



35
11.11.2018 - 18:26

, 400m

				4:03.91								09.11.2014	
				4:04.23								19.11.2017	
: FINA 2018								-1					
		/						R.T.				FINA	
1.				1994				+0,66	4:04.82			890	
	25m:	11.71	11.71	125m:	1:13.15	16.87	225m:	2:16.78	16.87	325m:	3:21.66	14.82	
	50m:	26.42	14.71	150m:	1:28.88	15.73	250m:	2:33.47	16.69	350m:	3:35.94	14.28	
	75m:	41.23	14.81	175m:	1:44.61	15.73	275m:	2:49.93	16.46	375m:	3:50.50	14.56	
	100m:	56.28	15.05	200m:	1:59.91	15.30	300m:	3:06.84	16.91	400m:	4:04.82	14.32	
2.				1995				+0,67	4:07.31			863	
	25m:	11.78	11.78	125m:	1:11.70	16.13	225m:	2:16.32	17.89	325m:	3:25.06	15.34	
	50m:	26.11	14.33	150m:	1:27.10	15.40	250m:	2:34.06	17.74	350m:	3:39.40	14.34	
	75m:	40.77	14.66	175m:	1:42.87	15.77	275m:	2:51.83	17.77	375m:	3:53.87	14.47	
	100m:	55.57	14.80	200m:	1:58.43	15.56	300m:	3:09.72	17.89	400m:	4:07.31	13.44	
3.				2000				+0,67	4:08.08			855	
	25m:	11.81	11.81	125m:	1:12.72	16.45	225m:	2:16.60	17.31	325m:	3:24.68	15.36	
	50m:	26.13	14.32	150m:	1:28.16	15.44	250m:	2:33.99	17.39	350m:	3:39.18	14.50	
	75m:	40.94	14.81	175m:	1:43.98	15.82	275m:	2:51.60	17.61	375m:	3:53.79	14.61	
	100m:	56.27	15.33	200m:	1:59.29	15.31	300m:	3:09.32	17.72	400m:	4:08.08	14.29	
4.				1991				+0,78	4:08.29			853	
	25m:	11.85	11.85	125m:	1:13.03	16.18	225m:	2:17.08	17.60	325m:	3:25.14	15.40	
	50m:	25.89	14.04	150m:	1:28.54	15.51	250m:	2:34.36	17.28	350m:	3:39.87	14.73	
	75m:	41.19	15.30	175m:	1:44.25	15.71	275m:	2:52.06	17.70	375m:	3:54.57	14.70	
	100m:	56.85	15.66	200m:	1:59.48	15.23	300m:	3:09.74	17.68	400m:	4:08.29	13.72	
5.				1996				+0,66	4:09.64			839	
	25m:	12.06	12.06	125m:	1:13.34	15.71	225m:	2:17.91	17.05	325m:	3:26.16	15.39	
	50m:	26.71	14.65	150m:	1:28.99	15.65	250m:	2:35.51	17.60	350m:	3:41.30	15.14	
	75m:	41.91	15.20	175m:	1:44.84	15.85	275m:	2:52.99	17.48	375m:	3:55.98	14.68	
	100m:	57.63	15.72	200m:	2:00.86	16.02	300m:	3:10.77	17.78	400m:	4:09.64	13.66	
6.				1997				+0,67	4:09.99			835	
	25m:	11.95	11.95	125m:	1:13.28	16.03	225m:	2:17.33	17.86	325m:	3:26.49	15.44	
	50m:	26.67	14.72	150m:	1:28.70	15.42	250m:	2:35.05	17.72	350m:	3:41.14	14.65	
	75m:	41.88	15.21	175m:	1:44.16	15.46	275m:	2:52.88	17.83	375m:	3:55.80	14.66	
	100m:	57.25	15.37	200m:	1:59.47	15.31	300m:	3:11.05	18.17	400m:	4:09.99	14.19	
7.				1999				+0,70	4:17.24			767	
	25m:	11.53	11.53	125m:	1:13.98	17.03	225m:	2:20.11	17.35	325m:	3:28.42	16.48	
	50m:	26.07	14.54	150m:	1:30.20	16.22	250m:	2:37.18	17.07	350m:	3:44.72	16.30	
	75m:	41.25	15.18	175m:	1:46.67	16.47	275m:	2:54.45	17.27	375m:	4:01.17	16.45	
	100m:	56.95	15.70	200m:	2:02.76	16.09	300m:	3:11.94	17.49	400m:	4:17.24	16.07	
8.				1999				+0,68	4:20.07			742	
	25m:	11.81	11.81	125m:	1:14.32	16.92	225m:	2:22.18	19.04	325m:	3:34.68	15.91	
	50m:	26.55	14.74	150m:	1:30.40	16.08	250m:	2:40.80	18.62	350m:	3:49.75	15.07	
	75m:	41.76	15.21	175m:	1:46.88	16.48	275m:	3:00.00	19.20	375m:	4:05.25	15.50	
	100m:	57.40	15.64	200m:	2:03.14	16.26	300m:	3:18.77	18.77	400m:	4:20.07	14.82	

