



6
07.11.2018 - 11:02

, 400m

: FINA 2018

			/			R.T.			FINA				
1.			2000			+0,71			4:38.55			803 Q	
	25m:	13.26	13.26	125m:	1:21.93	18.44	225m:	2:34.21	19.90	325m:	3:51.64	16.99	
	50m:	29.33	16.07	150m:	1:39.54	17.61	250m:	2:54.52	20.31	350m:	4:07.70	16.06	
	75m:	46.21	16.88	175m:	1:56.99	17.45	275m:	3:14.61	20.09	375m:	4:23.52	15.82	
	100m:	1:03.49	17.28	200m:	2:14.31	17.32	300m:	3:34.65	20.04	400m:	4:38.55	15.03	
2.			2004			+0,77			4:41.70			776 Q	
	25m:	13.72	13.72	125m:	1:23.23	18.33	225m:	2:35.73	19.51	325m:	3:53.05	17.05	
	50m:	30.26	16.54	150m:	1:40.75	17.52	250m:	2:55.46	19.73	350m:	4:09.48	16.43	
	75m:	47.35	17.09	175m:	1:58.60	17.85	275m:	3:15.77	20.31	375m:	4:25.96	16.48	
	100m:	1:04.90	17.55	200m:	2:16.22	17.62	300m:	3:36.00	20.23	400m:	4:41.70	15.74	
3.			2000			+0,76			4:44.22			756 Q	
	25m:	13.37	13.37	125m:	1:21.90	19.20	225m:	2:35.92	20.14	325m:	3:54.61	17.30	
	50m:	29.25	15.88	150m:	1:39.78	17.88	250m:	2:56.26	20.34	350m:	4:11.27	16.66	
	75m:	45.81	16.56	175m:	1:58.12	18.34	275m:	3:16.81	20.55	375m:	4:28.06	16.79	
	100m:	1:02.70	16.89	200m:	2:15.78	17.66	300m:	3:37.31	20.50	400m:	4:44.22	16.16	
4.			1999			+0,73			4:45.13			748 Q	
	25m:	13.89	13.89	125m:	1:23.74	19.27	225m:	2:39.00	20.41	325m:	3:57.13	16.34	
	50m:	30.20	16.31	150m:	1:42.08	18.34	250m:	2:59.53	20.53	350m:	4:13.10	15.97	
	75m:	47.21	17.01	175m:	2:00.52	18.44	275m:	3:20.06	20.53	375m:	4:29.49	16.39	
	100m:	1:04.47	17.26	200m:	2:18.59	18.07	300m:	3:40.79	20.73	400m:	4:45.13	15.64	
5.			2001			-			+0,74			4:45.28	747 Q
	25m:	13.83	13.83	125m:	1:25.58	18.76	225m:	2:39.16	19.38	325m:	3:56.55	17.27	
	50m:	30.55	16.72	150m:	1:43.63	18.05	250m:	2:59.00	19.84	350m:	4:13.07	16.52	
	75m:	48.33	17.78	175m:	2:01.75	18.12	275m:	3:19.17	20.17	375m:	4:29.65	16.58	
	100m:	1:06.82	18.49	200m:	2:19.78	18.03	300m:	3:39.28	20.11	400m:	4:45.28	15.63	
6.			2002			+0,77			4:46.48			738 Q	
	25m:	14.03	14.03	125m:	1:25.70	18.59	225m:	2:40.19	20.89	325m:	3:58.95	16.91	
	50m:	30.87	16.84	150m:	1:43.57	17.87	250m:	3:00.84	20.65	350m:	4:15.14	16.19	
	75m:	48.76	17.89	175m:	2:01.61	18.04	275m:	3:21.38	20.54	375m:	4:31.17	16.03	
	100m:	1:07.11	18.35	200m:	2:19.30	17.69	300m:	3:42.04	20.66	400m:	4:46.48	15.31	
7.			2003			-			+0,76			4:46.74	736 Q
	25m:	13.99	13.99	125m:	1:23.99	18.50	225m:	2:38.02	20.91	325m:	3:57.46	17.13	
	50m:	30.69	16.70	150m:	1:41.74	17.75	250m:	2:58.85	20.83	350m:	4:14.14	16.68	
	75m:	47.94	17.25	175m:	1:59.64	17.90	275m:	3:19.56	20.71	375m:	4:30.84	16.70	
	100m:	1:05.49	17.55	200m:	2:17.11	17.47	300m:	3:40.33	20.77	400m:	4:46.74	15.90	
8.			1993			-			+0,73			4:47.47	730 Q
	25m:	13.73	13.73	125m:	1:25.26	18.67	225m:	2:38.05	19.80	325m:	3:57.37	17.68	
	50m:	30.64	16.91	150m:	1:42.88	17.62	250m:	2:58.49	20.44	350m:	4:14.60	17.23	
	75m:	48.42	17.78	175m:	2:00.53	17.65	275m:	3:19.21	20.72	375m:	4:31.42	16.82	
	100m:	1:06.59	18.17	200m:	2:18.25	17.72	300m:	3:39.69	20.48	400m:	4:47.47	16.05	
9.			2002			+0,81			4:50.20			710 R	
	25m:	13.88	13.88	125m:	1:25.25	19.10	225m:	2:40.95	20.66	325m:	4:00.18	17.43	
	50m:	30.40	16.52	150m:	1:43.47	18.22	250m:	3:01.14	20.19	350m:	4:16.72	16.54	
	75m:	48.02	17.62	175m:	2:01.75	18.28	275m:	3:21.92	20.78	375m:	4:33.74	17.02	
	100m:	1:06.15	18.13	200m:	2:20.29	18.54	300m:	3:42.75	20.83	400m:	4:50.20	16.46	
10.			1999			+0,69			4:50.31			709 R	
	25m:	14.30	14.30	125m:	1:27.50	19.58	225m:	2:43.43	19.76	325m:	4:00.73	17.86	
	50m:	31.78	17.48	150m:	1:46.27	18.77	250m:	3:02.89	19.46	350m:	4:17.54	16.81	
	75m:	49.76	17.98	175m:	2:04.96	18.69	275m:	3:22.96	20.07	375m:	4:34.40	16.86	
	100m:	1:07.92	18.16	200m:	2:23.67	18.71	300m:	3:42.87	19.91	400m:	4:50.31	15.91	





		6, , 400m						R.T.		FINA		
11.				1995				+0,80	4:50.47		708	
	25m:	14.31	14.31	125m:	1:25.30	18.58	225m:	2:39.19	20.71	325m:	3:59.65	17.68
	50m:	31.46	17.15	150m:	1:43.16	17.86	250m:	3:00.03	20.84	350m:	4:16.68	17.03
	75m:	48.94	17.48	175m:	2:00.95	17.79	275m:	3:20.74	20.71	375m:	4:33.78	17.10
	100m:	1:06.72	17.78	200m:	2:18.48	17.53	300m:	3:41.97	21.23	400m:	4:50.47	16.69
12.				2001				+0,82	4:51.54		700	
	25m:	14.16	14.16	125m:	1:25.38	19.08	225m:	2:40.93	21.32	325m:	4:01.94	17.26
	50m:	31.24	17.08	150m:	1:43.55	18.17	250m:	3:01.82	20.89	350m:	4:18.23	16.29
	75m:	48.49	17.25	175m:	2:01.79	18.24	275m:	3:23.53	21.71	375m:	4:35.18	16.95
	100m:	1:06.30	17.81	200m:	2:19.61	17.82	300m:	3:44.68	21.15	400m:	4:51.54	16.36
13.				2000				+0,78	4:51.73		699	
	25m:	13.55	13.55	125m:	1:23.92	18.66	225m:	2:39.07	19.96	325m:	4:00.86	17.87
	50m:	30.15	16.60	150m:	1:42.07	18.15	250m:	3:00.10	21.03	350m:	4:18.15	17.29
	75m:	47.51	17.36	175m:	2:00.35	18.28	275m:	3:21.56	21.46	375m:	4:35.42	17.27
	100m:	1:05.26	17.75	200m:	2:19.11	18.76	300m:	3:42.99	21.43	400m:	4:51.73	16.31
14.				2003		-		+0,79	4:54.06		682	
	25m:	14.03	14.03	125m:	1:26.92	19.31	225m:	2:42.78	20.83	325m:	4:03.37	18.19
	50m:	30.90	16.87	150m:	1:44.96	18.04	250m:	3:03.27	20.49	350m:	4:20.68	17.31
	75m:	48.91	18.01	175m:	2:03.75	18.79	275m:	3:24.00	20.73	375m:	4:38.01	17.33
	100m:	1:07.61	18.70	200m:	2:21.95	18.20	300m:	3:45.18	21.18	400m:	4:54.06	16.05
15.				1999				+0,83	4:54.27		681	
	25m:	13.91	13.91	125m:	1:26.42	19.43	225m:	2:42.28	20.78	325m:	4:03.67	17.72
	50m:	30.94	17.03	150m:	1:44.68	18.26	250m:	3:03.48	21.20	350m:	4:20.80	17.13
	75m:	48.69	17.75	175m:	2:03.13	18.45	275m:	3:24.70	21.22	375m:	4:37.76	16.96
	100m:	1:06.99	18.30	200m:	2:21.50	18.37	300m:	3:45.95	21.25	400m:	4:54.27	16.51
16.				1997		-		+0,77	4:55.54		672	
	25m:	14.63	14.63	125m:	1:27.10	19.92	225m:	2:45.05	20.68	325m:	4:04.71	17.70
	50m:	31.50	16.87	150m:	1:46.13	19.03	250m:	3:05.53	20.48	350m:	4:21.71	17.00
	75m:	49.17	17.67	175m:	2:05.44	19.31	275m:	3:26.26	20.73	375m:	4:38.72	17.01
	100m:	1:07.18	18.01	200m:	2:24.37	18.93	300m:	3:47.01	20.75	400m:	4:55.54	16.82
17.				1996				+0,89	4:56.50		666	
	25m:	14.29	14.29	125m:	1:26.73	19.54	225m:	2:43.12	21.77	325m:	4:06.73	17.83
	50m:	31.40	17.11	150m:	1:44.89	18.16	250m:	3:04.91	21.79	350m:	4:23.49	16.76
	75m:	49.06	17.66	175m:	2:03.43	18.54	275m:	3:26.86	21.95	375m:	4:40.33	16.84
	100m:	1:07.19	18.13	200m:	2:21.35	17.92	300m:	3:48.90	22.04	400m:	4:56.50	16.17
18.				2001				+0,80	4:57.99		656	
	25m:	14.17	14.17	125m:	1:28.05	19.78	225m:	2:45.21	21.09	325m:	4:06.56	17.96
	50m:	31.74	17.57	150m:	1:46.94	18.89	250m:	3:06.21	21.00	350m:	4:24.02	17.46
	75m:	49.98	18.24	175m:	2:05.65	18.71	275m:	3:27.56	21.35	375m:	4:41.31	17.29
	100m:	1:08.27	18.29	200m:	2:24.12	18.47	300m:	3:48.60	21.04	400m:	4:57.99	16.68
19.				2000				+0,79	4:58.23		654	
	25m:	15.21	15.21	125m:	1:30.17	19.66	225m:	2:46.70	21.46	325m:	4:09.01	17.62
	50m:	33.11	17.90	150m:	1:48.80	18.63	250m:	3:07.91	21.21	350m:	4:25.55	16.54
	75m:	51.61	18.50	175m:	2:07.30	18.50	275m:	3:29.79	21.88	375m:	4:42.20	16.65
	100m:	1:10.51	18.90	200m:	2:25.24	17.94	300m:	3:51.39	21.60	400m:	4:58.23	16.03
20.				2003		-		+0,71	4:58.37		653	
	25m:	14.77	14.77	125m:	1:29.22	19.39	225m:	2:46.11	20.84	325m:	4:07.05	18.08
	50m:	32.33	17.56	150m:	1:47.92	18.70	250m:	3:06.72	20.61	350m:	4:24.57	17.52
	75m:	50.64	18.31	175m:	2:06.75	18.83	275m:	3:27.69	20.97	375m:	4:41.79	17.22
	100m:	1:09.83	19.19	200m:	2:25.27	18.52	300m:	3:48.97	21.28	400m:	4:58.37	16.58
21.				2000				+0,69	4:59.11		648	
	25m:	14.22	14.22	125m:	1:26.38	20.73	225m:	2:44.58	21.42	325m:	4:09.09	18.62
	50m:	30.76	16.54	150m:	1:45.34	18.96	250m:	3:06.37	21.79	350m:	4:26.59	17.50
	75m:	48.06	17.30	175m:	2:04.41	19.07	275m:	3:28.31	21.94	375m:	4:43.06	16.47
	100m:	1:05.65	17.59	200m:	2:23.16	18.75	300m:	3:50.47	22.16	400m:	4:59.11	16.05





6, , 400m , ,

									R.T.		FINA	
22.	2003								+0,80	5:00.14	642	
	25m:	14.34	14.34	125m:	1:27.40	19.98	225m:	2:45.85	21.55	325m:	4:10.13	17.63
	50m:	31.38	17.04	150m:	1:46.17	18.77	250m:	3:07.68	21.83	350m:	4:26.98	16.85
	75m:	49.09	17.71	175m:	2:05.49	19.32	275m:	3:29.91	22.23	375m:	4:43.91	16.93
	100m:	1:07.42	18.33	200m:	2:24.30	18.81	300m:	3:52.50	22.59	400m:	5:00.14	16.23
23.	2004								+0,70	5:00.80	637	
	25m:	14.67	14.67	125m:	1:31.53	19.91	225m:	2:49.47	20.38	325m:	4:10.11	17.77
	50m:	32.64	17.97	150m:	1:50.76	19.23	250m:	3:10.20	20.73	350m:	4:27.41	17.30
	75m:	51.94	19.30	175m:	2:09.85	19.09	275m:	3:31.18	20.98	375m:	4:44.39	16.98
	100m:	1:11.62	19.68	200m:	2:29.09	19.24	300m:	3:52.34	21.16	400m:	5:00.80	16.41
24.	1998								+0,82	5:01.08	636	
	25m:	14.68	14.68	125m:	1:30.18	19.64	225m:	2:48.56	21.33	325m:	4:10.42	17.91
	50m:	32.76	18.08	150m:	1:49.01	18.83	250m:	3:09.64	21.08	350m:	4:27.81	17.39
	75m:	51.45	18.69	175m:	2:08.27	19.26	275m:	3:30.97	21.33	375m:	4:44.77	16.96
	100m:	1:10.54	19.09	200m:	2:27.23	18.96	300m:	3:52.51	21.54	400m:	5:01.08	16.31
25.	1998								+0,79	5:01.31	634	
	25m:	13.44	13.44	125m:	1:26.50	19.55	225m:	2:45.01	22.05	325m:	4:08.71	17.56
	50m:	30.61	17.17	150m:	1:45.24	18.74	250m:	3:06.97	21.96	350m:	4:26.21	17.50
	75m:	48.33	17.72	175m:	2:04.34	19.10	275m:	3:28.91	21.94	375m:	4:44.21	18.00
	100m:	1:06.95	18.62	200m:	2:22.96	18.62	300m:	3:51.15	22.24	400m:	5:01.31	17.10
26.	2001								+0,79	5:01.82	631	
	25m:	15.27	15.27	125m:	1:29.54	18.74	225m:	2:46.76	22.75	325m:	4:10.97	17.85
	50m:	33.13	17.86	150m:	1:47.36	17.82	250m:	3:08.87	22.11	350m:	4:28.18	17.21
	75m:	51.73	18.60	175m:	2:05.64	18.28	275m:	3:31.08	22.21	375m:	4:45.23	17.05
	100m:	1:10.80	19.07	200m:	2:24.01	18.37	300m:	3:53.12	22.04	400m:	5:01.82	16.59
27.	2001								+0,73	5:02.27	628	
	25m:	14.61	14.61	125m:	1:28.89	18.95	225m:	2:46.25	21.38	325m:	4:10.27	18.27
	50m:	31.98	17.37	150m:	1:47.46	18.57	250m:	3:07.80	21.55	350m:	4:27.77	17.50
	75m:	50.45	18.47	175m:	2:06.36	18.90	275m:	3:29.75	21.95	375m:	4:45.37	17.60
	100m:	1:09.94	19.49	200m:	2:24.87	18.51	300m:	3:52.00	22.25	400m:	5:02.27	16.90
28.	2001								+0,83	5:02.52	627	
	25m:	14.91	14.91	125m:	1:30.48	20.59	225m:	2:49.58	20.50	325m:	4:10.20	18.05
	50m:	32.65	17.74	150m:	1:50.15	19.67	250m:	3:10.36	20.78	350m:	4:27.88	17.68
	75m:	50.95	18.30	175m:	2:10.01	19.86	275m:	3:31.21	20.85	375m:	4:45.62	17.74
	100m:	1:09.89	18.94	200m:	2:29.08	19.07	300m:	3:52.15	20.94	400m:	5:02.52	16.90
29.	2005								+0,70	5:03.61	620	
	25m:	14.94	14.94	125m:	1:29.19	19.68	225m:	2:47.60	21.74	325m:	4:11.93	18.34
	50m:	32.30	17.36	150m:	1:47.96	18.77	250m:	3:09.27	21.67	350m:	4:29.51	17.58
	75m:	50.63	18.33	175m:	2:06.95	18.99	275m:	3:31.45	22.18	375m:	4:47.06	17.55
	100m:	1:09.51	18.88	200m:	2:25.86	18.91	300m:	3:53.59	22.14	400m:	5:03.61	16.55
30.	2005								+0,81	5:04.46	615	
	25m:	13.80	13.80	125m:	1:27.08	21.48	225m:	2:47.26	21.65	325m:	4:12.54	18.80
	50m:	30.39	16.59	150m:	1:46.78	19.70	250m:	3:09.16	21.90	350m:	4:29.83	17.29
	75m:	47.64	17.25	175m:	2:06.38	19.60	275m:	3:31.56	22.40	375m:	4:47.55	17.72
	100m:	1:05.60	17.96	200m:	2:25.61	19.23	300m:	3:53.74	22.18	400m:	5:04.46	16.91
31.	2002								+0,79	5:05.00	611	
	25m:	14.99	14.99	125m:	1:28.96	19.72	225m:	2:47.94	21.83	325m:	4:11.39	17.88
	50m:	32.39	17.40	150m:	1:48.00	19.04	250m:	3:09.60	21.66	350m:	4:29.02	17.63
	75m:	50.64	18.25	175m:	2:07.25	19.25	275m:	3:31.38	21.78	375m:	4:47.04	18.02
	100m:	1:09.24	18.60	200m:	2:26.11	18.86	300m:	3:53.51	22.13	400m:	5:05.00	17.96
32.	2002								+0,76	5:06.15	605	
	25m:	14.23	14.23	125m:	1:28.02	20.12	225m:	2:46.91	23.09	325m:	4:14.76	18.49
	50m:	31.39	17.16	150m:	1:46.52	18.50	250m:	3:09.86	22.95	350m:	4:32.11	17.35
	75m:	49.43	18.04	175m:	2:05.53	19.01	275m:	3:33.31	23.45	375m:	4:49.66	17.55
	100m:	1:07.90	18.47	200m:	2:23.82	18.29	300m:	3:56.27	22.96	400m:	5:06.15	16.49





6, , 400m , ,

					R.T.				FINA	
33.	1996				+0,77				5:06.64	602
	25m: 14.64	14.64	125m: 1:27.67	20.15	225m: 2:48.32	22.00	325m: 4:13.09	18.53		
	50m: 31.71	17.07	150m: 1:47.26	19.59	250m: 3:10.33	22.01	350m: 4:31.11	18.02		
	75m: 49.27	17.56	175m: 2:06.92	19.66	275m: 3:32.17	21.84	375m: 4:49.30	18.19		
	100m: 1:07.52	18.25	200m: 2:26.32	19.40	300m: 3:54.56	22.39	400m: 5:06.64	17.34		
34.	2002				+0,83				5:06.68	601
	25m: 14.73	14.73	125m: 1:30.41	20.56	225m: 2:50.54	21.50	325m: 4:13.77	18.56		
	50m: 32.28	17.55	150m: 1:50.11	19.70	250m: 3:12.14	21.60	350m: 4:31.69	17.92		
	75m: 50.87	18.59	175m: 2:09.78	19.67	275m: 3:33.74	21.60	375m: 4:50.13	18.44		
	100m: 1:09.85	18.98	200m: 2:29.04	19.26	300m: 3:55.21	21.47	400m: 5:06.68	16.55		
35.	2001				+0,88				5:07.94	594
	25m: 15.26	15.26	125m: 1:31.27	20.26	225m: 2:50.67	21.20	325m: 4:14.41	19.28		
	50m: 33.25	17.99	150m: 1:50.71	19.44	250m: 3:11.79	21.12	350m: 4:32.78	18.37		
	75m: 51.93	18.68	175m: 2:10.24	19.53	275m: 3:33.33	21.54	375m: 4:50.71	17.93		
	100m: 1:11.01	19.08	200m: 2:29.47	19.23	300m: 3:55.13	21.80	400m: 5:07.94	17.23		
36.	2004				+0,80				5:08.65	590
	25m: 14.56	14.56	125m: 1:31.40	21.26	225m: 2:52.18	21.47	325m: 4:15.75	18.49		
	50m: 32.24	17.68	150m: 1:51.02	19.62	250m: 3:13.69	21.51	350m: 4:33.73	17.98		
	75m: 50.80	18.56	175m: 2:11.15	20.13	275m: 3:35.58	21.89	375m: 4:51.61	17.88		
	100m: 1:10.14	19.34	200m: 2:30.71	19.56	300m: 3:57.26	21.68	400m: 5:08.65	17.04		
37.	2004				+0,73				5:08.89	589
	25m: 14.41	14.41	125m: 1:30.14	20.80	225m: 2:50.94	22.36	325m: 4:16.33	18.51		
	50m: 31.89	17.48	150m: 1:49.53	19.39	250m: 3:13.22	22.28	350m: 4:34.18	17.85		
	75m: 50.46	18.57	175m: 2:09.15	19.62	275m: 3:35.48	22.26	375m: 4:52.12	17.94		
	100m: 1:09.34	18.88	200m: 2:28.58	19.43	300m: 3:57.82	22.34	400m: 5:08.89	16.77		
38.	2003				+0,75				5:08.94	588
	25m: 14.50	14.50	125m: 1:29.67	19.96	225m: 2:50.12	22.35	325m: 4:16.25	18.73		
	50m: 32.53	18.03	150m: 1:48.88	19.21	250m: 3:12.36	22.24	350m: 4:34.20	17.95		
	75m: 50.96	18.43	175m: 2:08.40	19.52	275m: 3:34.73	22.37	375m: 4:52.41	18.21		
	100m: 1:09.71	18.75	200m: 2:27.77	19.37	300m: 3:57.52	22.79	400m: 5:08.94	16.53		
39.	2001				+0,71				5:10.23	581
	25m: 14.48	14.48	125m: 1:30.16	21.08	225m: 2:52.38	22.02	325m: 4:17.56	18.74		
	50m: 31.90	17.42	150m: 1:50.45	20.29	250m: 3:14.21	21.83	350m: 4:35.32	17.76		
	75m: 50.30	18.40	175m: 2:10.67	20.22	275m: 3:36.63	22.42	375m: 4:53.04	17.72		
	100m: 1:09.08	18.78	200m: 2:30.36	19.69	300m: 3:58.82	22.19	400m: 5:10.23	17.19		
40.	2002				+0,93				5:11.05	576
	25m: 15.97	15.97	125m: 1:35.34	20.20	225m: 2:55.51	22.28	325m: 4:20.29	18.08		
	50m: 35.10	19.13	150m: 1:54.51	19.17	250m: 3:17.39	21.88	350m: 4:37.63	17.34		
	75m: 54.86	19.76	175m: 2:14.03	19.52	275m: 3:39.67	22.28	375m: 4:54.84	17.21		
	100m: 1:15.14	20.28	200m: 2:33.23	19.20	300m: 4:02.21	22.54	400m: 5:11.05	16.21		
41.	2001				+0,71				5:11.23	575
	25m: 14.17	14.17	125m: 1:27.55	20.31	225m: 2:49.02	22.54	325m: 4:17.28	18.96		
	50m: 30.96	16.79	150m: 1:47.22	19.67	250m: 3:11.77	22.75	350m: 4:35.63	18.35		
	75m: 48.74	17.78	175m: 2:06.87	19.65	275m: 3:34.84	23.07	375m: 4:53.70	18.07		
	100m: 1:07.24	18.50	200m: 2:26.48	19.61	300m: 3:58.32	23.48	400m: 5:11.23	17.53		
42.	2002				+0,73				5:12.61	568
	25m: 15.01	15.01	125m: 1:32.09	20.23	225m: 2:52.92	23.22	325m: 4:20.15	18.60		
	50m: 33.03	18.02	150m: 1:51.30	19.21	250m: 3:15.53	22.61	350m: 4:38.19	18.04		
	75m: 52.23	19.20	175m: 2:10.88	19.58	275m: 3:38.48	22.95	375m: 4:55.84	17.65		
	100m: 1:11.86	19.63	200m: 2:29.70	18.82	300m: 4:01.55	23.07	400m: 5:12.61	16.77		
43.	2001				+0,75				5:12.86	566
	25m: 14.48	14.48	125m: 1:30.93	21.57	225m: 2:53.55	22.02	325m: 4:18.96	18.58		
	50m: 31.93	17.45	150m: 1:50.98	20.05	250m: 3:15.85	22.30	350m: 4:37.25	18.29		
	75m: 50.24	18.31	175m: 2:11.45	20.47	275m: 3:38.08	22.23	375m: 4:55.58	18.33		
	100m: 1:09.36	19.12	200m: 2:31.53	20.08	300m: 4:00.38	22.30	400m: 5:12.86	17.28		





6, , 400m , ,

							R.T.				FINA	
44.	2003						+1,05	5:13.40				564
	25m:	15.85	15.85	125m:	1:34.46	19.67	225m:	2:54.02	22.19	325m:	4:20.38	18.37
	50m:	34.59	18.74	150m:	1:53.49	19.03	250m:	3:16.31	22.29	350m:	4:38.53	18.15
	75m:	54.02	19.43	175m:	2:12.87	19.38	275m:	3:38.69	22.38	375m:	4:56.13	17.60
	100m:	1:14.79	20.77	200m:	2:31.83	18.96	300m:	4:02.01	23.32	400m:	5:13.40	17.27
45.	2004						+0,67	5:14.23				559
	25m:	14.86	14.86	125m:	1:30.32	20.63	225m:	2:52.31	23.60	325m:	4:21.59	18.51
	50m:	32.40	17.54	150m:	1:50.22	19.90	250m:	3:15.68	23.37	350m:	4:39.28	17.69
	75m:	50.73	18.33	175m:	2:09.44	19.22	275m:	3:39.39	23.71	375m:	4:57.05	17.77
	100m:	1:09.69	18.96	200m:	2:28.71	19.27	300m:	4:03.08	23.69	400m:	5:14.23	17.18
46.	2002						+0,75	5:16.35				548
	25m:	14.67	14.67	125m:	1:31.48	21.72	225m:	2:55.28	23.54	325m:	4:21.41	18.75
	50m:	32.07	17.40	150m:	1:51.40	19.92	250m:	3:18.12	22.84	350m:	4:39.90	18.49
	75m:	50.61	18.54	175m:	2:11.93	20.53	275m:	3:40.61	22.49	375m:	4:58.43	18.53
	100m:	1:09.76	19.15	200m:	2:31.74	19.81	300m:	4:02.66	22.05	400m:	5:16.35	17.92
47.	1997						+0,79	5:17.59				541
	25m:	15.12	15.12	125m:	1:32.84	20.88	225m:	2:53.83	21.85	325m:	4:19.98	20.17
	50m:	33.26	18.14	150m:	1:52.79	19.95	250m:	3:15.35	21.52	350m:	4:39.21	19.23
	75m:	52.19	18.93	175m:	2:12.50	19.71	275m:	3:37.68	22.33	375m:	4:58.79	19.58
	100m:	1:11.96	19.77	200m:	2:31.98	19.48	300m:	3:59.81	22.13	400m:	5:17.59	18.80
48.	2004						+0,78	5:21.01				524
	25m:	15.45	15.45	125m:	1:37.54	22.90	225m:	3:01.73	21.44	325m:	4:25.87	19.53
	50m:	34.10	18.65	150m:	1:58.77	21.23	250m:	3:23.04	21.31	350m:	4:45.18	19.31
	75m:	54.01	19.91	175m:	2:19.74	20.97	275m:	3:44.62	21.58	375m:	5:03.93	18.75
	100m:	1:14.64	20.63	200m:	2:40.29	20.55	300m:	4:06.34	21.72	400m:	5:21.01	17.08
49.	2003						+0,72	5:22.03				519
	25m:	15.13	15.13	125m:	1:34.21	21.47	225m:	2:59.99	23.24	325m:	4:27.90	19.68
	50m:	33.23	18.10	150m:	1:55.58	21.37	250m:	3:22.54	22.55	350m:	4:46.52	18.62
	75m:	52.69	19.46	175m:	2:16.31	20.73	275m:	3:45.37	22.83	375m:	5:05.05	18.53
	100m:	1:12.74	20.05	200m:	2:36.75	20.44	300m:	4:08.22	22.85	400m:	5:22.03	16.98
DSQ	2001											

