

6  
05.11.2019 - 11:14

, 400m

4:18.94	BELMONTE GARCIA Mireia	ESP	Eindhoven (NED)	12.08.2017
4:18.94	BELMONTE GARCIA Mireia	ESP	Eindhoven (NED)	12.08.2017
4:31.13			(GER)	15.11.2009
4:23.33				
4:31.06				
4:37.52				07.11.2018

: FINA 2019

								R.T.			FINA	
1.			2000					+0,70	<b>4:43.02</b>		Q	
	25m:	13.22	13.22	125m:	1:23.61	18.70	225m:	2:36.58	19.91	325m:	3:54.92	17.62
	50m:	29.68	16.46	150m:	1:41.29	17.68	250m:	2:56.78	20.20	350m:	4:11.32	16.40
	75m:	46.92	17.24	175m:	1:59.06	17.77	275m:	3:17.02	20.24	375m:	4:27.52	16.20
	100m:	1:04.91	17.99	200m:	2:16.67	17.61	300m:	3:37.30	20.28	400m:	4:43.02	15.50
2.			2001			-		+0,66	<b>4:43.48</b>		Q	
	25m:	13.82	13.82	125m:	1:25.05	18.67	225m:	2:38.60	19.71	325m:	3:54.63	17.14
	50m:	30.81	16.99	150m:	1:42.88	17.83	250m:	2:57.75	19.15	350m:	4:11.05	16.42
	75m:	48.51	17.70	175m:	2:01.02	18.14	275m:	3:17.36	19.61	375m:	4:27.64	16.59
	100m:	1:06.38	17.87	200m:	2:18.89	17.87	300m:	3:37.49	20.13	400m:	4:43.48	15.84
3.			1993			-		+0,74	<b>4:45.29</b>		Q	
	25m:	13.71	13.71	125m:	1:24.61	18.54	225m:	2:36.91	19.83	325m:	3:55.50	17.71
	50m:	30.19	16.48	150m:	1:42.10	17.49	250m:	2:57.01	20.10	350m:	4:12.40	16.90
	75m:	47.85	17.66	175m:	1:59.64	17.54	275m:	3:17.33	20.32	375m:	4:29.21	16.81
	100m:	1:06.07	18.22	200m:	2:17.08	17.44	300m:	3:37.79	20.46	400m:	4:45.29	16.08
4.			1999					+0,83	<b>4:45.39</b>		Q	
	25m:	14.00	14.00	125m:	1:25.57	19.12	225m:	2:39.40	19.93	325m:	3:57.46	17.29
	50m:	30.85	16.85	150m:	1:43.48	17.91	250m:	2:59.29	19.89	350m:	4:13.80	16.34
	75m:	48.38	17.53	175m:	2:01.54	18.06	275m:	3:19.57	20.28	375m:	4:30.08	16.28
	100m:	1:06.45	18.07	200m:	2:19.47	17.93	300m:	3:40.17	20.60	400m:	4:45.39	15.31
5.			1995					+0,83	<b>4:45.95</b>		Q	
	25m:	13.72	13.72	125m:	1:24.45	18.79	225m:	2:39.00	20.88	325m:	3:57.59	16.97
	50m:	30.40	16.68	150m:	1:42.40	17.95	250m:	2:59.32	20.32	350m:	4:13.81	16.22
	75m:	47.76	17.36	175m:	2:00.43	18.03	275m:	3:19.83	20.51	375m:	4:30.17	16.36
	100m:	1:05.66	17.90	200m:	2:18.12	17.69	300m:	3:40.62	20.79	400m:	4:45.95	15.78
6.			2003				-1	+0,67	<b>4:46.20</b>		Q	
	25m:	14.33	14.33	125m:	1:26.77	18.66	225m:	2:39.88	20.04	325m:	3:57.06	17.29
	50m:	31.61	17.28	150m:	1:44.31	17.54	250m:	2:59.52	19.64	350m:	4:13.59	16.53
	75m:	49.72	18.11	175m:	2:02.07	17.76	275m:	3:19.67	20.15	375m:	4:30.14	16.55
	100m:	1:08.11	18.39	200m:	2:19.84	17.77	300m:	3:39.77	20.10	400m:	4:46.20	16.06
7.			2000					+0,68	<b>4:46.74</b>		Q	
	25m:	13.82	13.82	125m:	1:24.24	18.40	225m:	2:38.43	20.50	325m:	3:57.95	17.36
	50m:	30.61	16.79	150m:	1:42.17	17.93	250m:	2:59.16	20.73	350m:	4:14.56	16.61
	75m:	48.07	17.46	175m:	2:00.36	18.19	275m:	3:19.83	20.67	375m:	4:31.27	16.71
	100m:	1:05.84	17.77	200m:	2:17.93	17.57	300m:	3:40.59	20.76	400m:	4:46.74	15.47
8.			2004					+0,70	<b>4:47.01</b>		Q	
	25m:	13.66	13.66	125m:	1:25.08	18.57	225m:	2:38.94	19.84	325m:	3:57.80	17.24
	50m:	30.96	17.30	150m:	1:43.17	18.09	250m:	2:59.64	20.70	350m:	4:14.01	16.21
	75m:	48.66	17.70	175m:	2:01.51	18.34	275m:	3:20.06	20.42	375m:	4:30.79	16.78
	100m:	1:06.51	17.85	200m:	2:19.10	17.59	300m:	3:40.56	20.50	400m:	4:47.01	16.22



# ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ



05-10 НОЯБРЯ  
КАЗАНЬ 2019

6, , 400m

								R.T.	FINA			
9.			2002					+0,80	<b>4:47.41</b>	R		
	25m:	14.19	14.19	125m:	1:25.14	17.57	225m:	2:38.15	21.08	325m:	3:59.14	16.89
	50m:	31.27	17.08	150m:	1:42.31	17.17	250m:	2:59.83	21.68	350m:	4:15.39	16.25
	75m:	49.15	17.88	175m:	1:59.53	17.22	275m:	3:21.10	21.27	375m:	4:31.81	16.42
	100m:	1:07.57	18.42	200m:	2:17.07	17.54	300m:	3:42.25	21.15	400m:	4:47.41	15.60
10.			2002					+0,83	<b>4:49.27</b>	R		
	25m:	13.87	13.87	125m:	1:25.90	19.57	225m:	2:42.18	20.62	325m:	4:01.29	17.25
	50m:	30.40	16.53	150m:	1:44.31	18.41	250m:	3:02.68	20.50	350m:	4:17.50	16.21
	75m:	47.68	17.28	175m:	2:02.95	18.64	275m:	3:23.41	20.73	375m:	4:33.67	16.17
	100m:	1:06.33	18.65	200m:	2:21.56	18.61	300m:	3:44.04	20.63	400m:	4:49.27	15.60
11.			2002					+0,80	<b>4:49.41</b>			
	25m:	14.01	14.01	125m:	1:24.20	18.44	225m:	2:39.29	21.43	325m:	4:00.94	17.00
	50m:	30.70	16.69	150m:	1:42.15	17.95	250m:	3:00.54	21.25	350m:	4:17.52	16.58
	75m:	48.12	17.42	175m:	2:00.01	17.86	275m:	3:22.11	21.57	375m:	4:34.01	16.49
	100m:	1:05.76	17.64	200m:	2:17.86	17.85	300m:	3:43.94	21.83	400m:	4:49.41	15.40
12.			2002					-1	+0,75	<b>4:50.62</b>		
	25m:	14.13	14.13	125m:	1:25.43	18.43	225m:	2:40.92	20.91	325m:	4:01.26	17.12
	50m:	31.21	17.08	150m:	1:43.21	17.78	250m:	3:01.88	20.96	350m:	4:17.86	16.60
	75m:	48.77	17.56	175m:	2:01.82	18.61	275m:	3:22.78	20.90	375m:	4:34.40	16.54
	100m:	1:07.00	18.23	200m:	2:20.01	18.19	300m:	3:44.14	21.36	400m:	4:50.62	16.22
13.			2001					-1	+0,65	<b>4:51.01</b>		
	25m:	14.23	14.23	125m:	1:26.25	19.11	225m:	2:41.69	19.89	325m:	4:00.85	17.73
	50m:	31.25	17.02	150m:	1:44.76	18.51	250m:	3:01.64	19.95	350m:	4:18.00	17.15
	75m:	48.68	17.43	175m:	2:03.36	18.60	275m:	3:22.34	20.70	375m:	4:34.82	16.82
	100m:	1:07.14	18.46	200m:	2:21.80	18.44	300m:	3:43.12	20.78	400m:	4:51.01	16.19
14.			1999					-2	+0,75	<b>4:53.97</b>		
	25m:	14.20	14.20	125m:	1:26.83	19.45	225m:	2:41.81	20.75	325m:	4:03.33	17.39
	50m:	31.18	16.98	150m:	1:44.86	18.03	250m:	3:03.12	21.31	350m:	4:20.69	17.36
	75m:	48.92	17.74	175m:	2:02.64	17.78	275m:	3:24.27	21.15	375m:	4:37.76	17.07
	100m:	1:07.38	18.46	200m:	2:21.06	18.42	300m:	3:45.94	21.67	400m:	4:53.97	16.21
15.			2001					-1	+0,77	<b>4:58.19</b>		
	25m:	14.19	14.19	125m:	1:25.11	19.50	225m:	2:42.88	21.63	325m:	4:06.21	17.74
	50m:	30.69	16.50	150m:	1:43.61	18.50	250m:	3:04.69	21.81	350m:	4:23.51	17.30
	75m:	47.89	17.20	175m:	2:02.46	18.85	275m:	3:26.56	21.87	375m:	4:41.22	17.71
	100m:	1:05.61	17.72	200m:	2:21.25	18.79	300m:	3:48.47	21.91	400m:	4:58.19	16.97
16.			2004					-1	+0,76	<b>4:58.54</b>		
	25m:	14.39	14.39	125m:	1:29.77	21.08	225m:	2:49.40	20.44	325m:	4:07.60	17.64
	50m:	31.66	17.27	150m:	1:49.75	19.98	250m:	3:09.57	20.17	350m:	4:24.95	17.35
	75m:	49.67	18.01	175m:	2:09.67	19.92	275m:	3:29.65	20.08	375m:	4:42.16	17.21
	100m:	1:08.69	19.02	200m:	2:28.96	19.29	300m:	3:49.96	20.31	400m:	4:58.54	16.38
17.			1996						+0,77	<b>4:58.56</b>		
	25m:	14.42	14.42	125m:	1:28.66	19.79	225m:	2:45.19	21.45	325m:	4:08.12	18.02
	50m:	32.08	17.66	150m:	1:46.97	18.31	250m:	3:06.71	21.52	350m:	4:25.09	16.97
	75m:	50.24	18.16	175m:	2:05.51	18.54	275m:	3:28.38	21.67	375m:	4:42.24	17.15
	100m:	1:08.87	18.63	200m:	2:23.74	18.23	300m:	3:50.10	21.72	400m:	4:58.56	16.32
18.			2004					-2	+0,71	<b>4:58.62</b>		
	25m:	14.77	14.77	125m:	1:30.14	19.20	225m:	2:47.90	21.16	325m:	4:08.69	17.98
	50m:	32.98	18.21	150m:	1:48.90	18.76	250m:	3:08.77	20.87	350m:	4:25.81	17.12
	75m:	51.98	19.00	175m:	2:08.07	19.17	275m:	3:29.81	21.04	375m:	4:42.81	17.00
	100m:	1:10.94	18.96	200m:	2:26.74	18.67	300m:	3:50.71	20.90	400m:	4:58.62	15.81

ГЕНЕРАЛЬНЫЙ СПОНСОР  
СОРЕВНОВАНИЙ



СПОНСОРЫ СОРЕВНОВАНИЙ





# ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ



**05-10 НОЯБРЯ  
КАЗАНЬ 2019**

6, , 400m

								R.T.		FINA		
19.			2004			-1		+0,76	<b>5:01.23</b>			
	25m:	14.19	14.19	125m:	1:28.56	21.00	225m:	2:48.70	20.59	325m:	4:10.16	17.75
	50m:	31.25	17.06	150m:	1:48.36	19.80	250m:	3:09.73	21.03	350m:	4:27.50	17.34
	75m:	49.37	18.12	175m:	2:08.37	20.01	275m:	3:31.08	21.35	375m:	4:44.91	17.41
	100m:	1:07.56	18.19	200m:	2:28.11	19.74	300m:	3:52.41	21.33	400m:	5:01.23	16.32
20.			2001					+0,75	<b>5:01.72</b>			
	25m:	14.61	14.61	125m:	1:28.66	19.15	225m:	2:45.90	21.58	325m:	4:10.15	18.37
	50m:	32.09	17.48	150m:	1:47.06	18.40	250m:	3:07.51	21.61	350m:	4:27.46	17.31
	75m:	50.61	18.52	175m:	2:05.75	18.69	275m:	3:29.65	22.14	375m:	4:45.10	17.64
	100m:	1:09.51	18.90	200m:	2:24.32	18.57	300m:	3:51.78	22.13	400m:	5:01.72	16.62
21.			2002			-		+0,70	<b>5:02.26</b>			
	25m:	14.37	14.37	125m:	1:27.07	19.86	225m:	2:46.01	21.57	325m:	4:11.02	18.29
	50m:	31.43	17.06	150m:	1:46.05	18.98	250m:	3:07.76	21.75	350m:	4:28.54	17.52
	75m:	49.28	17.85	175m:	2:05.53	19.48	275m:	3:30.30	22.54	375m:	4:45.92	17.38
	100m:	1:07.21	17.93	200m:	2:24.44	18.91	300m:	3:52.73	22.43	400m:	5:02.26	16.34
22.			2004					+0,71	<b>5:02.94</b>			
	25m:	14.21	14.21	125m:	1:27.71	20.39	225m:	2:47.86	21.95	325m:	4:11.93	17.99
	50m:	31.10	16.89	150m:	1:47.16	19.45	250m:	3:09.61	21.75	350m:	4:29.27	17.34
	75m:	48.57	17.47	175m:	2:06.47	19.31	275m:	3:31.88	22.27	375m:	4:46.54	17.27
	100m:	1:07.32	18.75	200m:	2:25.91	19.44	300m:	3:53.94	22.06	400m:	5:02.94	16.40
23.			2004					+0,81	<b>5:03.02</b>			
	25m:	15.40	15.40	125m:	1:33.41	20.07	225m:	2:50.42	20.41	325m:	4:11.17	17.79
	50m:	33.65	18.25	150m:	1:52.30	18.89	250m:	3:11.23	20.81	350m:	4:28.41	17.24
	75m:	53.00	19.35	175m:	2:11.19	18.89	275m:	3:32.38	21.15	375m:	4:45.90	17.49
	100m:	1:13.34	20.34	200m:	2:30.01	18.82	300m:	3:53.38	21.00	400m:	5:03.02	17.12
24.			2004					+0,66	<b>5:03.54</b>			
	25m:	14.86	14.86	125m:	1:30.37	20.41	225m:	2:48.85	21.60	325m:	4:12.00	18.07
	50m:	32.80	17.94	150m:	1:49.27	18.90	250m:	3:10.40	21.55	350m:	4:29.40	17.40
	75m:	50.97	18.17	175m:	2:08.08	18.81	275m:	3:32.27	21.87	375m:	4:46.99	17.59
	100m:	1:09.96	18.99	200m:	2:27.25	19.17	300m:	3:53.93	21.66	400m:	5:03.54	16.55
25.			2003					+0,79	<b>5:03.73</b>			
	25m:	14.38	14.38	125m:	1:29.06	20.48	225m:	2:49.59	21.76	325m:	4:14.39	17.70
	50m:	31.70	17.32	150m:	1:48.64	19.58	250m:	3:11.64	22.05	350m:	4:30.90	16.51
	75m:	50.00	18.30	175m:	2:08.26	19.62	275m:	3:34.39	22.75	375m:	4:47.67	16.77
	100m:	1:08.58	18.58	200m:	2:27.83	19.57	300m:	3:56.69	22.30	400m:	5:03.73	16.06
26.			2006					+0,72	<b>5:04.94</b>			
	25m:	14.28	14.28	125m:	1:28.92	20.40	225m:	2:48.59	22.66	325m:	4:13.63	17.99
	50m:	31.52	17.24	150m:	1:48.13	19.21	250m:	3:10.73	22.14	350m:	4:30.79	17.16
	75m:	49.71	18.19	175m:	2:07.17	19.04	275m:	3:33.06	22.33	375m:	4:48.18	17.39
	100m:	1:08.52	18.81	200m:	2:25.93	18.76	300m:	3:55.64	22.58	400m:	5:04.94	16.76
27.			2000					+0,80	<b>5:05.19</b>			
	25m:	14.52	14.52	125m:	1:29.74	20.51	225m:	2:49.63	21.27	325m:	4:12.46	18.71
	50m:	32.04	17.52	150m:	1:49.33	19.59	250m:	3:10.79	21.16	350m:	4:30.20	17.74
	75m:	50.31	18.27	175m:	2:09.00	19.67	275m:	3:32.08	21.29	375m:	4:48.10	17.90
	100m:	1:09.23	18.92	200m:	2:28.36	19.36	300m:	3:53.75	21.67	400m:	5:05.19	17.09
28.			2003					+0,77	<b>5:05.35</b>			
	25m:	14.10	14.10	125m:	1:28.13	19.87	225m:	2:48.85	23.03	325m:	4:14.31	18.18
	50m:	30.82	16.72	150m:	1:47.14	19.01	250m:	3:11.03	22.18	350m:	4:31.70	17.39
	75m:	49.02	18.20	175m:	2:06.60	19.46	275m:	3:33.65	22.62	375m:	4:48.91	17.21
	100m:	1:08.26	19.24	200m:	2:25.82	19.22	300m:	3:56.13	22.48	400m:	5:05.35	16.44

ГЕНЕРАЛЬНЫЙ СПОНСОР  
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СПОНСОРЫ СОРЕВНОВАНИЙ





# ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ



05-10 НОЯБРЯ  
КАЗАНЬ 2019

6, , 400m

								R.T.	FINA		
29.			2003			-1	+0,86	<b>5:06.41</b>			
	25m:	14.69	125m:	1:33.65	20.25	225m:	2:53.76	21.00	325m:	4:14.59	17.84
	50m:	32.69	150m:	1:53.20	19.55	250m:	3:14.52	20.76	350m:	4:32.04	17.45
	75m:	52.57	175m:	2:13.07	19.87	275m:	3:35.50	20.98	375m:	4:49.32	17.28
	100m:	1:13.40	200m:	2:32.76	19.69	300m:	3:56.75	21.25	400m:	5:06.41	17.09
30.			2002			-1	+0,78	<b>5:07.11</b>			
	25m:	14.72	125m:	1:31.16	20.08	225m:	2:50.39	22.30	325m:	4:15.45	18.31
	50m:	32.33	150m:	1:50.31	19.15	250m:	3:12.37	21.98	350m:	4:32.99	17.54
	75m:	51.25	175m:	2:09.46	19.15	275m:	3:34.75	22.38	375m:	4:50.44	17.45
	100m:	1:11.08	200m:	2:28.09	18.63	300m:	3:57.14	22.39	400m:	5:07.11	16.67
31.			2002			-1	+0,74	<b>5:07.14</b>			
	25m:	14.55	125m:	1:28.44	20.36	225m:	2:48.80	22.19	325m:	4:14.17	18.59
	50m:	31.69	150m:	1:47.47	19.03	250m:	3:10.75	21.95	350m:	4:31.73	17.56
	75m:	49.61	175m:	2:06.93	19.46	275m:	3:32.96	22.21	375m:	4:49.79	18.06
	100m:	1:08.08	200m:	2:26.61	19.68	300m:	3:55.58	22.62	400m:	5:07.14	17.35
32.			2003				+0,74	<b>5:08.20</b>			
	25m:	14.86	125m:	1:30.89	20.35	225m:	2:51.81	21.72	325m:	4:15.92	17.67
	50m:	32.51	150m:	1:50.48	19.59	250m:	3:13.65	21.84	350m:	4:33.33	17.41
	75m:	51.38	175m:	2:10.37	19.89	275m:	3:35.89	22.24	375m:	4:50.95	17.62
	100m:	1:10.54	200m:	2:30.09	19.72	300m:	3:58.25	22.36	400m:	5:08.20	17.25
33.			2003				+0,81	<b>5:09.25</b>			
	25m:	15.38	125m:	1:32.70	20.86	225m:	2:52.57	22.19	325m:	4:16.79	18.66
	50m:	33.33	150m:	1:52.17	19.47	250m:	3:14.64	22.07	350m:	4:34.77	17.98
	75m:	52.33	175m:	2:11.70	19.53	275m:	3:36.54	21.90	375m:	4:52.55	17.78
	100m:	1:11.84	200m:	2:30.38	18.68	300m:	3:58.13	21.59	400m:	5:09.25	16.70
34.			2002			-1	+0,72	<b>5:11.37</b>			
	25m:	14.24	125m:	1:28.56	21.89	225m:	2:51.34	22.65	325m:	4:17.88	18.54
	50m:	31.01	150m:	1:48.65	20.09	250m:	3:13.82	22.48	350m:	4:35.94	18.06
	75m:	48.33	175m:	2:08.86	20.21	275m:	3:36.69	22.87	375m:	4:54.07	18.13
	100m:	1:06.67	200m:	2:28.69	19.83	300m:	3:59.34	22.65	400m:	5:11.37	17.30
35.			2001				+0,70	<b>5:13.88</b>			
	25m:	14.72	125m:	1:31.05	21.27	225m:	2:54.04	22.34	325m:	4:19.82	18.83
	50m:	32.03	150m:	1:51.17	20.12	250m:	3:15.98	21.94	350m:	4:38.08	18.26
	75m:	50.45	175m:	2:11.45	20.28	275m:	3:38.47	22.49	375m:	4:56.25	18.17
	100m:	1:09.78	200m:	2:31.70	20.25	300m:	4:00.99	22.52	400m:	5:13.88	17.63
36.			2004			-2	+0,81	<b>5:14.00</b>			
	25m:	15.46	125m:	1:31.78	20.76	225m:	2:55.14	23.15	325m:	4:21.38	17.91
	50m:	33.64	150m:	1:51.97	20.19	250m:	3:17.67	22.53	350m:	4:39.09	17.71
	75m:	52.23	175m:	2:12.09	20.12	275m:	3:40.38	22.71	375m:	4:56.88	17.79
	100m:	1:11.02	200m:	2:31.99	19.90	300m:	4:03.47	23.09	400m:	5:14.00	17.12
37.			2003			-1	+0,85	<b>5:14.57</b>			
	25m:	14.28	125m:	1:29.39	20.20	225m:	2:51.56	24.49	325m:	4:21.56	18.86
	50m:	31.42	150m:	1:48.50	19.11	250m:	3:15.01	23.45	350m:	4:39.54	17.98
	75m:	49.94	175m:	2:07.75	19.25	275m:	3:38.89	23.88	375m:	4:57.40	17.86
	100m:	1:09.19	200m:	2:27.07	19.32	300m:	4:02.70	23.81	400m:	5:14.57	17.17
38.			2005			-2	+0,82	<b>5:14.70</b>			
	25m:	15.40	125m:	1:35.41	20.83	225m:	2:57.02	22.60	325m:	4:23.44	17.82
	50m:	34.41	150m:	1:55.02	19.61	250m:	3:19.52	22.50	350m:	4:41.36	17.92
	75m:	54.38	175m:	2:14.98	19.96	275m:	3:42.52	23.00	375m:	4:58.97	17.61
	100m:	1:14.58	200m:	2:34.42	19.44	300m:	4:05.62	23.10	400m:	5:14.70	15.73

# ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ

05-10 НОЯБРЯ  
КАЗАНЬ 2019

6, , 400m

							R.T.			FINA		
39.	2004						-2	+0,73	<b>5:16.04</b>			
	25m:	15.39	15.39	125m:	1:33.27	21.49	225m:	2:55.06	21.83	325m:	4:22.63	18.34
	50m:	33.36	17.97	150m:	1:53.39	20.12	250m:	3:17.86	22.80	350m:	4:40.74	18.11
	75m:	52.28	18.92	175m:	2:13.51	20.12	275m:	3:41.23	23.37	375m:	4:59.40	18.66
	100m:	1:11.78	19.50	200m:	2:33.23	19.72	300m:	4:04.29	23.06	400m:	5:16.04	16.64
40.	2005						-2	+0,83	<b>5:16.22</b>			
	25m:	15.84	15.84	125m:	1:34.15	21.92	225m:	2:57.29	22.22	325m:	4:22.34	18.94
	50m:	34.09	18.25	150m:	1:54.58	20.43	250m:	3:18.97	21.68	350m:	4:40.72	18.38
	75m:	52.95	18.86	175m:	2:15.02	20.44	275m:	3:41.21	22.24	375m:	4:59.08	18.36
	100m:	1:12.23	19.28	200m:	2:35.07	20.05	300m:	4:03.40	22.19	400m:	5:16.22	17.14
41.	2002						-2	+0,85	<b>5:18.88</b>			
	25m:	15.11	15.11	125m:	1:30.37	20.90	225m:	2:54.41	25.28	325m:	4:24.53	18.68
	50m:	32.67	17.56	150m:	1:50.24	19.87	250m:	3:17.38	22.97	350m:	4:42.68	18.15
	75m:	50.98	18.31	175m:	2:09.78	19.54	275m:	3:41.09	23.71	375m:	5:01.10	18.42
	100m:	1:09.47	18.49	200m:	2:29.13	19.35	300m:	4:05.85	24.76	400m:	5:18.88	17.78