



**ПЕРВЕНСТВО РОССИИ  
ПО ПЛАВАНИЮ  
СРЕДИ ЮНОШЕЙ И ДЕВУШЕК**

**4-8 МАЯ 2019  
ВОЛГОГРАД**

137  
08.05.2019 - 18:06

, 400m

(15-16 )

4:13.14  
4:14.65 (POL)  
4:22.50

26.04.2009  
14.07.2013  
11.05.2018

: FINA 2019

				/			R.T.			FINA		
1.				2003			<b>4:22.35</b>			802		
	50m:	27.99	27.99	150m:	1:34.51	34.01	250m:	2:44.68	37.06	350m:	3:52.78	30.73
	100m:	1:00.50	32.51	200m:	2:07.62	33.11	300m:	3:22.05	37.37	400m:	4:22.35	29.57
2.				2003			<b>4:28.12</b>			752		
	50m:	28.04	28.04	150m:	1:36.02	35.23	250m:	2:47.51	36.34	350m:	3:57.36	31.38
	100m:	1:00.79	32.75	200m:	2:11.17	35.15	300m:	3:25.98	38.47	400m:	4:28.12	30.76
3.				2003			<b>4:34.65</b>			699		
	50m:	28.95	28.95	150m:	1:39.15	35.91	250m:	2:52.79	38.46	350m:	4:04.10	31.98
	100m:	1:03.24	34.29	200m:	2:14.33	35.18	300m:	3:32.12	39.33	400m:	4:34.65	30.55
4.				2004			<b>4:35.02</b>			696		
	50m:	27.58	27.58	150m:	1:36.79	36.75	250m:	2:51.81	38.59	350m:	4:03.48	32.05
	100m:	1:00.04	32.46	200m:	2:13.22	36.43	300m:	3:31.43	39.62	400m:	4:35.02	31.54
5.				2004			<b>4:35.58</b>			692		
	50m:	27.95	27.95	150m:	1:37.48	35.32	250m:	2:52.49	40.54	350m:	4:05.86	31.68
	100m:	1:02.16	34.21	200m:	2:11.95	34.47	300m:	3:34.18	41.69	400m:	4:35.58	29.72
6.				2003			<b>4:38.69</b>			669		
	50m:	28.87	28.87	150m:	1:40.41	37.52	250m:	2:56.86	39.53	350m:	4:08.76	32.55
	100m:	1:02.89	34.02	200m:	2:17.33	36.92	300m:	3:36.21	39.35	400m:	4:38.69	29.93
7.				2003			<b>4:38.85</b>			668		
	50m:	29.27	29.27	150m:	1:40.40	36.32	250m:	2:54.91	38.96	350m:	4:07.50	32.84
	100m:	1:04.08	34.81	200m:	2:15.95	35.55	300m:	3:34.66	39.75	400m:	4:38.85	31.35
DSQ				2003								



СПОНСОРЫ СОРЕВНОВАНИЙ