



30  
10.11.2018 - 18:22

, 400m

		3:58.90		RUS		(CAN)		09.12.2016	
		4:03.08						10.11.2015	
: FINA 2018									
		/				R.T.		FINA	
1.		1998		-	-	+0,69	<b>3:58.91</b>	945	
	25m:	13.01	13.01	125m:	1:12.79	15.17	225m:	2:13.81	15.20
	50m:	27.62	14.61	150m:	1:28.08	15.29	250m:	2:28.90	15.09
	75m:	42.56	14.94	175m:	1:43.30	15.22	275m:	2:44.06	15.16
	100m:	57.62	15.06	200m:	1:58.61	15.31	300m:	2:59.31	15.25
								325m:	3:14.42
								350m:	3:29.50
								375m:	3:44.54
								400m:	3:58.91
2.		2000				+0,74	<b>4:02.33</b>	906	
	25m:	13.55	13.55	125m:	1:13.49	15.07	225m:	2:14.43	15.28
	50m:	28.33	14.78	150m:	1:28.56	15.07	250m:	2:30.01	15.58
	75m:	43.26	14.93	175m:	1:43.82	15.26	275m:	2:45.39	15.38
	100m:	58.42	15.16	200m:	1:59.15	15.33	300m:	3:00.87	15.48
								325m:	3:16.28
								350m:	3:31.82
								375m:	3:47.38
								400m:	4:02.33
3.		1998				+0,72	<b>4:06.24</b>	863	
	25m:	13.51	13.51	125m:	1:14.39	15.52	225m:	2:17.54	15.52
	50m:	28.30	14.79	150m:	1:30.16	15.77	250m:	2:33.32	15.78
	75m:	43.55	15.25	175m:	1:46.08	15.92	275m:	2:49.05	15.73
	100m:	58.87	15.32	200m:	2:02.02	15.94	300m:	3:05.11	16.06
								325m:	3:20.81
								350m:	3:36.45
								375m:	3:51.66
								400m:	4:06.24
4.		2002				+0,72	<b>4:07.26</b>	853	
	25m:	13.41	13.41	125m:	1:14.96	15.70	225m:	2:17.78	15.76
	50m:	28.27	14.86	150m:	1:30.49	15.53	250m:	2:33.35	15.57
	75m:	43.70	15.43	175m:	1:46.17	15.68	275m:	2:49.34	15.99
	100m:	59.26	15.56	200m:	2:02.02	15.85	300m:	3:05.24	15.90
								325m:	3:21.09
								350m:	3:36.93
								375m:	3:52.46
								400m:	4:07.26
5.		1998				+0,71	<b>4:07.55</b>	850	
	25m:	13.05	13.05	125m:	1:14.45	15.55	225m:	2:17.40	15.65
	50m:	27.98	14.93	150m:	1:30.09	15.64	250m:	2:33.10	15.70
	75m:	43.30	15.32	175m:	1:45.78	15.69	275m:	2:48.79	15.69
	100m:	58.90	15.60	200m:	2:01.75	15.97	300m:	3:04.78	15.99
								325m:	3:20.53
								350m:	3:36.35
								375m:	3:51.89
								400m:	4:07.55
6.		1997		-	-	+0,74	<b>4:12.28</b>	803	
	25m:	13.49	13.49	125m:	1:15.19	15.66	225m:	2:19.52	16.21
	50m:	28.59	15.10	150m:	1:31.13	15.94	250m:	2:35.82	16.30
	75m:	44.03	15.44	175m:	1:47.13	16.00	275m:	2:52.00	16.18
	100m:	59.53	15.50	200m:	2:03.31	16.18	300m:	3:08.28	16.28
								325m:	3:24.53
								350m:	3:40.90
								375m:	3:57.10
								400m:	4:12.28
7.		2000				+0,69	<b>4:12.40</b>	802	
	25m:	13.55	13.55	125m:	1:16.56	16.08	225m:	2:20.85	15.73
	50m:	28.87	15.32	150m:	1:32.69	16.13	250m:	2:36.68	15.83
	75m:	44.41	15.54	175m:	1:48.93	16.24	275m:	2:52.77	16.09
	100m:	1:00.48	16.07	200m:	2:05.12	16.19	300m:	3:09.00	16.23
								325m:	3:25.29
								350m:	3:41.55
								375m:	3:57.65
								400m:	4:12.40
8.		2003				+0,79	<b>4:16.05</b>	768	
	25m:	13.70	13.70	125m:	1:16.93	16.05	225m:	2:21.85	16.47
	50m:	29.06	15.36	150m:	1:33.14	16.21	250m:	2:38.08	16.23
	75m:	44.85	15.79	175m:	1:49.15	16.01	275m:	2:54.41	16.33
	100m:	1:00.88	16.03	200m:	2:05.38	16.23	300m:	3:11.20	16.79
								325m:	3:27.69
								350m:	3:44.32
								375m:	4:00.67
								400m:	4:16.05

