

106  
05.11.2019 - 18:38

, 400m

4:18.94	BELMONTE GARCIA Mireia	ESP	Eindhoven (NED)	12.08.2017
4:18.94	BELMONTE GARCIA Mireia	ESP	Eindhoven (NED)	12.08.2017
4:31.13			(GER)	15.11.2009
4:23.33				
4:31.06				
4:37.52				07.11.2018

: FINA 2019

	/						R.T.				FINA	
1.	2000						+0,71	<b>4:34.84</b>				
	25m:	13.16	13.16	125m:	1:21.58	17.94	225m:	2:33.38	19.75	325m:	3:49.26	16.49
	50m:	29.41	16.25	150m:	1:39.02	17.44	250m:	2:53.14	19.76	350m:	4:04.87	15.61
	75m:	46.37	16.96	175m:	1:56.63	17.61	275m:	3:12.85	19.71	375m:	4:20.32	15.45
	100m:	1:03.64	17.27	200m:	2:13.63	17.00	300m:	3:32.77	19.92	400m:	4:34.84	14.52
2.	2001						-	<b>4:38.88</b>				
	25m:	13.62	13.62	125m:	1:23.34	18.40	225m:	2:36.11	19.57	325m:	3:51.66	16.74
	50m:	29.88	16.26	150m:	1:40.85	17.51	250m:	2:55.34	19.23	350m:	4:07.61	15.95
	75m:	47.09	17.21	175m:	1:59.03	18.18	275m:	3:15.11	19.77	375m:	4:23.59	15.98
	100m:	1:04.94	17.85	200m:	2:16.54	17.51	300m:	3:34.92	19.81	400m:	4:38.88	15.29
3.	2003						-1	<b>4:40.52</b>				
	25m:	13.45	13.45	125m:	1:23.07	18.44	225m:	2:34.54	19.66	325m:	3:51.26	17.68
	50m:	29.99	16.54	150m:	1:40.25	17.18	250m:	2:53.97	19.43	350m:	4:07.80	16.54
	75m:	47.07	17.08	175m:	1:57.77	17.52	275m:	3:13.65	19.68	375m:	4:24.37	16.57
	100m:	1:04.63	17.56	200m:	2:14.88	17.11	300m:	3:33.58	19.93	400m:	4:40.52	16.15
4.	1993						-	<b>4:41.38</b>				
	25m:	13.87	13.87	125m:	1:23.87	18.27	225m:	2:36.09	19.67	325m:	3:53.25	16.99
	50m:	30.28	16.41	150m:	1:41.26	17.39	250m:	2:55.86	19.77	350m:	4:09.40	16.15
	75m:	47.56	17.28	175m:	1:59.14	17.88	275m:	3:16.22	20.36	375m:	4:25.74	16.34
	100m:	1:05.60	18.04	200m:	2:16.42	17.28	300m:	3:36.26	20.04	400m:	4:41.38	15.64
5.	1999							<b>4:42.09</b>				
	25m:	13.96	13.96	125m:	1:24.18	18.56	225m:	2:37.36	19.59	325m:	3:54.32	16.97
	50m:	30.58	16.62	150m:	1:41.89	17.71	250m:	2:57.28	19.92	350m:	4:10.52	16.20
	75m:	48.09	17.51	175m:	2:00.06	18.17	275m:	3:17.43	20.15	375m:	4:26.72	16.20
	100m:	1:05.62	17.53	200m:	2:17.77	17.71	300m:	3:37.35	19.92	400m:	4:42.09	15.37
6.	1995							<b>4:42.62</b>				
	25m:	13.87	13.87	125m:	1:23.23	18.30	225m:	2:36.51	20.09	325m:	3:54.44	17.05
	50m:	30.29	16.42	150m:	1:40.90	17.67	250m:	2:56.61	20.10	350m:	4:10.82	16.38
	75m:	47.43	17.14	175m:	1:58.80	17.90	275m:	3:16.92	20.31	375m:	4:27.14	16.32
	100m:	1:04.93	17.50	200m:	2:16.42	17.62	300m:	3:37.39	20.47	400m:	4:42.62	15.48
7.	2004							<b>4:43.89</b>				
	25m:	13.23	13.23	125m:	1:21.79	18.43	225m:	2:34.83	20.57	325m:	3:53.90	17.36
	50m:	29.32	16.09	150m:	1:39.25	17.46	250m:	2:55.11	20.28	350m:	4:10.75	16.85
	75m:	46.07	16.75	175m:	1:56.77	17.52	275m:	3:15.82	20.71	375m:	4:27.68	16.93
	100m:	1:03.36	17.29	200m:	2:14.26	17.49	300m:	3:36.54	20.72	400m:	4:43.89	16.21
8.	2000							<b>4:49.51</b>				
	25m:	13.71	13.71	125m:	1:23.64	18.61	225m:	2:38.36	20.59	325m:	3:58.39	17.28
	50m:	30.29	16.58	150m:	1:41.71	18.07	250m:	2:59.19	20.83	350m:	4:15.50	17.11
	75m:	47.45	17.16	175m:	1:59.83	18.12	275m:	3:19.97	20.78	375m:	4:32.83	17.33
	100m:	1:05.03	17.58	200m:	2:17.77	17.94	300m:	3:41.11	21.14	400m:	4:49.51	16.68