	4:11.49	48.18	400m:	5:30.23	39.56	
57.				2008					+0,77	5:30.29	I	524	
	50m:	36.71	36.71	150m:	2:05.58	43.11	250m:	3:34.16	46.64	350m:	4:55.45	35.80	
	100m:	1:22.47	45.76	200m:	2:47.52	41.94	300m:	4:19.65	45.49	400m:	5:30.29	34.84	
58.				2008					+0,75	5:31.32	I	519	
	50m:	33.04	33.04	150m:	1:54.42	42.55	250m:	3:27.16	50.25	350m:	4:53.47	37.14	
	100m:	1:11.87	38.83	200m:	2:36.91	42.49	300m:	4:16.33	49.17	400m:	5:31.32	37.85	
59.				2008					+0,80	5:31.38	I	519	
	50m:	33.53	33.53	150m:	1:57.17	44.26	250m:	3:27.25	49.25	350m:	4:54.74	38.84	
	100m:	1:12.91	39.38	200m:	2:38.00	40.83	300m:	4:15.90	48.65	400m:	5:31.38	36.64	
60.				2009					+0,77	5:31.68	I	517	
	50m:	33.23	33.23	150m:	1:58.05	43.73	250m:	3:26.58	45.95	350m:	4:54.66	40.33	
	100m:	1:14.32	41.09	200m:	2:40.63	42.58	300m:	4:14.33	47.75	400m:	5:31.68	37.02	
61.				2008					- 1	+0,77	5:32.15	I	515
	50m:	35.63	35.63	150m:	1:59.98	41.71	250m:	3:30.18	49.57	350m:	4:54.21	37.23	
	100m:	1:18.27	42.64	200m:	2:40.61	40.63	300m:	4:16.98	46.80	400m:	5:32.15	37.94	
62.				2009	I				+0,72	5:33.74	I	508	
	50m:	34.99	34.99	150m:	2:02.43	45.53	250m:	3:32.14	46.71	350m:	4:57.52	38.62	
	100m:	1:16.90	41.91	200m:	2:45.43	43.00	300m:	4:18.90	46.76	400m:	5:33.74	36.22	
63.				2009					- 2	+0,86	5:33.90	I	507
	50m:	33.22	33.22	150m:	1:57.67	44.81	250m:	3:29.96	48.54	350m:	4:57.78	37.46	
	100m:	1:12.86	39.64	200m:	2:41.42	43.75	300m:	4:20.32	50.36	400m:	5:33.90	36.12	
64.				2008	I				+0,72	5:33.93	I	507	
	50m:	33.78	33.78	150m:	2:01.10	45.56	250m:	3:28.06	43.92	350m:	4:54.52	40.38	
	100m:	1:15.54	41.76	200m:	2:44.14	43.04	300m:	4:14.14	46.08	400m:	5:33.93	39.41	
65.				2008					+0,77	5:34.47	I	505	
	50m:	35.32	35.32	150m:	2:01.45	44.08	250m:	3:30.31	45.22	350m:	4:56.54	39.94	
	100m:	1:17.37	42.05	200m:	2:45.09	43.64	300m:	4:16.60	46.29	400m:	5:34.47	37.93	
66.				2009	I				+0,76	5:35.45	I	500	
	50m:	34.65	34.65	150m:	1:58.48	44.94	250m:	3:29.59	48.62	350m:	4:58.10	40.31	
	100m:	1:13.54	38.89	200m:	2:40.97	42.49	300m:	4:17.79	48.20	400m:	5:35.45	37.35	



		38, , 400m						(13-14)			
		/						R.T.		FINA	
67.				2009	I	-	- 2	+0,79	5:35.56	I	500
	50m:	34.36	34.36	150m:	2:04.20	45.34	250m:	3:32.70	45.10	350m:	4:58.71
	100m:	1:18.86	44.50	200m:	2:47.60	43.40	300m:	4:20.11	47.41	400m:	5:35.56
68.				2008	I		- 2	+0,74	5:35.76	I	499
	50m:	34.74	34.74	150m:	2:00.41	42.16	250m:	3:31.09	48.05	350m:	4:59.26
	100m:	1:18.25	43.51	200m:	2:43.04	42.63	300m:	4:20.72	49.63	400m:	5:35.76
69.				2008				+0,78	5:36.14	I	497
	50m:	34.32	34.32	150m:	2:00.54	42.83	250m:	3:31.51	49.81	350m:	4:59.45
	100m:	1:17.71	43.39	200m:	2:41.70	41.16	300m:	4:21.82	50.31	400m:	5:36.14
70.				2009					5:36.50	I	495
	50m:	37.82	37.82	150m:	2:03.81	40.78	250m:	3:32.95	48.50	350m:	4:59.83
	100m:	1:23.03	45.21	200m:	2:44.45	40.64	300m:	4:20.73	47.78	400m:	5:36.50
71.				2009	I	-		+0,89	5:37.01	I	493
	50m:	33.51	33.51	150m:	1:58.69	41.33	250m:	3:29.89	49.97	350m:	4:59.40
	100m:	1:17.36	43.85	200m:	2:39.92	41.23	300m:	4:20.35	50.46	400m:	5:37.01
72.				2008				+0,90	5:37.39	I	492
	50m:	34.74	34.74	150m:	1:59.70	41.33	250m:	3:27.83	48.02	350m:	4:58.37
	100m:	1:18.37	43.63	200m:	2:39.81	40.11	300m:	4:18.51	50.68	400m:	5:37.39
73.				2009		- 2		+0,79	5:38.44	I	487
	50m:	38.87	38.87	150m:	2:10.92	42.94	250m:	3:38.29	45.21	350m:	5:02.59
	100m:	1:27.98	49.11	200m:	2:53.08	42.16	300m:	4:23.39	45.10	400m:	5:38.44
74.				2009	I		- 2	+0,74	5:39.95	I	481
	50m:	35.39	35.39	150m:	2:00.00	43.52	250m:	3:33.75	52.03	350m:	5:03.03
	100m:	1:16.48	41.09	200m:	2:41.72	41.72	300m:	4:23.88	50.13	400m:	5:39.95
75.				2008	I		- 1	+0,54	5:40.28	I	479
	50m:	35.57	35.57	150m:	2:06.97	45.88	250m:	3:35.31	44.76	350m:	5:01.84
	100m:	1:21.09	45.52	200m:	2:50.55	43.58	300m:	4:21.12	45.81	400m:	5:40.28
76.				2008			()	+0,82	5:40.34	I	479
	50m:	34.53	34.53	150m:	1:59.66	42.51	250m:	3:29.52	49.11	350m:	5:01.65
	100m:	1:17.15	42.62	200m:	2:40.41	40.75	300m:	4:19.32	49.80	400m:	5:40.34
77.				2008	I		- 2	+0,79	5:41.10	I	476
	50m:	35.64	35.64	150m:	2:05.51	44.07	250m:	3:35.87	49.07	350m:	5:03.24
	100m:	1:21.44	45.80	200m:	2:46.80	41.29	300m:	4:24.22	48.35	400m:	5:41.10
78.				2008				+0,75	5:41.30	I	475
	50m:	37.59	37.59	150m:	2:08.00	45.01	250m:	3:36.46	45.87	350m:	5:02.30
	100m:	1:22.99	45.40	200m:	2:50.59	42.59	300m:	4:21.70	45.24	400m:	5:41.30
79.				2008	I	-		+0,78	5:41.32	I	475
	50m:	35.26	35.26	150m:	2:01.63	43.53	250m:	3:36.13	52.12	350m:	5:06.00
	100m:	1:18.10	42.84	200m:	2:44.01	42.38	300m:	4:28.61	52.48	400m:	5:41.32
80.				2008			- 2	+0,81	5:41.55	I	474
	50m:	35.62	35.62	150m:	2:00.63	41.45	250m:	3:32.63	50.97	350m:	5:03.69
	100m:	1:19.18	43.56	200m:	2:41.66	41.03	300m:	4:23.95	51.32	400m:	5:41.55
81.				2008	I	-	- 2	+0,80	5:41.84	I	473
	50m:	33.92	33.92	150m:	1:57.49	43.74	250m:	3:31.90	51.46	350m:	5:04.28
	100m:	1:13.75	39.83	200m:	2:40.44	42.95	300m:	4:23.75	51.85	400m:	5:41.84
82.				2008	I		- 1	+0,89	5:42.53	I	470
	50m:	35.22	35.22	150m:	2:04.69	44.48	250m:	3:37.48	49.40	350m:	5:06.64
	100m:	1:20.21	44.99	200m:	2:48.08	43.39	300m:	4:29.94	52.46	400m:	5:42.53
83.				2008		-		+0,72	5:44.12	I	463
	50m:	34.10	34.10	150m:	2:01.51	40.81	250m:	3:33.65	51.11	350m:	5:04.23
	100m:	1:20.70	46.60	200m:	2:42.54	41.03	300m:	4:24.81	51.16	400m:	5:44.12



		38, , 400m						(13-14)					
		/						R.T.		FINA			
84.				2008					+0,83	5:44.38	I	462	
	50m:	37.26	37.26	150m:	2:08.15	45.16	250m:	3:37.68	45.22	350m:	5:05.50	41.75	
	100m:	1:22.99	45.73	200m:	2:52.46	44.31	300m:	4:23.75	46.07	400m:	5:44.38	38.88	
85.				2009					- 2	+0,84	5:45.37	I	458
	50m:	36.14	36.14	150m:	2:06.66	45.92	250m:	3:35.86	45.69	350m:	5:05.81	42.19	
	100m:	1:20.74	44.60	200m:	2:50.17	43.51	300m:	4:23.62	47.76	400m:	5:45.37	39.56	
86.				2009					-	+0,95	5:47.39		450
	50m:	38.63	38.63	150m:	2:09.02	46.67	250m:	3:42.20	49.50	350m:	5:10.66	40.34	
	100m:	1:22.35	43.72	200m:	2:52.70	43.68	300m:	4:30.32	48.12	400m:	5:47.39	36.73	
87.				2009					- 2	+0,73	5:47.54		450
	50m:	34.41	34.41	150m:	2:03.08	45.28	250m:	3:38.06	50.44	350m:	5:08.96	40.29	
	100m:	1:17.80	43.39	200m:	2:47.62	44.54	300m:	4:28.67	50.61	400m:	5:47.54	38.58	
88.				2009						+0,84	5:50.35		439
	50m:	36.73	36.73	150m:	2:07.97	44.92	250m:	3:43.12	51.46	350m:	5:13.82	38.50	
	100m:	1:23.05	46.32	200m:	2:51.66	43.69	300m:	4:35.32	52.20	400m:	5:50.35	36.53	
89.				2009						+0,76	5:50.80		437
	50m:	38.61	38.61	150m:	2:15.54	47.81	250m:	3:45.09	45.07	350m:	5:13.45	42.07	
	100m:	1:27.73	49.12	200m:	3:00.02	44.48	300m:	4:31.38	46.29	400m:	5:50.80	37.35	
90.				2009					- 2	+0,76	5:51.20		436
	50m:	36.87	36.87	150m:			250m:	3:43.14	46.44	350m:	5:11.40	41.68	
	100m:	1:24.21	47.34	200m:	2:56.70		300m:	4:29.72	46.58	400m:	5:51.20	39.80	
91.				2008						+0,96	5:54.22		425
	50m:	35.24	35.24	150m:	2:03.23	46.03	250m:	3:41.54	53.01	350m:	5:16.33	39.81	
	100m:	1:17.20	41.96	200m:	2:48.53	45.30	300m:	4:36.52	54.98	400m:	5:54.22	37.89	
92.				2009						+0,46	5:54.33		424
	50m:	40.84	40.84	150m:	2:09.95	42.45	250m:	3:42.24	50.36	350m:	5:15.04	42.88	
	100m:	1:27.50	46.66	200m:	2:51.88	41.93	300m:	4:32.16	49.92	400m:	5:54.33	39.29	
93.				2009						+0,62	5:55.59		420
	50m:	37.51	37.51	150m:	2:05.77	43.75	250m:	3:40.08	51.28	350m:	5:16.09	42.45	
	100m:	1:22.02	44.51	200m:	2:48.80	43.03	300m:	4:33.64	53.56	400m:	5:55.59	39.50	
94.				2008					- 2	+0,89	5:56.62		416
	50m:	38.86	38.86	150m:	2:14.59	49.36	250m:	3:46.55	46.12	350m:	5:17.32	43.95	
	100m:	1:25.23	46.37	200m:	3:00.43	45.84	300m:	4:33.37	46.82	400m:	5:56.62	39.30	
95.				2009						+0,94	5:56.93		415
	50m:	35.87	35.87	150m:	2:02.44	43.70	250m:	3:41.88	57.63	350m:	5:17.58	39.98	
	100m:	1:18.74	42.87	200m:	2:44.25	41.81	300m:	4:37.60	55.72	400m:	5:56.93	39.35	
96.				2009						+0,78	6:03.50		393
	50m:	38.59	38.59	150m:	2:17.58	49.73	250m:	3:50.74	47.06	350m:	5:22.71	43.32	
	100m:	1:27.85	49.26	200m:	3:03.68	46.10	300m:	4:39.39	48.65	400m:	6:03.50	40.79	
97.				2009						+0,99	6:04.14		391
	50m:	36.83	36.83	150m:	2:10.11	47.44	250m:	3:47.85	50.69	350m:	5:21.61	42.54	
	100m:	1:22.67	45.84	200m:	2:57.16	47.05	300m:	4:39.07	51.22	400m:	6:04.14	42.53	
98.				2008						+0,58	6:08.12		378
	50m:	36.94	36.94	150m:	2:10.91	46.65	250m:	3:50.08	54.05	350m:	5:27.17	41.65	
	100m:	1:24.26	47.32	200m:	2:56.03	45.12	300m:	4:45.52	55.44	400m:	6:08.12	40.95	
99.				2009						+0,75	6:19.40		346
	50m:	41.23	41.23	150m:	2:18.57	46.43	250m:	3:56.65	54.99	350m:	5:37.32	45.58	
	100m:	1:32.14	50.91	200m:	3:01.66	43.09	300m:	4:51.74	55.09	400m:	6:19.40	42.08	
DSQ				2008									

САРАНСК
03-07 мая 2022



ПЕРВЕНСТВО РОССИИ по плаванию

среди юношей и девушек



МИНИСТЕРСТВО СПОРТА
РОССИЙСКОЙ ФЕДЕРАЦИИ



ВФП Всероссийская федерация плавания



38, ,400m

(13-14)

	/	R.T.	FINA
DSQ	2009		I
DSQ	2008 I		
DSQ	2008 I		
DNS	2009		

50

OMEGA

СПОНСОРЫ СОРЕВНОВАНИЙ:



УРАЛХИМ



ПОЧТА РОССИИ



СИБУР

MAD WAVE